Songwriters and Musical Poets
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Notable and Notorious Pioneer Women
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Five Locations to Serve You

- Advance Planning
- Complimentary Grief Counseling
- Complimentary Aftercare Workshop - settling estate matters

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Registration Form for Osher Courses

Phone: Call our Registration office at 505-277-0077 and charge it to your VISA, MasterCard, Discover or American Express.

Fax: Fax this registration form to our office at 505-277-1990.

Mail: Make your check or money order payable to UNM Continuing Education and mail the payment along with this form to UNM Continuing Education, MSC07 4030, 1 University of New Mexico, Albuquerque, NM 87131-0001.

In Person: M-F, 8:00am-5:00pm, come to the UNM Continuing Education Complex south building at 1634 University Blvd. NE and register in person.

Please register me for the following courses: (Please Print)

Osher Membership Fee: $20

1) Course Title ____________________________
   Course # ___________ Section # ___________ Cost _____

2) Course Title ____________________________
   Course # ___________ Section # ___________ Cost _____

3) Course Title ____________________________
   Course # ___________ Section # ___________ Cost _____

Name ____________________________________________

Address ____________________________________________________________________________

City ___________________________ State _______ Zip ____________

Phone (day) ________________ (evening) __________________

Email ____________________________________________

UNM Alumni □ Yes (10% discount on OLLI classes)  □ No

If using a company Purchase Order or Tuition Remission, the form must accompany this registration application, or your registration will not be processed.

Register at 505-277-0077
ce.unm.edu/Osher

UNM Continuing Education
This calendar lists courses by starting date. You can use it as a handy reference throughout the quarter. For a full description including length and time, look things up by Course Number in the pages of this Osher catalog.

Location key: **CH** = Cherry Hills Library; **CC** = Corrales Community Center; **DW** = Del Webb Alegria; **DC** = Duke City Bridge Club; **HD** = High Desert Yoga; **LL** = Jubilee Los Lunas; **NV** = Nueva Vista; **VT** = Vortex Theatre

### September

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### October

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### November

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<tr>
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<td>Pregnant Virgin: Creativity in Women</td>
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<td>Madame Lizzie McGrath</td>
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<td>Coronado &amp; Spanish Exploration of SW</td>
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### December

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</table>
Osher charges less than $30 for many of its courses and free activities abound. Additional member benefits and inclusion in the Osher Community are included in the $20 Annual Membership fee. To keep our program accessible to all and our fees low, we encourage contributions from people like you.

Lifelong learning is essential for cognitive health and overall wellness. As we develop Osher as a place to be for new ideas, free public forums and a myriad of creative outlets, we want to explore how education can serve people throughout their lives. We welcome your input and suggestions.

**Please give as generously as you can.**

Donating is Easy:

- Sign up to make a donation on the UNM Foundation Website: https://www.unmfund.org/fund/osh-lifelong-learning-instituteolli-at-unm/
- Checks should be made payable to the University of New Mexico Foundation and designate the contribution to be utilized for the Osher Lifelong Learning Institute at UNM and sent to:

  **UNM Foundation**
  **MSC07 4260,**
  **1 University of New Mexico**
  **Albuquerque, NM 87131-0001**
  Phone: 505-277-4503 / 1-800-UNM-FUND (866-3863)
  Fax: 505-277-4435

- Your contribution is tax deductible.

**Thank you** from all of us at UNM Continuing Education and the more than 1,200 members served annually by the Osher Lifelong Learning Institute at the University of New Mexico.
FREE Osher Membership Events

Admission is Free for Osher Members. These events are a wonderful way to introduce a friend, family member or colleague to the value of the Osher Lifelong Learning Institute at the University of New Mexico.

**Estate Planning for the Middle Class**
Aug 16, Tue | 1:00-3:00pm
Rio Rancho Public Schools Administration Building
Instructors: Sheila Hard, JD & Patricia Bradley, JD

**Inheritance: Taking the Pro-Active Approach with Your Stuff or Mom and Dad Always Liked YOU Best!**
Sep 26, Mon | 10:00am-Noon
UNM CE Building
Instructor: Leslie Elgood

**Legislative Advocacy and You**
Aug 23, Tue | 1:00-3:00pm
UNM Continuing Education
Instructor: Fran Ahern Smith, DNSc

**Secrets of Survival and Fur, Feathers and Scales: Adventures at the Albuquerque Bio Park**
Oct 17, Mon | 10:00am-Noon
UNM CE South Building
Instructor: Lisa Hada

**Tour—Sunset Memorial Park**
Sep 15, Thu | 10:00am-11:30am
924 Menaul Blvd NE
Instructor: Mark Ballard
RSVP: Maralie BeLonge, 505-277-6179 or belonge@unm.edu

**Final Wishes, Final Words: Your Funeral, Your Way**
Oct 25, Fri | 1:00-3:00pm
Nueva Vista/La Vida Llena
Instructor: Mark Ballard & Aubrey Hovey

**Reader’s Theatre—The Suffragettes**
Sep 23, Fri | 1:00-3:00pm
UNM CE Building
Instructor: Barbara Lolordo and the Ec-Lec-Tic Players

**David Bowie: A Retrospective**
Nov 17, Thu | 3:30-5:30pm
Del Webb Alegria Active Adult Community
Instructor: Jane Ellen

Do you have an idea for a future Osher Membership Event?
Contact Maralie BeLonge at 505-277-6179 or belonge@unm.edu
Welcome to the Osher Lifelong Learning Institute at The University of New Mexico!

In partnership with the Bernard Osher Foundation, we are pleased to present our Fall catalog of courses, lectures and performances for mature adults.

Through our Osher courses, seasoned learners are encouraged to explore where they are at this juncture in their lives. These offerings are intellectually challenging, psychologically probing and spiritually engaging.

We feature the leadership and expertise of UNM’s most recognized scholars and other experts. Click on Meet Our Instructors to read their biographies on the website at ce.unm.edu/Osher.

The Osher Foundation

The Bernard Osher Foundation was founded in 1977. Bernard Osher is a community-oriented businessman whose philanthropy has greatly benefited 119 universities that are now funded as Osher Lifelong Learning Institutes. Assisted by his wife Barbro (Swedish Consul in San Francisco and Chair of the Osher Board of Directors), Bernard Osher helps these universities to establish intellectually stimulating learning opportunities for mature participants. The Osher Lifelong Learning Institute at UNM is the only one in New Mexico.
Art & Art History

**Fakin’ It... Illusory Art**
Have you ever touched a marble table to discover it was only wood? Or approached a brick wall and discovered it is actually canvas? Welcome to faux painting and “trompe l’oeil.” In these classes for the novice, learn to paint any surface to look like paneling, marble or foliage. Take a favorite postcard and create a tabletop or a mural. Join us for a hands-on experience that’s as easy as 1-2-3. Materials fee payable to instructor in the amount of $30.

**Course:** 19103  
**FAA-PE:** Oct 14-28  
**CE South Building**

*James E. Bruce, Jr., Artist and Educator*

**The History of Art**
The history of art is a multidisciplinary science, seeking an objective examination of art throughout time and across cultures, observing the distinctive and influential characteristics of art and their relationship to humankind. The study of the history of art was initially developed in the Renaissance, with a limited focus on western civilization. As time has passed, this once narrow scope has broadened to encompass the larger visual language of humans and our collective global history. Discuss and explore the history and journey of art and visual language from the use of tools to why certain colors inspire great emotion in the beholder and the impact of the Cave of Forgotten Dreams, site of the oldest cave paintings yet discovered.

**Course:** 19113  
**FAA-PE:** Nov 3-Dec 8  
**CE South Building**

*Ralph Greene, MFA*
Picasso’s Blue and Rose Periods
We’ll begin with Picasso’s childhood art and move through his Blue and Rose Periods. Explore the artist’s early life and see how it is expressed in these paintings, including some of his most popular works. We end with innovative works, bridges to new styles that would change the course of art history.

Course: 19114 $25 For: 2 sessions
FAA-PE: Nov 4-11 F 3:00pm-5:00pm
CE South Building
James Gallegos, Art History Aficionado

The Art of Antiquity: Ancient Egypt
Egypt was the most powerful and enduring civilization of the ancient Near East and was defined by its most important resource, the River Nile. The history of art in ancient Egypt began in the fourth century BCE when the Egyptians began representing figures and narrating stories that would survive for thousands of years in hieroglyphics. Their architectural achievement was extraordinary, from the first known architect, Imhotep of the first step pyramid, to the architects of the later periods who created tombs and temples. This prosperous and exceptionally artistic region expressed grandeur and permanence in the monumental structures and stunning funerary artifacts displayed in museums.

Course: 19131 $25 For: 1 session
FAA-PE: Sep 12 M 1:00pm-4:00pm
Del Webb Alegria—Active Adult Community
Susan Bailey, PhD, Art History Instructor, Mills College, SF State University
Zentangle 101
Come along and discover the creative art of drawing called Zentangle. This fascinating new art form is fun, relaxing and increases your focus and awareness. The Zentangle method also enables you to access your inner guidance and enhances a sense of personal well-being. In this introductory class, you will experience the satisfaction of completing two of your own unique Zentangle tiles. You don’t have to be “artistic” or able to draw a straight line. Note: $8 materials fee is payable to the instructor. Class limit: 10. Zentangle is a registered trademark.
Course: 19133 $29 For: 1 session
FAA-PE: Nov 4 F 10:00am-12:00pm
CE South Building
Jane Robertson, MSLS, CZT-Certified Zentangle Teacher

Zentangle 201: The Next Step
For those who have taken Zentangle 101, this is the next step. In the first hour we will increase our repertoire of tangles and practice drawing strings. In the second hour each person will complete a project and receive the pattern to continue the process at home. Note: $3 material fee is payable to instructor. Class limit: 10. Zentangle is a registered trademark.
Course: 19135 $29 For: 1 session
FAA-PE: Nov 18 F 10:00am-12:00pm
CE South Building
Jane Robertson, MSLS, CZT-Certified Zentangle Teacher

The Art of Antiquity: The Aegean and Ancient Greece
The ancient civilization of Greece (3000 BCE—323 BCE) contributed a lasting impression and foundation to the modern world and western thought. Students will be introduced to the art of Greece between 3000 BCE and 600 BCE. The culture of Ancient Greece is linked to our present day as is our democracy, philosophy, art and architecture. We will study the past through their religion, which we know as Greek mythology, with the cultures of
the Aegean and conclude with the first phases of Greek art in vases and in sculpture.

Course: 19141  $20  For: 1 session
FAA-PE: Sep 19  M  10:00am-12:00pm
CE South Building

Susan Bailey, PhD, Art History Instructor, Mills College, SF State University

The Art of Antiquity: The Art of Ancient Greece
The ancient civilization of Greece (3000 BCE–323 BCE) contributed a lasting impression and foundation to the modern world and western thought. We will further investigate the contributions of Greek culture to the modern world. We’ll review the final phases of Greek art and architecture (600 BCE to 323 BCE). Included will be the sculpture of the Archaic period and temple building, the perfected sculpture of the Classical era, concluding with the realistic bronze sculptures of the Hellenistic period.

Course: 19145  $20  For: 1 session
FAA-PE: Sep 19  M  1:00pm-3:00pm
CE South Building

Susan Bailey, PhD, Art History Instructor, Mills College, SF State University

Current Events

Foreign Policy and Current Events
Participants will better understand issues in foreign policy and current events by reading and discussing analyses from a broad cross-section of the world press, academic blogs and policy think tanks. The facilitator will supply core materials for discussions but welcomes other materials from participants. All points of view are welcome, especially constructive and civil rebuttals. Because the world is in such flux, the topics will not be finalized until a month or so before the first meeting. Each
Global Warming Mitigation and the 2016 Elections

In scientific literature, there is a strong consensus that global surface temperatures have increased in recent decades and that the trend is caused by human-induced emissions of greenhouse gases. No scientific body of national or international standing disagrees with this view, though a few groups with members in extractive industries hold non-committal positions. Disputes over the key scientific facts of global warming are more prevalent in the popular media than in the scientific literature, where such issues are treated as resolved. Controversy around the cause of global warming is more prevalent in the United States than globally—so too, whether any action should be taken to curb it, and if so, what that action should be. What are the positions of the Democratic and Republican nominees regarding global warming mitigation? Are they sufficient to address the challenge?

Course: 19230 $20 For: 1 session
FAA-PE: Sep 14 W 1:00pm-3:00pm
CE South Building

Ramon Flores, MA in Cultural Pluralism
How Extremism Came Home to Roost: 
The Transformation of the Republican Party, 1964-2016

In 1964, Republican nominee Barry Goldwater declared, “Extremism in the defense of Liberty is no vice!” The party of Lincoln and Eisenhower has steadily transformed itself to become the home of some of the most extremist movements. The 2016 Primary season presented voters with a choice between “I love the uneducated” populism or far right “Market Fundamentalism.” Will the Party go further right or split in two? Suggested Reading: It’s Worse Than It Looks: How the American Constitutional System Collided with the New Politics of Extremism by Thomas Mann and Norman Ornstein (2012) and Why the Right Went Wrong by E. J. Dionne (2016).

Course: 19238 $20 For: 1 session
FAA-PE: Sep 22 Th 1:00pm-3:00pm
CE South Building
FAB-PE: Oct 21 F 6:00pm-8:00pm
Corrales Community Center
Ramon Flores, MA in Cultural Pluralism

Will the Civil Wars and Chaos in the Middle East Compel Its Re-Alignment?

How will the new American President and Congress deal with the challenges of ISIS and the turmoil in the Middle East? Will the nation states that came into existence at the end of World War I break up? What will result from an assertive Kurdish nationalism, a Saudi Arabia that can no longer pay for an extensive welfare state and foreign interventions and an authoritarian Iranian regime confronted by a restive population pressing for reform, prosperity and authentic democratic participation?

Course: 19243 $20 For: 1 session
FAA-PE: Nov 15 T 1:00pm-3:00pm
CE South Building
Ramon Flores, MA in Cultural Pluralism
Entertainment Media and Its Influence on Twentieth Century Election

Politics can be the best that reality television has to offer. If only the stakes weren’t so high, it would be funny how often art imitates life and vice versa. From Citizen Kane and All the President’s Men to O Brother Where Art Thou? All the King’s Men, Good Night & Good Luck, Being There and Network (which predicted reality TV). Join us as we explore the history of politics and the media throughout the twentieth and early twenty-first century.

Course: 19295 $20 For: 1 session
FAA-PE: Oct 18 T 2:00pm-4:00pm
CE South Building
Gail Rubin, Doyenne of Death, Author of A Good Good-Bye

Economics & Finance

Theory and Practice of Modern Money

The budget deficit will burden our children and grandchildren. Pundits and politicians say this all the time, but is it really true? Should you worry about Social Security running out of money, or should you worry about something else instead? And what caused the economy to unexpectedly shrink in 2008? Understanding money—what it is, where it comes from and how it functions—can provide surprising clarity on these and similar issues. No longer based on gold, our monetary system is in fact a social construct, based on trust and backed by social and legal institutions, that facilitates private transactions and satisfies the need for private savings. It also moves goods and services from the private sector to the public sector. This class examines the functional operations of modern currency in the United States and summarizes consequences for inflation, interest rates, unemployment and general economic activity.

Course: 19353 $25 For: 1 session
FAA-PE: Nov 1 T 1:00pm-4:00pm
Del Webb Alegria—Active Adult Community
Creigh Gordon, MS, Electrical Engineering; Aficianado of Macroeconomics
Savvy Social Security for Boomers
Social Security planning is complex. This course will teach you how Social Security works so you can avoid costly mistakes and maximize your family’s benefit. This significant asset offers you: a lifetime annuity, cost-of-living adjustments and right of survivorship. We’ll explore answers to the following questions: Will social security be there for me? How much can I expect to receive? When should I apply for Social Security benefits? How can I maximize my benefits? Will Social Security be enough to live on? Social Security is too important for guesswork. Treat this resource as a significant asset and maximize it to the greatest extent possible. The application of knowledge is power!

Course: 19371 $20 For: 1 session
FAA-PE: Sep 8 Th 10:00am-12:00pm
CE South Building

Doug Lindsey, Certified Financial Planner™

Savvy Medicare Planning for Baby Boomers
A health care crisis is looming in this country and it’s essential for baby boomers to understand what they need to do to financially prepare. This workshop will cover how Medicare enrollment periods work and how to avoid late-enrollment penalties; how much you can expect to pay in healthcare costs after going onto Medicare; how Medicare works with private insurance; why most people pay too much for private insurance; and how you can avoid excess costs. Additionally, we’ll discuss why you must plan for higher healthcare costs in retirement, including the possibility of needing long-term care.

Course: 19372 $20 For: 1 session
FAA-PE: Sep 15 Th 10:00am-12:00pm
CE South Building

Doug Lindsey, Certified Financial Planner™
History

Spanish Influenza and Its Effect on World War I

In 1918, while the world was at war, mankind was stalked by a killer using neither bullets nor poisonous gas, yet claiming forty million more casualties than the war. Termed the “Spanish flu,” it did not begin in Spain; and unlike previous flu epidemics, it targeted not the young or the old but adults with healthy immune systems. In twenty-four weeks, it killed more people than AIDS has killed in twenty-four years—and more people in a year than the Bubonic Plague killed in a century. “Waging war” at home and in the trenches, Spanish flu tipped the victory to the Allies simply by reaching Germany and Austria before Britain and the United States. Learn about a modern pandemic that changed medicine and laid the foundation for World War II.

Course: 19411   $20   For: 1 session
FAA-PE: Sep 7   W  10:00am-12:00pm
Del Webb Alegria—Active Adult Community

Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher

Poisoners throughout History

Think the art of poisoning began and ended with the Borgias? What about Arsenic Annie, a German immigrant who was the first woman executed by electrocution in the United States? And Dr. Edward Pritchard? His hanging was the last public execution in Scotland and attendance was said to reach 100,000. The history of poison stretches from 4500 BCE and poisons have been used for many purposes across the span of human existence, most commonly as weapons, anti-venoms and medicines. Engage in an educational and fascinating discussion of homicidal poisoning from the days of early humankind, down through the “Italian and French Schools of Poisoners” and into the present, with case discussions of real poisoners drawn from criminal history.
Richard III: The Myth and the Monarch

Richard III (1452-85) was the last king of the House of York and the last of the Plantagenets. His defeat at Bosworth marks the end of the medieval period in England. He was the last English monarch to die in battle. Over the centuries the stories of this young monarch grew to monstrous proportions; he was labelled a villain, a traitor, a murderer and a monster. These claims were fuelled by misinformation bruited about regarding his twisted body, his hunched back and his withered arm. And yet, slowly but surely, a growing body of scholars, authors and passionate members of the public, known as Ricardians, worked to clear the name of their beloved monarch from behind the veil of Tudor propaganda and Shakespearean fiction. An excavation beneath a car park in Leicester in 2012, led not only to the discovery of the body of the fallen king, but to the rewriting of history. As we explore the myth and the monarch, we will discover that while he may not have been a saint, he was an enlightened and beloved ruler who has been badly maligned across the ages.

Course: 19421 $20 For: 1 session
FAA-PE: Oct 7 F 2:00pm-4:00pm
Corrales Community Center
Jane Ellen, Composer, Lecturer, Performing and Recording Artist

Roman Technology

Rome was known for its buildings and its roads, but what about concrete and blown glass? Roman arches are famous, but what about their roof trusses? Greek cities had aqueducts and sewers but not on the scale and complexity of Rome. Athens had silver mines but nothing like the Rio Tinto mines of Roman Spain. The Roman road sys-
tem was about the same length as the Interstate Highway system and it was all built with human and animal power. The Colosseum seated up to 80,000 and was built in eight years, again with only human and animal power. Explore how Roman technology in both innovation and scale went well beyond its predecessors.

**Course: 19435** $25  For: 2 sessions
FAA-PE: Nov 1-8  T  10:00am-12:00pm
CE South Building
*R. Bruce Grove*

**Spain’s & Russia’s Connection to the Founding of California**

The Northwest coast of North America was one of the last territories to be conquered by Europeans. As Russia became eager to join other European powers in the conquest of this land mass, Peter the Great sent a convoy to determine whether there was a pathway from Asia to North America. Led by Danish sea captain Vitus Bering, an initial expedition failed. Bering quickly regrouped to launch the longest expedition ever undertaken, setting out from St. Petersburg and achieving a triumphant discovery of Alaska eight years later. Bering’s voyage sparked decades of Russian settlement as they traveled down the coast and became active in the lucrative fur trade. Meanwhile, the Spanish were drawn to this region as news of the riches of sea otter pelts pulled them to present day Northern California. This territory quickly became a region of contest as European nations attempted to capitalize on the abundant natural resources. In the span of the story told here, California is transformed from a sparsely populated land to a rapidly expanding economic power driven by the rush for gold.

**Course: 19440** $20  For: 1 session
FAA-PE: Nov 18  F  3:30pm-5:30pm
CE South Building
*Angelo R. Cervantes, Director, Iberian Peninsula DNA Institute*
Anthropological Genetic Genealogy: The Mongol Empire & Genghis Khan (Haplogroup C)—Part I

Genghis Khan, born Temujin, was the founder and Great Khan (emperor) of the Mongol Empire, which became the largest contiguous empire in history after his demise. He came to power by uniting many of the nomadic tribes of northeast Asia. After founding the Mongol Empire and being proclaimed “Genghis Khan,” he started the Mongol invasions that resulted in the conquest of most of Eurasia. These included raids or invasions of the Kara-Khitan Khanate, Caucasus, Khwarezmid Empire, Western Xia and Jin dynasties. We’ll discuss the impact of the Mongol Empire in both Europe and Asia and its legacy, both historically and genetically. The connection between modern day Asians and the Mongols will be explored with special attention on Genghis Khan. A short film will be shown that traces the history of the Mongols. We will also explore which DNA markers are most identified with ethnic Mongols.

Course: 19446 $20 For: 1 session
FAA-PE: Sep 2 F 3:30pm-5:30pm
CE South Building

Angelo R. Cervantes, Director, Iberian Peninsula DNA Institute

Anthropological Genetic History: The Mongols & Genghis Khan (Haplogroup C)—Part II

We continue our exploration of the connection between certain populations in Asia with Genghis Khan. Genghis Khan (1162—August 1227), born Temujin, was the founder and Great Khan (emperor) of the Mongol Empire, which became the largest contiguous empire in history after his demise. His campaigns were often accompanied by wholesale massacres of the civilian populations—especially in the Khwarezmian controlled lands. By the Great Khan’s death, the Mongol Empire occupied a substantial portion of Central Asia and China. He had assigned Ögedei Khan as his successor and split his empire into
khanates among his sons and grandsons. Zerjal et al (2003) identified a Y-chromosomal lineage present in about 8% of the men in a large region of Asia (about 0.5% of the world total). The pattern of variation within the lineage is consistent with a hypothesis that it originated in Mongolia about 1,000 years ago, and thus several generations prior to the birth of Genghis.

**Course: 19447   $20   For: 1 session**
FAA-PE: Sep 16   F   3:30pm-5:30pm
CE South Building

*Angelo R. Cervantes, Director, Iberian Peninsula DNA Institute*

**Most Significant Presidential Elections in American History**

In 1789, the first presidential election was held. George Washington received all 69 electoral votes to become the first President of the United States. The 58th presidential election will occur in 2016. The class will review the history and process of electing a president and the elections considered the most significant since 1789. Many commentators have been saying that the 2016 presidential election will join the most significant list. Why is that being said?

**Course: 19451   $20   For: 1 session**
FAA-PE: Dec 1   Th   3:00pm-5:00pm
CE South Building

*Howard Romanek, History/International Studies Instructor, Illinois State University (Ret.)*

**Bible Battles (Abraham to Joshua)**

In one of the most hostile lands on the planet, an ancient people called the Israelites forged an army and carved out an empire. Their ancient military exploits are described in one of history’s most famous religious texts—the Old Testament of the Bible. But by reading between the religious lines, military historians unlock the soldiers’ secrets of the Bible by examining the weapons, strategies and the
commanders, some of whom are not always thought of as warriors, like Abraham and Moses. We’ll explore the biblical world from a military perspective from the time of Abraham until Joshua.

**Course:** 19456  $20  For: 1 session  
**FAA-PE:** Dec 16  F  3:30pm-5:30pm  
**CE South Building**  
*Angelo R. Cervantes, Director, Iberian Peninsula DNA Institute*

**The Plague**

Black Death, Bubonic Plague, or the Pestilence—as it was termed in the Middle Ages—killed more than half the population of Europe. Over 700 years later, economics, religion, mores and art of the Western World still are shaped by those deaths. Learn about the plague, its effects, and why, even here in the developed world, the plague still kills.

**Course:** 19463  $49  For: 4 sessions  
**FAA-PE:** Nov 7-28  M  3:30pm-5:30pm  
**CE South Building**  
*Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher*

**The History of the Vikings in Europe**

From the moment they arrived in European rivers, seas and towns, the Vikings changed the course of European history. The monks who recorded much of this early history thoroughly described a penchant for violence and destruction: raiding, plundering and burning towns and monasteries. What they did not record was that Vikings also functioned as traders—exchanging those goods they plundered from one location for food and supplies in other, better protected locations. Viking activity in early medieval Europe has been dubbed “creative destruction” by modern economic historians. Viking trading
activities, ranging from the British Isles in the West to Constantinople and Baghdad in the East, reinvigorated the European economy, which had been in decline since the collapse of the Roman Empire. After this period of raiding and trading, the Vikings began to settle throughout Europe, embracing Christianity and literacy, transformations which led the Vikings into full integration with European society. We will examine Viking culture from its earliest period, pre-migration, to this period of integration. In particular, we will focus on how the Vikings changed European society and how they were, in turn, changed by European society itself.

Course: 19471 $49 For: 4 sessions
FAA-PE: Sep 7-28 W 10:00am-12:00pm
CE South Building

Lizabeth Johnson, PhD, UNM Honors Program

Turning the Tide—The Battle of Midway, June 4–7, 1942

The United States Pacific Fleet was still reeling from the devastating attack on Pearl Harbor six months prior, and in May had suffered the additional loss of the carrier USS Lexington in the battle of the Coral Sea. Now intelligence reports indicated Japan was readying a massive 185 ship armada to attack and secure Midway Atoll, only 1,300 miles from Pearl Harbor. The battle of Midway is where inferior American naval forces, down to three operational aircraft carriers, were able thwart the invasion and forever shift the balance of naval power in the Pacific theatre. This course explores the critical events surrounding this decisive four-day battle.

Course: 19472 $25 For: 2 sessions
FAA-PE: Nov 4-11 F 1:00pm-3:00pm
CE South Building

Dick Blankmeyer, BA, Social Studies; Avid Investigator of American Social Issues
Medieval England, 1066-1485
In 1066, the duke of Normandy, William II, defeated an English army at the battle of Hastings and made good on his claim to be the rightful king of England. William’s victory forged a closer, if tense, relationship between England and France, and this fractious relationship would eventually result in the Hundred Years War, lasting from 1337-1453. This was also a period of immense political, legal and cultural development in English society. The Norman victory led to the introduction of Norman French as the language of the elite in English society and the incorporation of many French words into the developing English language. Norman French political and legal customs, many of them drawing heavily on imperial Roman law, did not bring about the elimination of older Anglo-Saxon political and legal customs, but instead led to a fascinating synthesis of the two and a concomitant balance of power between the kings and their subjects best seen in Magna Carta. Norman kings were embraced by the English people themselves, such that, long before they founded their North American colonies, the English were actively attempting to colonize their neighbors in the British Isles: Wales, Ireland and Scotland. We’ll examine all these aspects of English history from 1066-1485 and will see that this was a formative period for English society as we know it today.

Course: 19479 $49 For: 4 sessions
FAA-PE: Oct 19-Nov 9 W 10:00am-12:00pm
CE South Building

Lizabeth Johnson, PhD, UNM Honors Program

Reconsidering the Presidency of Andrew Jackson
“Those who control the past control the future. Those who control the present control the past.” (George Orwell)
In the rankings of Presidents of the United States over the decades, Andrew Jackson has achieved the status of great or near-great. In the past year, there have been demands that Jackson should be removed from the $20 bill because
he is no longer worthy of being honored. The class will examine the specific charges leveled against the man who has the words “era” or “democracy” after his name. What is the “truth” about Andrew Jackson?

Course: 19482 $20 For: 1 session
FAA-PE: Dec 7 W 10:00am-12:00pm
CE South Building

Howard Romanek, History/International Studies Instructor, Illinois State University (Ret.)

The Christmas That Almost Didn’t Happen—1945

“This is the Christmas the war-weary world has prayed for...” When Truman uttered those words on Christmas Eve, 1945, World War II had been over for four months, but military actions were still operating full force. The military was running Operation Magic Carpet and Operation Santa to return thousands of troops to their homes, resulting in the largest traffic jam the United States had ever known. After years of blackouts and rationing, the national Christmas tree would once again shine and families would gather around a Christmas table. Churches filled as a grateful nations gave thanks. We all know World War II changed much of American life, but have you ever considered how the War changed Christmas in the United States? Join us for a holiday trip to an epic December.

Course: 19487 $20 For: 1 session
FAA-PE: Dec 16 F 1:00pm-3:00pm
Corrales Community Center

Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher

Reconstruction: A Forgotten Period in American History

The violence that followed the ending of WWI and WWII has often been ignored in history textbooks. In the United States, attention was paid to the sesquicentennial of the Civil War (1861-1865), but little is being said now about the turbulent era that followed the conflict called Recon-
struction (1865-1877). The historian, Eric Foner, stated that “if any historical period deserves the label ‘relevant,’ it is Reconstruction.” He added that “many issues that agitate American politics today are Reconstruction questions.” Ideas and actions have consequences. What were the consequences of the events that occurred between 1865 and 1877?

Course: 19488 $20 For: 1 session
FAA-PE: Dec 6 T 10:00am-12:00pm
CE South Building
Howard Romanek, History/International Studies
Instructor, Illinois State University (Ret.)

Anthropological Genetic Genealogy: The Rus and the Rurik Dynasty

Rurik was a Varangian chieftain who gained control of Ladoga in 862, built the Holmgard settlement near Novgorod and founded the Rurik Dynasty, which ruled Kievan Rus (and later Grand Duchy of Moscow and Tsar-dom of Russia) until the 17th century. A short film will be shown that traces the history of the Rus and the Rurik Dynasty. We will also discuss which DNA markers are most identified with the bloodline of Rurik.

Course: 19489 $20 For: 1 session
FAA-PE: Oct 21 F 3:30pm-5:30pm
CE South Building
Angelo R. Cervantes, Director, Iberian Peninsula DNA Institute

The Powerful History of Southwest France

Southwest France has witnessed marvels and horrors. Marvels: 20,000 years ago it hosted Paleolithic artists making their exquisite cave paintings. Greeks, Phoenicians and Romans left their cultural signs. Carcassonne is the walled medieval town perhaps saved by a Saracen woman against Charle-
magne’s siege. Black Madonnas and Magdalene legends exist in Languedoc. Horrors: In the 1200s, the Cathars were genocide victims during a Catholic crusade led by the French king and Pope Innocent III. During the Spanish civil war, thousands of refugees fled over the Pyrenees. In the 1940s, Languedoc partisans resisted Nazi occupation by all possible means. Let’s determine if the marvels outweigh the horrors.

Course: 19491 $20 For: 1 session
FAA-PE: Nov 15 T 3:30pm-5:30pm
CE South Building

Maya Sutton, PhD; has explored all levels of history and pre-history in SW France

Hang, Baby, Hang... Witch Hysteria in New World

Between 1450 to 1750, an estimated 35,000 to 100,000 witches were killed in Europe with burning being the preferred method of execution. Carried to the New World by the Puritans, witch hysteria culminated in the spring of 1692, when a group of girls in Salem Village, Massachusetts accused several locals of witchcraft. As hysteria spread throughout colonial Massachusetts, 150 more men, women and children were accused over the next several months. Hanging rather than burning was the preferred means of execution for witches in the New World. Nineteen were hanged while one was pressed to death and as many as seventeen died in prison. Scholars have speculated on the cause of the hysteria ranging from teenage boredom and angst to economic and political jealousy, ergot poisoning and Huntington’s Disease. Not all traditional practices brought from Europe were positive. Join us as we examine one that definitely was not.

Course: 19492 $20 For: 1 session
FAA-PE: Oct 31 M 1:00pm-3:00pm
CE South Building

Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher
Columbus and the Jews of Spain

What, if anything, was the connection between Columbus and the Jewish community of fifteenth century Spain? Is it just a coincidence that Columbus left Spain on his first exploratory journey on the same day as the official Jewish and Muslim Expulsion date, August 2, 1492? This class will explore the life of Jews in Spain during this period and look at all the interconnecting events between the politics of the time and the life of Christopher Columbus. We will even explore the possibility that Columbus might himself have had a Jewish connection in his family.

Course: 19496 $20 For: 1 session
FAA-PE: Sep 20 T 10:00am-12:00pm
Del Webb Alegria—Active Adult Community
Norma Libman, Author and Workshop Leader

Secrets of World War II

How did planted documents attached to a corpse and delivered by submarine convince the German high command that the Allies planned to invade Greece and Sardinia in 1943 instead of Sicily? Where was the Magna Carta hidden during the war? Who were Churchill’s and Montgomery’s doubles? Was the attack on Pearl Harbor actually conceived in Washington, DC by the US Naval Planning Board? What role did American librarians play in the Normandy landings ultimately leading to the GI Bill? Think you know about World War II? There are secrets to this war waiting for exposure.

Course: 19499 $20 For: 1 session
FAA-PE: Sep 22 Th 10:00am-12:00pm
CE South Building

FAB-PE: Dec 14 W 10:00am-12:00pm
Jubilee Active Adult Community
Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher
Mark Twain’s Dark Vision

US author and humorist, Mark Twain, has been domesticated and popularized as the author of *Tom Sawyer*, obscuring his reputation among his contemporaries as an anti-war and–Imperialist fire-breather. We will read and analyze his satire, *A Connecticut Yankee in King Arthur’s Court*, with attention to detail, laughter at his jokes and a new understanding of his dark vision of his own country’s politics and future. Does the time-traveling Yankee bring the Blessings of Civilization to the Arthurians or does his presence signal slaughter by machine, instead of knightly slaughter by a single sword? We will try to answer this and other provocative questions by Mark Twain, a man now unfairly sketched as the genteel, white-suited Col. Sanders of American literature.

Course: 19501 $49 For: 4 sessions
FAA-PE: Oct 13-Nov 3 Th 10:00am-12:00pm
CE South Building

*Mark Staebler, PhD, Comparative Literature, Stanford University*

Getting Your Work Out in the World

Getting published is a lot like interviewing for a job. You remain the creative artist but also have to present yourself to a potential publisher as a professional. This class will serve as a brief introduction to publishing and give you tools you can use when looking for a publisher. It will provide an overview of the various types of publishers seeking book manuscripts and the journals looking for individual pieces. We will discuss various ways of how you can do research to target presses that are good matches for your work. We will also cover the etiquette of sending query letters and proposals to publishers so your submissions look professional.
All the King’s Men
In this election year, it is not just relevant but obligatory to read or re-read Robert Penn Warren’s classic political novel, *All the King’s Men*. In that context of both relevance and appreciation we will read, analyze and respond to this monumental portrayal of an American demagogue.

Course: 19506 $49 For: 4 sessions
FAA-PE: Oct 13-Nov 3 Th 1:00pm-3:00pm
CE South Building

*Robert F. Gish, PhD, English Professor, Distinguished Scholar and Author*

Herman Melville’s Short Fiction
Renowned as the author of masterpieces such as *Moby Dick* and *The Confidence Man*, Herman Melville’s short fiction also achieves greatness. We will read and discuss his *Piazza Tales*, including *Bartleby*, *Benito Cereno* and *The Encantadas*. The ethical and social themes evidenced in these stories still resonate strongly today—as do the aesthetic implications of story telling and travelogue.

Course: 19507 $49 For: 4 sessions
FAA-PE: Sep 6-27 T 1:00pm-3:00pm
CE South Building

*Robert F. Gish, PhD, English Professor, Distinguished Scholar and Author*

The Joy of Writing Poetry
This class is for those who enjoy reading and writing poetry. Most sessions include published poets as well those who think they are beginners. Each week participants submit up to three poems that we read and discuss. No one is required to submit anything. The feedback is supportive,
with an emphasis on expression rather than technique, but we will discuss forms as participants wish.

**Course: 19512**  
$75  
For: 6 sessions  
**FAA-PE: Sep 6-Oct 11**  
**T 1:00pm-3:00pm**  
**CE South Building**  
*Dodici Azpadu, PhD, MFA, Author and Workshop Leader*

**The Art of Playwriting**

We’ll examine how to construct a production-worthy stage play. We’ll delve into character construction, themes, the distinction between comedy and drama, realism vs. absurdism and the importance of making characters “real.”

**Course: 19513**  
$49  
For: 4 sessions  
**FAA-PE: Oct 14-Nov 4**  
**F 10:00am-12:00pm**  
**CE South Building**  
*Peter Fisk, PhD*

**Greek + Latin = English! Who Knew?**

Last night, I had a giant eureka moment. Life looked tantalizing. I would be the world’s mentor. People would turn to me as their muse. Fate had chosen me for Herculean deeds. Did I hear the siren call of fame? No, it’s my nemesis, the alarm clock. How naïve I was. My room is chaos. I’m late and in a panic. No time even for cereal. That’s my life—a comedy or a tragedy. Over sixty percent of all English words have Greek or Latin roots. Join us to learn which fifteen words above and others originated in Greek or Latin over 2,000 years ago.

**Course: 19514**  
$20  
For: 1 session  
**FAA-PE: Dec 15**  
**Th 10:00am-12:00pm**  
**CE South Building**  
*Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher*
In the Moment: Writing Effective Scenes

Scene is the building block of narrative. But how do we determine when to move from scene to exposition? In this class, we will examine the effects of scene and exposition upon the reader and explore how they are used effectively in memoir and fiction. Class format includes literature study, writing exercises, supportive feedback and critique. Experienced and aspiring writers welcome.

Course: 19519 $75 For: 6 sessions
FAA-PE: Sep 6-Oct 11 T 9:00am-11:00am
CE South Building

Rob Spiegel, Senior Editor, Design News; Lifelong Writer and Author of six books

James Lee Burke, Dave Robicheaux and New Iberia, Louisiana

There are 20 books in James Lee Burke’s Robicheaux crime series which ran from 1987 to 2013. Burke has 14 more books in other series and 2 collections of short stories. Robicheaux is a Vietnam veteran, a twice widowed alcoholic, adoptive father of an El Salvadoran refugee and a deputy sheriff in New Iberia, Louisiana. Burke tackles dark issues, and his stories are peppered with historical facts, ethical and socio-political issues. In Burke’s words, the novels explore the “descent into the abyss, and redemption.” Burke has won many awards, including two Edgar awards.

Course: 19521 $39 For: 3 sessions
FAA-PE: Sep 6-20 T 3:30pm-5:00pm
CE South Building

Caroline LeBlanc, MFA, MS, RN
A Story with History: Writing Historical Novels

Historical fiction is currently experiencing a revival but remains a challenging genre for us writers. Blogs and “how-to” guides offer contradictory advice when it comes to the pesky “historical” parts. We will focus on the narrative framework of storytelling and how it delivers the “story with history” via our characters’ physical and emotional journey through plot and setting, facts and details, while we tackle our quest for accuracy, authenticity, plausibility and credibility. Suggested reading: Christopher Vogler, *The Writer’s Journey, Mythic Structure for Storytellers & Screenwriters* (1992 or later editions), Lisa Cron, *Wired for a Story* (2012).

Course: 19523    $75       For: 6 sessions
FAA-PE: Oct 12-Nov 16    W  6:00pm-8:00pm
CE South Building

Hana Samek Norton, PhD

Facilitated Writers Group

Looking for some good feedback on that novel you’re writing? Like to share some of your poetry or get back to that memoir you started a while back? Getting together with other writers on a regular basis to read one another’s work and discuss it is the best way to keep on track with your writing project—keep the momentum going. All writers are welcome. Novelists, playwrights, poets, biographers... Let’s get together once a week for a two hour session to read one another’s work and give positive feedback. Come join us for this ongoing writers group.

Course: 19526    $75       For: 6 sessions
FAA-PE: Nov 3-Dec 15    Th  10:00am-12:00pm
CE South Building

Heidi Carlson, Literary Critic and Book Doctor in the New York Publishing Industry
Child Narrators in Adult Fiction

Claire King, author of the novel *The Night Rainbow*, says “What I love about child narrators is the way they question the things that we take for granted, and take for granted the things we question.” We’ll look at selections from several novels intended for an adult reader where the protagonist is a young person. We’ll analyze themes and discover what makes these works some of the finest, most successful contemporary adult fiction available. Novels to be covered: *The Elegance of the Hedgehog, Extremely Loud and Incredibly Close, The Curious Case of the Dog in the Nighttime* and *Winter’s Bone*, as well as others.

Course: 19531 $39 For: 3 sessions
FAA-PE: Nov 8-22 T 1:00pm-3:00pm
CE South Building

Maralie W. BeLonge, MS, Writer and Blogger

Writing True: Memoir and Memoir-Based Fiction

“What happened is not what matters; what matters is the larger sense the writer is able to make of what happened.” (Vivian Gornick).

How do we arrive at the truth of our stories? For some, the path lies in writing memoir; for others, in writing fiction. Still others find themselves moving back and forth between the two. In this class, members will use fact, memory and imagination to transform life experiences into stories that are emotionally true, whether memoir or fiction. Weekly format provides writing prompts, supportive feedback and critique, as well as discussions of craft and the illusive boundary between fiction and memoir.

Course: 19556 $75 For: 6 sessions
FAA-PE: Nov 1-Dec 6 T 9:00am-11:00am
CE South Building

Rob Spiegel, Senior Editor, Design News; Lifelong Writer and Author of six books
Conquering the Feminine
Words matter. Their definitions and connotations are records of a peoples’ history and cultural development. For example, words like *bitch*, *whore* and *hell* were originally sacred words associated with the worship of the Goddess. However, they have become derogatory, even evil. What happened? How did the definitions and connotations of words like these make a 180° turnaround from holy and mythic to disparaging? Come explore the history, etymology, mythology and imagery of twelve representative words and discover how invasion, religious belief and politics have reversed the meanings and use of such words to intentionally convey offense, insult and demonization of goddesses and women.

Course: 19560 $55 For: 5 sessions
FAA-PE: Oct 6-Nov 3 Th 3:00pm-5:00pm
CE South Building
*Shari Tarbet, PhD, Classical Mythology Expert*

The Hero’s Journey
What do modern heroes such as Luke SkyWalker, Dorothy Gale, Alice, Frodo, even Scrooge have in common with heroes of the past such as Gilgamesh, Odysseus, Aeneas, Diarmuid, Parzival and Beowulf? Heroes, who embark on an epic journey, do not just travel to another world and back, they journey to one’s self and return with a gift to share with their community. Come explore the Hero’s Journey from world cultures through literature and movies. Learn what it means for Heroes, male and female and what gift each brings back from their journey. Discover insights that can guide you through your hero’s journey.

Course: 19563 $49 For: 4 sessions
FAA-PE: Sep 7-28 W 3:00pm-5:00pm
CE South Building
*Shari Tarbet, PhD, Classical Mythology Expert*
The Empty Frame: Art Theft and Forgery in Crime Fiction

Art Theft and Art Forgery are popular themes in Crime Fiction. Stolen masterpieces, forged paintings, corrupt collectors and dealers and looted museum collections all play major roles in art crime mysteries. Are art crimes different from other crimes? Are art crimes clever capers without real victims? We will explore the way art crimes are presented in fiction and film. Course topics will include WWII art looting and art crime mysteries with international settings, especially Italy.

Course: 19565 $39 For: 3 sessions
FAA-PE: Nov 2-16 W 10:00am-12:00pm
CE South Building
Kate Luger, MLS, Retired Reference Librarian

Principles of Effective Critique

Critique groups are an excellent place to get feedback on your writing work. This class is designed to give students direction for improving their memoir, fiction or poetry. Rob Spiegel will begin each class with a short lecture on the principles of effective writing. The balance of each class will be spent reviewing students’ work. Spiegel will lead the critique process, with students contributing their views of what can make the writing better. Rob Spiegel has twenty years of experience teaching writing and leading successful critique groups.

Course: 19567 $75 For: 6 sessions
FAA-PE: Oct 31-Dec 5 M 9:00am-11:00am
CE South Building
Rob Spiegel, Senior Editor, Design News; Lifelong Writer and Author of six books

The Real Oscar Wilde

He was a poet, a novelist, a playwright. He was also maddeningly eccentric and endlessly fascinating. In this class
we will explore the life of Oscar Wilde, what motivated his behavior and the times in which he lived. Come and learn the real story behind his flamboyant life style and see what insights we can glean from looking at his work, some of it actually written from jail.

Course: 19569 $20 For: 1 session
FAA-PE: Oct 25 T 10:00am-12:00pm
CE South Building
Norma Libman, Author and Workshop Leader

Charlotte Brontë’s Centenary and A New Biography
Biographer Claire Harman just published *Charlotte Brontë: A Fiery Heart*. In this class, we will review this biography and compare it with other biographical material about Charlotte Brontë. As 2016 is her centenary year, this is an appropriate time to revisit the woman, the writer, her life and her works.

Course: 19570 $20 For: 1 session
FAA-PE: Nov 16 W 3:30pm-5:30pm
CE South Building
Rosemary Day, PhD, Retired University Professor

The Mark Twain Project: Online and Three Published Volumes
Now well-sorted by scholars, *The Mark Twain Papers* compiled at the University of California, Berkeley, have been published in three massive volumes, totaling over 2100 pages. The Mark Twain Project Online is available from the University of California Libraries. We can explore the website in class, reading and viewing archived fragments, commentary, letters and thoughts by one of the world’s most prolific writers and humorists. An American icon available at our fingertips! What fun!
Women of the **Cono Sur** Writing about Love

How have values, behavior and social mores around love and relationships changed throughout the centuries in the area of the *southern cone*? What can we learn of the lives of the women who reside there from the work of female novelists and writers? The boom of South American literature in the 1960s and 1970s and its modern descendants ensure that this varied body of work continues to flourish. While reading some of these works, we’ll explore local beliefs, tradition and much more in the literature of the women of the *Cono Sur*.

**Course:** 19577  $49  For: 4 sessions
**FAA-PE:** Oct 19-Nov 9  W  10:00am-12:00pm
**CE South Building**

*Matilde Machiavello, Storyteller and Workshop Leader*

How to Find Paid Markets for Your Writing

This course will help students find paid markets for their short- and book-length writing. We’ll look at magazines, online markets and book publishers for fiction and nonfiction. The course will discuss the pros and cons of working with agents. We will also look briefly at getting poetry, fiction and creative nonfiction published in literary publications (online and print), even though those markets don’t tend to pay. The instructor will provide contact information for directories of paid markets (and non-paid literary markets), as well as agents.

**Course:** 19583  $25  For: 2 sessions
**FAA-PE:** Sep 12-19  M  9:00am-11:00am
**CE South Building**

*Robby Spiegel, Senior Editor, Design News; Lifelong Writer and Author of six books*
The Craft of Creative Writing

Do you have ideas for fiction or non-fiction stories, but don’t know how to get them on paper for others to enjoy? Using commentary on participant work, we will focus on narrative arc, character, point of view, conflict, stylistics (tone, pacing, diction) and sentence mechanics. The course is designed for writers who want a refresher in the craft of writing and are willing to give and take feedback. Participants are strongly encouraged to share “air time” in a respectful manner.

Course: 19584 $75 For: 6 sessions
FAA-PE: Sep 12-Oct 17 M 1:00pm-3:00pm
CE South Building
Dodici Azpadu, PhD, MFA, Author and Workshop Leader

Blogging Your Way to Writing Success

Blogging is a way to build your writing skills, express your ideas and even build a book-length manuscript while creating an audience. The class will explore all types of blogging, from poetry to how-to instruction, from spirituality to memoir. The class will explain how to choose free blogging platforms, how to determine the length and frequency of your blogs and how to build an audience. The class will also show how you can use a blog to create the backbone of a book, just as Julie Powell did to create her bestseller, Julie & Julia: 365 Days, 524 Recipes, 1 Tiny Apartment Kitchen, which went on to become a major movie. Anything is possible with a blog.

Course: 19598 $75 For: 6 sessions
FAA-PE: Oct 14-Nov 18 F 3:00pm-5:00pm
CE South Building
Rob Spiegel, Senior Editor, Design News; Lifelong Writer and Author of six books
**Huxley’s Brave New World and Orwell’s 1984: Still Relevant in 2016?**

Aldous Huxley in 1932 and George Orwell in 1949 wrote two of the greatest dystopian novels of the twentieth century. In these two novels, they did not make predictions about the future. They observed what was happening in their day, and they projected what one might see in the future if these trends continued. The class will look at the frightening worlds created in their works. How accurate were their projections? Should they be remembered as twentieth century prophets? What would they say if they could see the world of 2016? Why are dystopian novels and films so popular today?

**Course:** 19599  
**FAA-PE:** Dec 12  
**Corrales Community Center**

*Howard Romanek, History/International Studies Instructor, Illinois State University (Ret.)*

**Music & Theater**

**Unlocking the Magic of the One-Act**

Ever think it might be fun to do a little acting? Enjoy the theater? We will explore the world of one-act plays, from comedies to serious dramas. Everyone will read a part from the comfort of his or her chair. This is going to be a completely enjoyable two hours as you try your hand at doing a southern accent or get in character to be a police detective. No rehearsing, no costumes; we’ll just choose from a wide variety of short plays that call to us and dive right in! *All Drama Queens* welcome.

**Course:** 19602  
**FAA-PE:** Sep 7-Oct 12  
**CE South Building**

*Heidi Carlson, Literary Critic and Book Doctor in the New York Publishing Industry*
History of Opera III

The second half of the nineteenth century marks the culmination of emotional and dramatic operas that form the majority of today’s standard repertory. The geniuses, Verdi and Wagner opened the door for Bizet, whose “Carmen” led to the ever more direct expression of human tragedy in “Verismo” operas. Puccini concluded and altered this development with works that are among the most popular ever written. By means of lectures, video presentations and discussion this class will experience: Verdi, *Un Ballo in Maschera* (The Masked Ball), 1859; Wagner, *Tristan und Isolde*, 1865; Bizet, *Carmen*, 1875; *Pagliacci*, 1892; Puccini, *Tosca*, 1900.

Course: 19652 $59 For: 5 sessions
FAA-PE: Sep 7-Oct 5 W 10:00am-12:00pm
CE South Building

*Julius Kaplan, PhD, Past President, Opera Southwest*

The Shakespeare Authorship Question

That the man from Stratford wrote the poems and plays we attribute to “Shakespeare” is simply a hypothesis, and one that stands on shaky legs indeed. A careful examination of the facts indicates that this is a very complicated subject and by no means one that can be lightly dismissed. More and more genuine research is appearing and the list of signers of the Declaration of Reasonable Doubt grows continually.

Course: 19655 $25 For: 1 session
FAA-PE: Sep 15 Th 1:00pm-4:00pm
CE South Building

*Daniel Steven Crafts, Composer who has researched this subject for the past 30 years.*
Stan Getz: “The Sound” of Jazz

American jazz great Stan Getz (1927-91) was once described by critic Scott Yanow as “one of the all-time great tenor saxophonists.” Due to his international hit single “The Girl from Ipanema” in 1964 he became known as the Ambassador of Bossa Nova to audiences around the world, but earlier in his career he acquired a simpler, long-lasting nickname: “the Sound.” Getz dropped out of high school to further his career which began with a stint with Jack Teagarden, followed by fame as one of Woody Herman’s saxophone collective known as “The Four Brothers.” His naturally mellow timbre led him to play a significant role not only in bebop, but in cool jazz. Despite his many successes, his life was one of emotional highs and lows as he struggled to cope with fragile mental health and addiction.

Course: 19657 $20 For: 1 session
FAA-PE: Sep 21 W 2:00pm-4:00pm
CE South Building

Jane Ellen, Composer, Lecturer, Performing and Recording Artist

The Piano Man: Billy Joel

Pianist and singer-songwriter William Martin Joel (born 1949), more commonly known as “Billy,” continues to work sporadically today, despite more than 20 years without a new pop album. An early flirtation with two-man heavy metal led to a string of hit albums, six Grammy Awards, sales of over 150 million, repeated forays into classical music and a firm place near the top of the ladder as the third best-selling solo artist in the US. Even without the street cred derived from new albums, Joel continues to be one of the biggest concert draws in the world. This retrospective will examine not only Joel’s pop successes, but his classical piano music and the evocative orchestral fragment, “The Downeaster Alexa.”
Sam Cooke: King of Soul
Sam Cooke (1931-64) was a pioneer of the soul music genre, in which he worked as both singer and songwriter. Bruce Eder called Cooke, “the inventor of soul music”, and it’s clear that his relaxed and effortless vocals influenced an entire generation. Incredibly, he was murdered at the age of 33 just as his success as a crossover artist—combined with his involvement with the Civil Rights Movement—left him on the brink of exciting new possibilities in music. We’ll spin all the hits, from “You Send Me,” to his hymn-like “A Change Is Gonna Come,” throughout this class, paying tribute to The King of Soul.

Marty Robbins
The life story of singer-songwriter Marty Robbins (1925-82) resembles the oft-told entertainment saga of rags to riches except for an interesting twist: for Robbins, the music industry would never be quite enough. Marty Robbins acted, wrote novels and was a successful NASCAR driver in between making his mark as an entertainer and multi-instrumentalist with hits ranging from youthful pop songs (“A White Sport Coat and A Pink Carnation”), gunfighter ballads and cowboy songs (“El Paso” and “Big Iron”) and albums of Hawaiian standards, to crossover hits (“Ribbon of Darkness” and “My Woman, My Woman, My Wife”).
San Francisco Swamp Rock with Credence Clearwater Revival

Fans refer to them as Creedence or CCR simply because one of the most original monikers in rock and roll is also one of the most cumbersome. Few remember the band’s initial outing as The Velvets, let alone as The Golliwogs, but with a new name and a more defined musical approach CCR became unstoppable between 1968-72. Whether you remember the band by name, you’ll certainly remember hits such as “Bad Moon Rising,” “Proud Mary,” “Who’ll Stop the Rain,” and “Down on the Corner.” Many critics attribute the phenomenal success of Creedence Clearwater Revival to John Fogerty’s gritty vocals and songwriting skills, but the inclusion of songs about social and political issues, along with a swamp and bayou-tinged brand of rock, were the real keys to their success.

You’d Be So Easy to Love: Cole Porter

American songwriter Cole Albert Porter (1891-1964) was one of the few Broadway songwriters who, like Irving Berlin, wrote both the words and the music. His contributions to the Great American Songbook have provided a sophisticated, sometimes naughty, but ultimately romantic soundtrack for generations of Americans. This amazing composer was the life of the party until a disabling accident turned his life upside down. Despite living in constant pain, his writing never slowed, nor did his desire to
live diminish. The legacy of his prolific output, includes “Night and Day,” “I’ve Got You Under My Skin” and “Love For Sale”—all staples for cabaret acts, jazz pianists and the Broadway stage.

Course: 19671 $20 For: 1 session
FAA-PE: Sep 30 F 2:00pm-4:00pm
La Vida Llena/Nueva Vista Community Room

Jane Ellen, Composer, Lecturer, Performing and Recording Artist

Live and Let Die: The Themes of James Bond
Surely no series of film music has enjoyed more longevity or popularity than the library of themes written for the big screen appearances made by Ian Fleming’s eternal bad boy: British Secret Service agent 007, James Bond. Although John Barry carried the musical burden early in Col. Bond’s film career, his work would soon be coupled with, or eclipsed by, some of the greatest names in music: Shirley Bassey, Goldfinger; Paul McCartney, Live and Let Die; Carly Simon, Nobody Does it Better; Sheena Easton, For Your Eyes Only; Duran Duran, A View to Kill, and Adele, Skyfall. Barry’s canon of Bond music would be joined by the work of other film composers, including Marvin Hamlisch, Bill Conti, Michael Kamen and Thomas Newman.

Course: 19672 $20 For: 1 session
FAA-PE: Dec 2 F 1:00pm-3:00pm
CE South Building

Jane Ellen, Composer, Lecturer, Performing and Recording Artist
Latin America: Culture through Lyrics

What can we learn about culture and society from the poetry of storytelling in song? Have you ever been moved by a piece of music and considered how different cultures express their beliefs, values and idiosyncrasies in this medium? We will explore lyrics from Latin American songs: Candombe from Uruguay, Tango from Argentina and Bossa Nova from Brazil. Join us for this session and enjoy a unique and wonderful spectrum of music with deep cultural and spiritual roots.

Course: 19681 $25 For: 1 session
FAA-PE: Oct 12 W 9:30am-12:30pm
CE South Building
Matilde Machiavello, Storyteller and Workshop Leader

Songwriters and Musical Poets of the 60s, 70s and 80s

The term singer-songwriter describes a distinct form of artistry, closely associated with the folk-acoustic traditions but encompassing multiple musical genres. Singer-songwriters are often the only accompaniment to an entire composition or song, typically using a guitar or piano; both the compositions and the arrangements are written primarily as solo vehicles, with the material focused on contemporary issues—sometimes political, sometimes introspective, historical, romantic and confessional. Often, the songs written by these musicians serve not only as entertainment, but to educate and protest. We’ll explore the stories and music behind a cadre of artists—Ian Anderson, Gordon Lightfoot, Joni Mitchell, Nick Drake, Al Stewart, Jim Croce, Neil Finn and Justin Hayward, some well-known, and others not so, but whose art has influenced and defined generations.

Course: 19698 $49 For: 4 sessions
FAA-PE: Sep 8-29 Th 6:30pm-8:30pm
CE South Building
Chris Nolan, Musician and Performer
Science & Technology

Origins of Modern Science—A History of Science from Copernicus to Newton

Only five hundred years ago, most people thought the Earth was the center of the universe and that there were only four elements: earth, air, water and fire. In this class you’ll learn how five men and a propitious sequence of historical events—including two supernovas and the Black Plague—changed that view forever. And you’ll learn how science itself changed from mystical lore and reliance on ancient authority to an organized activity of measurement, testing and revision of theories that has made possible our modern world.

Course: 19715 $20 For: 1 session
FAA-PE: Sep 8 Th 1:00pm-3:00pm
Corrales Community Center
Lance W. Ozier, BS, Applied Mathematics

Fighting Crime through Science: DNA Use in Law Enforcement

It’s hard to believe that DNA evidence has come so far so fast. The techniques that make it possible to identify a suspect using his or her unique genetic blueprint have only been around since 1985. Since then, DNA evidence has played a bigger and bigger role in our criminal justice system. It has been used to prove that suspects were involved in crimes and to free people who were wrongly convicted, becoming integral to many high profile criminal and civil cases. The instructor directs New Mexico’s DNA database and will explain how DNA evidence works, the limitations and the latest advances in DNA evidence.

Course: 19722 $20 For: 1 session
FAA-PE: Sep 13 T 10:00am-12:00pm
CE South Building
John Krebsbach, MS
The History of Geology
This is the story of the history of geology: from the time of Steno (1638-1686), when the principles of stratigraphy (rock strata) were established, up to the present day. We will uncover how William Smith (1769-1837) constructed the world’s first geologic map by observing the regular sequence of fossil organisms over the entire planet. We will discuss how the Geologic Column is based on relative time and how that time was confirmed by radioactive dating in the early 1900s. We will examine eight of the greatest controversies in Earth Science: fossils; the origin of different rock types; catastrophism vs. univormitarianism; correlation of rock strata over Planet Earth; The Ice Ages; plate tectonics; and mass extinctions.

Course: 19727 $39 For: 3 sessions
FAA-PE: Nov 30-Dec 14 W 1:00pm-3:00pm
CE South Building

Carol A. Hill, Geologist and Author

White Sands and the Valley of Fires
The Valley of Fires, located just west of Carrizozo, New Mexico, is part of the Rio Grande Rift—a north-south trending fault system along which the Jemez caldera and Sandia Mountains have formed. The Valley of Fires consists of volcanic flows that are among the youngest in the continental United States. They erupted from a crater north of Carrizozo and flowed down the Tularosa Valley. White Sands is the world’s largest gypsum dune field. The sand is composed of the mineral gypsum rather than silica, as are most sand dunes in the world, such as the Great Sand Dunes in southern Colorado. This course covers the rare set of circumstances that caused these beautiful white gypsum dunes to form in the Tularosa Basin.

Course: 19730 $20 For: 1 session
FAA-PE: Sep 21 W 10:00am-12:00pm
CE South Building

Carol A. Hill, Geologist and Author
Poisonous Snakes and Snake Bite Poisoning
Join us for a discussion of the toxicology and treatment for venomous snakes of North America and the natural history of rattlesnakes and other venomous snakes from around the world. Topics covered include: poisonous snakes of the US, descriptions & distribution; rattlesnakes—their private lives; venom & its effects; the basics of treatment of the snake envenomed patient both in the “field” and in the hospital setting; and prevention techniques to avoid snake bites.

Course: 19731 $20 For: 1 session
FAA-PE: Sep 16 F 1:00pm-3:00pm
CE South Building

John H. Trestrail III, BS, Pharm, FAACT, DABAT, Clinical & Forensic Toxicologist, Author, Speaker

Geology of Albuquerque and the Sandia Mountains
The Basin and Range Province extends as a south to north corridor throughout central New Mexico. This corridor is a faulted landscape of uplifted mountains between down-dropped valleys and of north-south trending volcanoes. This geography is the result of the Rio Grande rift being pulled apart. Some blocks of rock like the Sandia Mountains have moved up relative to other blocks that have moved down, with a total displacement of more than 20,000 feet. Where the land is being pulled apart it also cracks so that magma ascends up the cracks to form volcanoes. The Albuquerque volcanoes and the Jemez Mountains are examples of volcanic activity along the Rio Grande rift zone. Explore the distinctive geology of Central New Mexico and learn what makes Albuquerque and the Sandia Mountains so unique.

Course: 19768 $39 For: 3 sessions
FAA-PE: Sep 7-21 W 1:00pm-3:00pm
CE South Building

Carol A. Hill, Geologist and Author
Geology of the National Parks

We will cover a number of geology-type parks, from canyon parks (Grand Canyon, Zion, Bryce) to mountain parks (Guadalupe Mountains, Rocky Mountains, Yosemite, Grand Tetons), to volcanic parks (Mt. Rainier/Mt. St. Helens, Hawaiian Islands) to cave parks (Carlsbad, Mammoth) to sand dunes (Great Sand Dunes, White Sands).

In order to understand the different geologic features in American parks, we will first learn the basic principles of geology—about the three types of rocks (igneous, metamorphic and sedimentary) and how they form and about plate tectonics being the driving force for the geology we see on planet Earth.

Course: 19786 $75 For: 8 sessions
FAA-PE: Sep 29-Nov 17 Th 10:00am-12:00pm
CE South Building

Carol A. Hill, Geologist and Author

Philosophy & Religion

Shaken... and Stirred

The United Society of Believers in Christ’s Second Appearance is one of the most successful utopian communities in American history. Founded in the 18th century, they lived communally but celibately. Sexual energy was sublimated into ecstatic Sunday dancing which could be heard seven miles from their worship leading to their colloquial name of “Shakers.” Stirred by the spirit of God, they would speak in tongues and sing verses composed by angels. The most famous of these melodies would form part of Aaron Copeland’s ballet Appalachian Spring.

Today, Shakers are remembered for their furniture style, but they created much more including the flat broom, the circular saw (invented by a woman) and the first mail order
seed company. Join Jane and Bobbie as we explore the legacy of a group that espoused brotherly rather than carnal love, while contributing uniquely to the industry, music and food of American culture. Note: A tasting fee of $20 is payable to the instructor because it’s fun to learn about food, but even more fun to taste it.

Course: 19807 $35 For: 2 sessions
FAA-PE: Nov 11-18 F 12:00pm-2:00pm
CE South Building

Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher
Jane Ellen, Composer, Lecturer, Performing and Recording Artist
Buddhism

Buddhism appeals to many Westerners because it is non-judgmental, requires no faith and teaches ways to reduce suffering. It encourages personal responsibility, mindfulness and compassion for ourselves and others. In this class we’ll discuss the life and times of the prince who became the Buddha, his search for enlightenment, his teachings, the historical development of Buddhism, plus current branches and their practices. We’ll also discuss the work of some present-day teachers, including the Dalai Lama, Thich Nhat Hanh and prominent American authors. We’ll have slide shows, videos and readings, as well as discussions. This class assumes no prior knowledge, but also goes into reasonable depth to interest those with some previous experience.

Course: 19813 $49 For: 4 sessions
FAA-PE: Oct 28-Nov 18 F 10:00am-12:00pm
CE South Building

Jon Nimitz, PhD

Celtic Tree Oracle—What Is It?

Learn to use this remarkable alphabet created by Irish spiritual leaders around 400 CE to encode their wisdom in a condensed form. Those leaders were called Druids and their tree-based lore was called Ogham. The Celts revered trees. They knew each tree’s characteristics, uses, powers and animal life. Then they compressed a vast amount of memorized knowledge under each tree-letter, such as birch or oak. This class will unfold the history and meaning of Ogham. Learn to write your first name in this ancient form and create a powerful chart of meanings, based on your name. You will see predictions made by using the Celtic Tree Oracle.

Course: 19814 $25 For: 2 sessions
FAA-PE: Dec 8-15 Th 1:00pm-3:00pm
CE South Building

Maya Sutton, PhD, Celtic Mythology Professor and Author; Pattie Curran, Celtic Scholar
Spiritual Practices for Daily Life

Many people have discovered that their spiritual lives are enriched by practices such as meditation and chanting. In a nondenominational spirit we will examine the broad range of spiritual practices available today from a number of traditions. Some of these practices have arrived from the East and are easily adopted by those following any religion, or no religion. Mindfulness, for example, is widely taught as an answer to stress. In addition to meditation, mindfulness and chanting, we will explore varieties of prayer, drumming, psychedelics, crystals, Tarot cards, I Ching, pilgrimage, fasting and vision quests, chakras and others. The focus of the class will be on sharing personal experiences and how we can use spiritual practices to enrich our lives.

Course: 19825 | $65 | For: 6 sessions
FAA-PE: Sep 7-Oct 12 | W | 10:00am-12:00pm
CE South Building

David Johnson, PhD Emeritus Professor of English
Jon Nimitz, PhD

Mary Magdalene—Who Was She?

Traditional Christianity portrays Mary Magdalene as a sinner whom Christ forgave and welcomed as an example to others. But was she labeled a sinner centuries later by bishops intent on reducing women to inferior status? Research shows that she likely was the “Apostle of the Apostles” and “The Woman Who Knows All.” Why else was she the only witness to the resurrection of Christ? Dr. Sutton has visited sites in France where Mary Magdalene presumably brought Christianity to Europe, where she lived and eventually died. Be prepared to revise your thinking!

Course: 19828 | $20 | For: 1 session
FAA-PE: Sep 19 | M | 3:30pm-5:30pm
CE South Building

Maya Sutton, PhD, Celtic Mythology Professor and Author; attended the Gypsy Pilgrimage in France to the “three Mary’s”
The Pregnant Virgin: Embodied Creativity in Women

*The Pregnant Virgin* is the second of Marion Woodman’s well-known books. In it she tackles the psychological challenges facing the creative woman, which she defines as “one who is compelled from within to relate to her own creative imagination.” Marion’s work addresses these challenges, as well as the need for women to build “a strong ego, well-grounded in the feminine body and the emotions springing from that body.” We will explore, through discussion and experiential exercise, the enigma that is the life of the creative woman.

**Course:** 19830  $65  For: 6 sessions  
**FAA-PE:** Nov 7-Dec 12  M  3:00pm-5:00pm  
**CE South Building**

*Caroline LeBlanc, MFA, MS, RN*

The Mystery of the Dead Sea Scrolls

For more than 60 years, the discovery of the Dead Sea Scrolls has fascinated the public, while the scrolls themselves have continued to be the subject of endless debate and speculation. Discovered between 1947 and 1956 in caves near the northwestern shore of the Dead Sea, the texts of the Dead Sea Scrolls are of great religious and historical significance. They include some of the only known surviving copies of Biblical documents made before 100 BCE and preserve evidence of late Second Temple Judaism. This class will present an introduction to the history of the scrolls, an overview of their content and will examine their significance in the fields of Biblical Archaeology and Biblical Scholarship. Videos and handouts will help to amplify our study of one of Judaism’s most fascinating treasures.

**Course:** 19831  $25  For: 2 sessions  
**FAA-PE:** Dec 7-14  W  2:00pm-4:00pm  
**CE South Building**

*Jane Ellen, Composer, Lecturer, Performing and Recording Artist*
**Taoism**

“Tao” means the Way or the Path, also the source and essence of everything. For over 2,500 years the non-theistic philosophy of Taoism has encouraged people to seek balance, harmony, simplicity, humility and open-mindedness. It embraces intuition, contradictions and humor. This brief introduction, including slide show and handouts, covers the main principles and most famous texts, including the *Tao Te Ching*. We’ll talk about applying the principles in our daily lives as effective antidotes to stress and overwork.

**Course:** 19835 $20 **For:** 1 session

FAA-PE: Dec 9 F 10:00am-12:00pm

Corrales Community Center

*Jon Nimitz, PhD*
Ritual Times, Celtic Homelands and Royal Sites

Why did the Celts celebrate the beginning of February, May, August and November? The Celts of 2,000 years ago held fire festivals at those four ritual times, halfway between each solstice and equinox. Two of them marked animal cycles, and two of them marked agricultural cycles. Come along on a visual journey through the six Celtic homelands that remain today: Scotland, Ireland, Isle of Man, Wales, Cornwall and Brittany. And visit the amazing huge sites of Celtic royal rulers in the four provinces of Ireland: Meath, Leinster, Connaught and Ulster.

Course: 19837 $20 For: 1 session
FAA-PE: Oct 18 T 3:00pm-5:00pm
CE South Building

Maya Sutton, PhD, Celtic Mythology Professor and Author; dual-citizen with Ireland

King Arthur’s Camelot and Other Legends of Glastonbury, England

King Arthur and Guinevere: if they actually lived, some say that Camelot was in Glastonbury, England. Long before that, stone circles, including Stonehenge were erected nearby. After 500 BCE, Celts and Druids occupied Glastonbury, then called the Isle of Avalon. In the Middle Ages, Glastonbury Abbey was a major pilgrimage destination, like Chartres and Jerusalem. The New Age discovered Glastonbury, where stores sell crystals, Chalice Well has healing waters and a rock festival occurs at the summer solstice. Myths claim that Glastonbury is an entrance to the Otherworld of the ancestors. Enough to entice you? There’s more!

Course: 19840 $20 For: 1 session
FAA-PE: Sep 9 F 1:00pm-3:00pm
CE South Building

Maya Sutton, PhD; spent seven summers in and around Glastonbury, England
Sri Ganesha: Hinduism’s Elephant God

Even if you don’t know the story of how he acquired his unusual head, the Hindu elephant god Ganesha is one of the most popular and endearing members of the Hindu pantheon. Known as the Remover of Obstacles, he is equally capable of placing obstacles in your way to prevent you from taking a wrong path. Lord Ganesh is the deity of the intellectual mind, science and knowledge, making him a favorite with university students; he is also the Giver of Success and is associated with general abundance in all areas of life. This presentation will explore the story of Sri Ganesha as found in art, mythology and music.

Course: 19842 $20 For: 1 session
FAA-PE: Sep 26 M 2:00pm-4:00pm
Del Webb Alegria—Active Adult Community

Jane Ellen, Composer, Lecturer, Performing and Recording Artist

Wisewoman: Ageless Archetype of the Eternal Feminine

Although typically portrayed as the crone, the wise woman can appear in all stages of feminine age and power. From the elusive Sophia (Greek for wisdom) in the Bible, to the young virgin priestess who prophesies, the majestic queen who rules with power and wisdom or the ancient crone who heals. She may represent the solar goddesses such as Ishtar or the Spider Woman goddess of the Navajos. This class will discuss the various roles of the wise woman through the ages and see how this archetypal feminine power is portrayed today both on the inner stage of the psyche and the outer stage of world affairs. There will be plenty of examples drawn from history and today’s news with ample time for discussion and personal examples, too.

Course: 19845 $20 For: 1 session
FAA-PE: Oct 22 Sa 1:00pm-3:00pm
Del Webb Alegria—Active Adult Community

Gay Witherington, MEd, Counseling Psychology
Norse Mythology
Using the *Edda* as prime source, the first written version of these myths by Snorri Sturluson, we will explore Norse mythology from Ginnungagap to Ragnarok, from the World Tree Yggdrasil to four of the nine worlds, from the weird Norns to the Norse pantheon of gods and goddesses, from the Valkyries to Sleipnir and Nidhogg. Come join me on a journey through this fascinating realm that informs some of Western civilization’s basic cultural beliefs.

Course: 19847 $39 For: 3 sessions
FAA-PE: Dec 1-15 Th 3:30pm-5:30pm
CE South Building

Shari Tarbet, PhD, Classical Mythology Expert

Psychology & Health

Managing Your Chronic Disease
Every day, millions of people with chronic conditions struggle to manage their symptoms. About 80% of older adults have at least one chronic condition, and 68% have at least two. Chronic conditions place a significant burden on individuals as well as health care systems. People with chronic conditions who learn how to manage their symptoms can improve their quality of life and reduce their health care costs. The goal of the *Manage Your Chronic Disease* (MyCD) family of chronic disease self-management education programs is to improve the physical and emotional health of individuals with chronic diseases and their caregivers, by helping them gain self-confidence in their ability to manage their symptoms and how their health problems affect their lives.

Course: 19851 Free For: 6 sessions
FAA-PE: Oct 14-Nov 18 F 1:00pm-3:30pm
CE South Building

UNM Employee Health Promotion Staff
Super Foods for Best Health: Feeding Our Crystalline Bodies

Have you been feeling heavy and sluggish after you eat or find that you are no longer digesting your foods properly? We are in a period of accelerated growth and development, ascending rapidly into higher frequencies. As this happens, our physical, emotional and mental needs are changing. We are transforming our carbon based bodies into crystalline bodies, and as this process is taking place, our dietary requirements have altered, and the foods that we normally eat and consume are no longer satisfying and nourishing our new state of being. Foods in our regular diet have become difficult to digest, are not sustaining us and are not fulfilling our energetic expansion. As our frequencies are elevating, we need to select super foods that are rich in nutrients, abundant in life force; that will match our vibration and provide the sustenance and energy that are essential in nourishing and nurturing our crystalline bodies.

Course: 19852 $25 For: 1 session
FAA-PE: Sep 8 Th 1:00pm-4:00pm
CE South Building
FAA-PE: Nov 7 M 1:00pm-4:00pm
Del Webb Alegria—Active Adult Community

Szuson Wong, RN, PhD

Psychology and the Maintaining of Personal Meaning

We will explore how life “in the raw,” as in its natural state, is ultimately meaningless. It’s up to each human being to create and define what is meaningful to him or her in their lives to make the struggles of life worth enduring. As we age, we lose more of that meaning through the death of friends and relatives, physical disabilities, the increase of fear, anxiety and such. It is imperative that we show our resiliency by creating new meaning appropriate for what our current stage in life might be.
Psychology and Music
When I was in private practice on occasion I would find that clients who were especially blocked emotionally, would respond to certain pieces of classical music that quite conspicuously depicted a greater strength in reaching a closed person. In this class we will play various pieces of music that I have found helpful as a therapist and allow class members to get in touch with emotional parts of themselves that may have lain dormant for some time.

Memory Enhancement
Brain function and reversible causes of memory problems will be discussed. Class participants will experience interactive activities for increasing mental acuity, maintaining focus, sharpening memory skills, increasing speed of processing and reducing stress. Nutrition, stress reduction and exercise specific to improving brain function will be addressed. Memory Academy is a Met-Life award-winning interactive curriculum. A workbook is recommended for this class and available from the instructor for $25.
Living with Hearing Loss

Becoming an informed consumer of hearing aids isn’t easy. Hearing loss affects nearly fifty million Americans but those who suffer often feel like they are alone. What should you know before you spend a lot of money on hearing aids? Take the mystery out of hearing loss and learn about hearing aids and technology. We will cover hearing loss basics; technology solutions from the simple to the sophisticated; digital hearing aids; assistive listening devices and where to find captioned movies; plus, what to expect from hearing health care providers and your legal rights. The instructor has a passion for training and helping those new to hearing loss.

Course: 19870 $39 For: 3 sessions
FAA-PE: Oct 10-24 M 3:00pm-5:00pm
CE South Building

Mark Clark, Hearing Loss Advocate

Living Resilient Lives

Think of someone you know who thrives in spite of adversity. This is the essence of resilience. A resilient person is able to bounce back from difficult or stressful experiences. This quality is much more common than we imagine. In our review of current scientific research identifying the factors in children, adolescents and adults that contribute to resilience, we’ll ask if these factors are the same or if they differ with age. Looking beyond the individual to the family, community and society will help us identify sources of support for thriving under challenging conditions. We will then ask what can be done to foster resilience in ourselves and others. Join us as we share stories of resilience.
Benefits and Challenges of a Whole Food Plant-Based Approach to Eating

We’ll explore peer reviewed, published data regarding a whole food plant-based approach to eating, addressing and clarifying conflicting information about food. We will begin the class with a questionnaire to determine what participants’ interests are in the topic, their health concerns and conditions and their sources of information regarding food. Participants will be encouraged to do their own research to obtain information of interest to them. The challenges inherent in changing lifelong patterns of eating will be approached psychologically with an emphasis on individual exploration of familial, cultural and environmental conditioning. Examine everything about food as a central aspect of all life in a supportive group setting. We will approach food as central and essential for life and we will focus on learning to give it the right importance. Information regarding foods that are healthy and their preparation will be given. This course will use a holistic approach to address and improve health.

Yoga for Folks Over Fifty: Gentle Beginner

Join us and explore the wonders and benefits of Yoga practice. This class series is geared to the older beginner or those dealing with painful knees or feet, arthritis, osteoporosis, issues of balance or the proverbial midlife crisis. You
will learn to use commonly available props and modified yoga postures to address these conditions and bring more awareness, vitality and relaxation into your life.

Course: 06461  $95  For: 6 sessions
FAA-HF: Sep 6-Oct 11  T  4:00pm-5:15pm
FAB-HF: Nov 1-Dec 13  T  4:00pm-5:15pm

Nishtha Jane Kappy

All sections: High Desert Yoga—Nob Hill

Note: This is not a medical class-call instructor to discuss any serious condition before signing up. Free Osher membership with this class.

Yoga for Folks Over Fifty: Intermediate

For active elders, this class emphasizes proper alignment of the spine. You will learn standing, strengthening and balance poses with modifications that work for your body. This practice warms up the muscles, opens the joints and builds energy, strength and stamina while inviting greater awareness of your body, mind and breath.

Course: 06463  $125  For: 6 sessions
FAA-HF: Sep 6-Oct 11  T  2:15pm-3:30pm
Judith Arredondo

FAB-HF: Sep 8-Oct 13  Th  4:00pm-5:15pm
Nishtha Jane Kappy

FAC-HF: Nov 1-Dec 13  T  2:15pm-3:30pm
Judith Arredondo

FAD-HF: Nov 3-Dec 15  Th  4:00pm-5:15pm
Nishtha Jane Kappy

All sections: High Desert Yoga—Nob Hill

Note: This is not a medical class-call instructor to discuss any serious condition before signing up. Free Osher membership with this class.
How Sweet It Is

From birth through old age, our taste buds respond eagerly to sweetness. Along the way, we develop teeth, and for some of us, we claim that every tooth in our heads is a “sweet tooth.” Candy manufacturers capitalize on this love of sweets. The average American eats almost 25 pounds of candy per year. How did this obsession with candy evolve from ancient Egyptians binding figs, nuts, dates and spices with honey through the Spanish introduction of Aztec chocolate to Europe? When did “sugar plums danced in their heads” give way to candy canes and the chocolate “wars” between Mars and Hershey? Join us for a sweet trip through history. Note: A tasting fee of $10 is payable to the instructor because it’s fun to learn about candy, but even more fun to taste it. Instructor is not responsible for weight gain due to this class!

Course: 19903 $20 For: 1 session
FAA-PE: Dec 9 F 1:00pm-3:00pm
CE South Building

Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher

Mistaken for an Inventor, Part II

What do saccharin, Silly Putty, fireworks, ink-jet printers, Slinkies, Champagne, Kotex and popsicles have in common? They were all mistakes made by inventors who maximized their errors instead of burying them. Grab a popsicle and slink into “a class about common objects that started by accident.”

Course: 19914 $20 For: 1 session
FAA-PE: Sep 27 T 3:00pm-5:00pm
CE South Building

Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher
Sugar Man: The Incredible Life and Fabled Death of Sixto Rodriguez

*Searching for Sugar Man* tells the story of two South African music fans who decide to find out the truth behind the death of their favorite American musician. The musician was Rodriguez, who had achieved little success in the US but whose music had become (unbeknown to him) insanely popular in Cape Town, following rumors of his death. This two-part class will begin with an exploration of the career and music of the currently very alive, but retired, singer Sixto Diaz Rodriguez (1942- ). The following week will feature a screening of the award-winning documentary *Searching for Sugar Man* (2012, 86 mins) followed by a short discussion about the film.

**Course:** 19915  
**FAA-PE:** Dec 5-12  
**CE South Building**

Jane Ellen, Composer, Lecturer, Performing and Recording Artist

The History of Cereals and their Premium Toys

Did you ever wonder about the origin of the commonly consumed “ready-to-eat” breakfast cereals? Where did they originate? Why did they originate there? How did the cereal industry begin to market their products by including premium toys inside the box? How are these products marketed to the children of all nations? The talk includes a review of the great toys (now collectibles) found in cereal boxes and the children’s TV programs used to promote them. These subjects and more will be presented by a speaker who was born and reared in Battle Creek, Michigan, commonly known as the “Cereal City,” and grew up with the daily smells of cooking cereal grains in the air!

**Course:** 19931  
**FAA-PE:** Dec 2  
**La Vida Llena/Nueva Vista Community Room**

John H. Trestrail III, BS, Pharm, FAACT, DABAT, Clinical & Forensic Toxicologist, Author, Speaker
Duplicate Bridge 201: Bidding in the 21st Century
(for those who have some experience playing bridge)

Bridge is the most popular card game in the world, in addition to being a fun and sociable game. Playing bridge regularly will help keep your brain young and your mind alert. Recent research has suggested that it may even stave off degenerative diseases such as Alzheimer’s. Duplicate bridge is the most popular and competitive variation of the game. It reduces the element of luck because identical deals are replayed by multiple sets of players, who compare scores. This class is designed for those who have played bridge socially and would like to sharpen their skills and/or play competitively. Note: A manual is available from the instructor for $15.

Course: 19939 $99 For: 10 sessions
FAA-PE: Sep 13-Nov 15 T 9:30am-12:00pm
Duke City Bridge Club

Linda Hays, Duke City Bridge Club


Under Queen Victoria’s rule from 1837 until 1901, England developed one of the most rigorous etiquette systems in history. Behavior was even so controlled that “polite society” was not allowed to shelve books by male authors next to those by female authors. Examine the moral strictures of Victorian England and the ways polite and definitely not-so-polite society evaded them.

Course: 19943 $39 For: 3 sessions
FAA-PE: Oct 14-28 F 1:00pm-3:00pm
CE South Building

Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher
Myanmar (Burma): Southeast Asia’s Keystone Nation

Myanmar, just emerging from a half-century of military rule and the destruction of World War II, is a little-known gem awaiting the culturally curious, lovers of history and anyone romanced by striking landscapes, rivers that still flow freely and traditional agrarian peoples—primarily Buddhist—that preserve life as it was centuries ago. Situated between 40% of the world’s population in India and China, this keystone nation has adopted a new constitution that struggles to create a democratic state pitting figures like Nobel Laureate, Aung San Suu Kyi against an assertive military and on-going ethnic strife. Take a photographic, political and cultural journey through this mesmerizing land of Rudyard Kipling and George Orwell—exotic, mysterious Myanmar.

Course: 19949 $39 For: 3 sessions
FAA-PE: Nov 7-21 M 6:00pm-8:00pm
CE South Building
Donald G. Simonson, PhD

Actors and Actresses of New Mexico

New Mexico’s beautiful vistas have made it the setting of choice for hundreds of movies and television series over the past several decades. As such, the open spaces of the Land of Enchantment draw countless actors and actresses to make permanent homes here. This class will feature a series of film clips with background on the many of the career thespians who have called New Mexico home.

Course: 19956 $25 For: 2 sessions
FAA-PE: Nov 7-14 M 1:00pm-3:00pm
CE South Building
Jeff Berg, Author of New Mexico Filmmaking
The Manhattan Project

The American drive to design and produce the first nuclear weapons during World War II constituted one of the greatest feats of industrial organization and engineering in history. The achievement, personalities, issues and dilemmas of this project will be explored. From the project origins in 1938, with the discovery of nuclear fission by German chemists Otto Hahn and Fritz Strassmann, to the huge industrial complex existing in secrecy nationwide, to the construction of the bomb itself in the secret city of Los Alamos, New Mexico, we’ll explore the history, politics, personalities and dilemmas behind this massive undertaking. We’ll look at the implications, both political and humanitarian, for the introduction of a weapon of such destructive force and the debates that still exist today.

Course: 19966 $20 For: 1 session

Project Beginnings, Politics and Personalities (1939-1943)

FAA-PE: Nov 29 T 2:00pm-4:00pm

The Secret City, Dilemmas and Implications of the Bomb (1943-1945)

FAB-PE: Dec 13 T 2:00pm-4:00pm

Both sections: Del Webb Alegria—Active Adult Community

Ramon Flores, MA in Cultural Pluralism
New Mexico History & Culture

**Notable and Notorious Pioneer Women**

We’ll explore the colorful lives and experiences of a handful of women who helped build the “North” as it was considered by Mexico and Spain. Be they enterprising madams, savvy politicos, gutsy gamblers, saintly missionaries or hard-working and optimistic Harvey Girls, their place in history is secured through their many contributions to New Mexico history and culture.

Course: 19050 $20 For: 1 session

Individual Lectures $20

Tuition for the Series: $89 for 5 sessions

FAA-PE: Oct 19 W 1:00pm-3:00pm

FAB-PE: Oct 26 W 1:00pm-3:00pm

FAC-PE: Nov 2 W 1:00pm-3:00pm

FAD-PE: Nov 9 W 1:00pm-3:00pm

FAE-PE: Nov 16 W 1:00pm-3:00pm

All sections: CE South Building

Note: Osher classes are eligible for tuition remission under Personal Enrichment.

**A Governor’s Lady, a Spanish Nun and the Holy Office of the Inquisition**

In the seventeenth century, two very different women with ties to New Mexico came under the investigation of the Spanish Inquisition. One was María de Agreda, a nun in northern Spain who corresponded frequently with King Phillip IV and purportedly made miraculous and mysterious visits to New Mexico to aid in the conversion of the natives. The other was Doña Teresa de Aguilera y Roche, the wife of a controversial governor who was a sworn enemy of the Franciscan friars. Their fascinating stories illustrate numerous aspects of New Mexico’s turbulent history.

Course: 19050 $20 For: 1 session

FAA-PE: Oct 19 W 1:00pm-3:00pm

CE South Building

Cheryl Foote, PhD
Sadie Orchard of New Mexico
Sadie Orchard said she came to New Mexico for adventure. And that’s exactly what she got. She would eventually own two brothels, is reputed to have been the only woman stagecoach driver in New Mexico Territory and operated the Orchard Grove Hotel. It was said she was an “unusually interesting person with a big heart,” and that was proven when she raised the money to build the first church in Kingston, and, later, cared for victims of the Spanish flu. Adventurous, interesting, big-hearted—that Sadie was quite a lady!

Course: 19050 $20 For: 1 session
FAB-PE: Oct 26 W 1:00pm-3:00pm
CE South Building
Mary Mortensen Diecker, Author and Lecturer

Doña Tules: the Most Notorious Woman in Mexican New Mexico
From the mining camp of Real de Dolores during New Mexico’s first gold rush to Burro Alley in Santa Fe, Gertrudis “Tules” Barceló parleyed her skill with cards into wealth and fame. In this presentation we’ll consider how various writers have presented her story and learn how her story is emblematic of the challenges New Mexicans faced on Mexico’s northern frontier and the coming of the American conquest of the region.

Course: 19050 $20 For: 1 session
FAC-PE: Nov 2 W 1:00pm-3:00pm
CE South Building
Cheryl Foote, PhD
A Woman on Her Own: A Chautauqua Performance as Madame Elizabeth “Lizzie” McGrath

What can we learn from the lives of women in the Nineteenth Century American West? Lizzie McGrath was a colorful character whose life in Albuquerque, New Mexico is well documented. Her legend lived on through the McGrath’s restaurant located in the downtown Hyatt until 2011. The “ghost of Lizzie” that inhabited this place is also well-known New Mexico lore. An intelligent and astute businesswoman, Lizzie was very financially successful. She regularly went to court to protect her property and worked within the system, believing independence was her right. In this dramatization, what she saw in the 1880s, 1890s and the early 20th Century informs her observations on the women’s liberation movement of yesterday and today. Her trail-blazing independence is a significant addition to stories of women in the West.

Course: 19050 $20 For: 1 session
FAD-PE: Nov 9 W 1:00pm-3:00pm
CE South Building

Carole Sullivan, Actress, Arts Administrator and Feminist Advocate
Those Amazing Harvey Girls

Beginning in the late 1800s, a young entrepreneur named Fred Harvey established a series of eating houses along the route of the railroad as it expanded westward. Over the next eight decades, more than 100,000 young women, many in their teens, left their homes throughout the Midwest to become Harvey Girls—waitresses—in search of adventure, independence, respectable jobs and perhaps, a good husband. It’s a phenomenon that appealed to documentary filmmaker Katrina Parks, whose film, The Harvey Girls: Opportunity Bound, premiered in New Mexico a few years ago. And it inspired a local author of historical fiction to write a novel, Diary of a Waitress: The Not-So-Glamorous Life of a Harvey Girl, set in Belen and Albuquerque in the 1920s. The film will be shown and the author will talk about the book and describe the collaboration that eventually developed between filmmaker and writer.

Course: 19050 $20 For: 1 session
FAE-PE: Nov 16 W 1:00pm-3:00pm
CE South Building

Carolyn Meyer, Historian and Author of Diary of a Waitress: The Not-So-Glamorous Life of a Harvey Girl

Made on Route 66... Movies from the Mother Road

From Chicago, Illinois, to Santa Monica, California, and every little town in between—is there another road in America that holds the magic of Route 66? Maybe that’s why a television series and scores of movies have used The Mother Road as a setting. From the Grapes of Wrath to Little Miss Sunshine, join the author of New Mexico Filmmaking for a guided tour of the movies that brought Route 66 into the national psyche.

Course: 19967 $20 For: 1 session
FAA-PE: Oct 24 M 3:30pm-5:30pm
CE South Building

Jeff Berg, Author of New Mexico Filmmaking
Talk of the Town (A History of Albuquerque)

What can you say about Albuquerque? It’s big and it’s beautiful. It’s Old and it’s New. Its history extends from the Indian villages of the Tiguex Province—to the old Spanish villa down by the river—to the new American wild west boomtown up by the railroad. But, despite its humble (and illegal) beginnings, the Land of Enchantment’s largest city has lived up to a prediction made by its founder, Francisco Cuervo y Valdez, about New Mexico—that his tiny villa would one day become its most prosperous. It’s more than a journey through three centuries, it’s the story of one of the great cities of the Southwest.

Course: 19975 $20 For: 1 session
FAA-PE: Sep 13 T 1:00pm-3:00pm
Del Webb Alegria—Active Adult Community
Mary Mortensen Diecker, Author and Lecturer

The Spanish Conquest of the New World

How did a peninsula country in Western Europe conqueror two continents in the Western Hemisphere? This question will be answered and discussed with a short documentary with a specific case study of conquest by the Spanish in the New World. In addition, there will be a discussion on the ramifications of Spanish conquest in the later Spanish settlement of the New Mexico colony.

Course: 19981 $20 For: 1 session
FAA-PE: Sep 9 F 3:30pm-5:30pm
CE South Building
Angelo R. Cervantes, Director, Iberian Peninsula DNA Institute
The DNA of Christopher Columbus

The exact ethnic or national origin of Christopher Columbus has been a source of controversy since the nineteenth century. It is generally agreed upon by many historians that Columbus’ family was from Genoa, Italy. Mr. Cervantes will show a documentary on Columbus’ life and theories on his possible origins. He will also have a discussion of his DNA markers and what they prove. The results may surprise you and may change the family history of Columbus.

Course: 19985                $20     For: 1 session
FAA-PE: Oct 14               F       3:30pm-5:30pm
CE South Building

Angelo R. Cervantes, Director, Iberian Peninsula DNA Institute

Festivals of New Mexico

From the Deming Duck Races to world-famous International Balloon Fiesta in Albuquerque, New Mexico offers an exciting cornucopia of fairs, festivals and expositions in every field of human endeavor. Festivals celebrating films, folk art, food, cars, kites, music, wildlife, rivers, cowboys, pies and UFO’s are common. Small-town fiestas, Apple festivals, peanut festivals, pinto bean festivals, pumpkin festivals, Spanish markets, wine carnivals, motorcycle rallies and seasonal celebrations at the Native American pueblos and tribal cards fill New Mexico with food, fun, culture and history. Celebrate these events with Dr. Ned O’Malia, who as the travel editor for Prime Time (newspaper), traveled to most of these events and reported on them.

Course: 19986                $20     For: 1 session
FAA-PE: Oct 24               M       10:30am-12:30pm
La Vida Llena/Nueva Vista Community Room

Ned O’Malia, PhD, UNM Honors Program
Coronado & Spanish Exploration of the Southwest
Spanish conquistador Francisco Vásquez de Coronado was the first explorer of North America’s Southwest. Fired by tales of the legendary Seven Cities of Cíbola and their alleged riches, Coronado left New Spain (Mexico) in 1540 with 300 soldiers and eventually became the first European to set eyes on the Grand Canyon. Mr. Cervantes will show a short film that will trace the history of Spanish colonization in the Southwest.

Course: 19990 $20 For: 1 session
FAA-PE: Nov 11 F 3:30pm-5:30pm
CE South Building
Angelo R. Cervantes, Director, Iberian Peninsula DNA Institute

The Aztec Massacre of 1520 through DNA
Archaeologists make a grisly find: Four hundred skeletons buried in a mass grave. The bodies have lain undisturbed for 500 years, since the time of the Spanish conquest. But this is no ordinary gravesite. The remains suggest these people met a gruesome end at the hands of the Aztecs, who ruled Mesoamerica in the 14th through 16th centuries. But who were the victims and why were they killed? Mr. Cervantes will show a short film that traces the history of this historical event in the conquest of Mexico. He will also discuss which DNA markers are most identified with the victims of this massacre.

Course: 19998 $20 For: 1 session
FAA-PE: Dec 2 F 3:30pm-5:30pm
CE South Building
Angelo R. Cervantes, Director, Iberian Peninsula DNA Institute
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The Osher Lifelong Learning Institute (OLLI) at the University of New Mexico succeeds because of the contributions of a number of incredible volunteers, exceptional instructors and engaged and active members. In addition, we rely on funding to cover our operational costs. Our program depends on membership fees and tuition, the generosity of the Bernard Osher Foundation and donations from caring individuals and companies. Thank you to the following people who have made a tax-deductible contribution to the OLLI program in the past year:

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Janice J. Akin
Kirsten J. Anderson
Marjorie Armstrong
Elizabeth Albertson
E. Atler & L. Atler
Jan Augenstein-Miller
James Babin
Terrie F. Baca
Penn Baker & Dorothee Baker
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Cynthia Colling
In Memory of Karen Guth
James Guth
In Memory of John Shannon
Jean Shannon
Gene Booth
In Honor of Roberta Boggess
Deborah Hastings
In Honor of Dr. Maya Sutton
Allen S. Kenyon
Membership

Membership in the Osher Lifelong Learning Institute opens the door for adults 50 and above to choose from many thought-provoking courses. The emphasis of the university-level courses is to deepen understanding of academic areas such as art, history, literature and science. Members also increase skills in areas such as music, genealogical research and informed travel. In addition, Osher classes offer members the opportunity to build connections with other mature learners in the communities of central New Mexico.

The classes are non-credit. There are no entrance requirements, no tests and no grades. In fact, no college background is needed at all—it’s your love of learning that counts.

The membership fee is $20 annually. Joining allows you to register for all the Osher courses in 2016, and you may join at any time during the year.

New catalogs are distributed in the Winter, Spring, Summer and Fall quarters, with a total of over 300 courses, lectures and performances offered during the calendar year.

UNM Alumni Association Partners with the Osher Lifelong Learning Institute

UNM alumni who are age 50 and above qualify for special membership benefits when joining the Osher Lifelong Learning Institute at UNM. With membership, age-qualified UNM alumni receive a 10% discount on all Osher courses (but not the Membership fee) and 10% off all Growth & Enrichment courses. Alumni who become Osher Members will receive a special membership card, free book check-out from the four libraries on main campus, as well as e-mail announcements of cultural events on the campus.
Membership Benefits and Discounts

An annual $20 membership provides entry into the Osher community and a growing list of benefits on campus and citywide. By showing your Osher Membership card and a valid picture ID, you receive the following benefits and discounts:

- A free monthly member’s lecture on a variety of stimulating topics and other special members-only events.
- Book and materials check out within the four main UNM Libraries.
- 10% discount at many events at Popejoy Hall, all events at Keller Hall and announcements for on-and off-campus cultural events.
- Discounts to the YMCA of Central New Mexico and waiver of Joining Fee. Check www.ymcacnm.org for program information.
- 10% discount at Amore Neapolitan Pizzeria.

Joining the Osher Lifelong Learning Institute provides access to the best of UNM’s educational tradition. Osher members join a dynamic community of adults 50+ who share a common love of learning. Classes are interactive and participation is encouraged. Not only will you make discoveries that may change your life, you’ll meet many like-minded people who will become friends.

Course Information

Tuition fees vary by course, with lectures at $20 and courses ranging from $25 to $99. There may be required texts or materials fees for some courses, which will be stated in the course description.
You may take as many Osher courses as you wish each quarter. Our program features one-time lectures lasting about two hours, performances lasting several hours, and courses that range from 2 to 10 weeks long. The Fall quarter runs from September-December.

Main Locations

UNM Continuing Education
1634 University Blvd. NE, Albuquerque, NM
(just north of Indian School)
Phone: 505-925-9562

Del Webb Alegria Active Adult Community
901 Cottonwood Circle, Bernalillo, NM
(Turn east onto Santiago Way, off Rio Rancho Blvd. NE Highway 528) Phone: 505-404-8702

Jubilee at Los Lunas
601 Jubilee Blvd. SW, Los Lunas, NM 87031
Phone: 505-866-1777

La Vida Llena-Nueva Vista
11100 Lagrima de Oro NE, Albuquerque, NM 87111
Phone: 505-314-9240

Corrales Community Center
4326 Corrales Rd, Corrales, NM 87048, Behind and just north of the Police station on the east side of the road.

Tuition Remission

All Osher courses are eligible for tuition remission! UNM Staff and retirees may use tuition remission for all the Osher courses, but not for the membership fee. As of January 1, $883.92 of tuition remission may be applied to personal enrichment courses including those offered through the Osher Institute. Forms may be found online at ce.unm.edu.
Registration

Registering for Osher courses is quick and easy. You can register by phone, mail, FAX or in person: Mon–Fri, 8:00am–5:00pm in the South Building of UNM Continuing Education, 1634 University Blvd. NE. For a full list of registration instructions, see page 2.

For More Information

Maralie W. BeLonge,
Program Supervisor
505-277-6179
belonge@unm.edu

Location:
1634 University Blvd NE
Phone: 505-277-6179
Fax: 505-277-8975
Email: belonge@unm.edu
Web: ce.unm.edu/Osher

Mailing Address:
Osher
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1 University of New Mexico
Albuquerque, NM
87131-0001

Refunds

Requests to refund tuition must be made in writing and received 3 business days prior to the first class meeting. UNM Continuing Education retains $15 as a processing fee. Send or bring your request to the above address, or FAX 505-277-1990, or email ceregistration@unm.edu.

Become an OLLI Volunteer!

Members can now volunteer to help guide the direction of our Osher Lifelong Learning Institute. Contact the Osher Program Supervisor, Maralie BeLonge at 505-277-6179 or belonge@unm.edu

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Sara Mitchell and Mark Vitale
“I’ve been living with cancer for more than 20 years. Thanks to the UNM Cancer Center – it’s a great life.”

— Judy V.

ovarian and breast cancer patient

Judy has been living with cancer for more than 20 years and across three states. She received some great care, but she says none has been better than the care she receives right here at the UNM Comprehensive Cancer Center.

Learn more about Judy’s story at UNMHSLifeStories.org and cancer.unm.edu.

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UNM COMPREHENSIVE CANCER CENTER
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THE OFFICIAL CANCER CENTER OF THE STATE OF NEW MEXICO
A COMPREHENSIVE CANCER CENTER DESIGNATED BY THE NATIONAL CANCER INSTITUTE