Achieve an understanding of complementary wellness practice and therapy foundations that are growing in recognition and acceptance by consumers. Explore the wisdom of using wellness systems as a complement to current western health care practices. Our classes will help you examine practical applications for adopting these practices in your own professional life in order to assist others in achieving optimum wellness.

**Clinical Herbalism Level II Certificate**

- **38272** Clinical Case Studies in Herbalism  
  Instructor: **Sonia Masocco**  
  12 hours/6 sessions $330

- **38273** Ethics of Herbal Medicine  
  Instructor: **Sonia Masocco** (with guest presenters)  
  12 hours/6 sessions $330

- **38275** Plant Identification and Field Work  
  Instructor: **Kate Viers**  
  12 hours/4 sessions $269

Total 3 courses for 36 hours $929

*Discount Offer: We can offer 10% discount for people who enroll in 3 or more classes. A savings of $92.90*

**Family and Wellness Certificate**

*Keep Up with the Challenge of Family Wellness at All Stages*

- Herbs On The Go
- Nature as Medicine for Teens and Adults
- Golden Year Herbs

*For more information: Visit our website at ce.unm.edu.*

*Questions: Contact Loree Nalin, Program Supervisor at cehealth@unm.edu*
Clinical Case Studies in Herbalism

Clinical Case Studies is designed specifically for students that have completed clinical herbalism level I. In this class the students acquire advanced understanding of the principles and practices of clinical herbalism through discussion of client based etiology, pathology and treatment. Case studies selected from a clinical practice concerning cardiovascular, pulmonary, psychiatry, pain and specific pathologies will be presented and students will be required to devise herbal protocols, discuss indications, contraindications and drug/herb interactions with specifics as to form of preparation and posology of the herbs or preparations ultimately selected. This class requires participation and commitment.


Course: 38272 FAA-PE
12 hours Mon $330
Oct 16-Nov 20, 2017 6:00pm-8:00pm
Sonia Masocco, LDT, C.AY, CAH

Ethics of Herbal Medicine

Full disclosure, informed consent, confidentiality, professional courtesy, environmental commitment are just a few of the things required by the Code of Ethics by the American Herbalist Guild. In this class you will learn the terms, be exposed to experts in business practices and ethics, as well as networking and social media skills. This class is necessary for students wishing to establish a reputable herbal practice.

Course: 38273 SUA-PE
12 hours Tue $330
Jul 11-Aug 1, 2017 6:00pm-8:00pm

Plant Identification and Field Work

Identify, gather and preserve your herbs from the garden or the wild. Each of the 4 morning sessions, you will meet at a different field location in the Albuquerque area. Learn the foundations of field botany and plant identification and be introduced to the work herbalists do in the field. Topics include: Basic botany used for plant identification, local medicinal plant materia medica, field tools, journaling, wildcrafting and ethics. Your study of plant cycles, climate and growing conditions will deepen your connection with the plants, empowering you to interact knowledgeably and ethically with plants in the field. The Field Journal will be provided the first day of class.

Course: 38275 SUA-PE
12 hours Sat $269
Jun 17 & 24 and Jul 8 & 15, 2017 9:00am-12:00pm

Instructor

Sonia Masocco, LDT, C.AY, CAH, is a professional member of the National Ayurvedic Medical Association, the National Association of Holistic Aromatherapy as well as a member of the American Herbalist Guild. For the past 14 years, Sonia has had a private practice in Albuquerque; she also participates in lectures and conferences worldwide.

Student says...

Absolutely wonderful class. Sonia offers such a wealth of information in a relatively short amount of time. Her knowledge and skills in this field was clear from day one. I was very pleased with how much ground we were able to cover in just a few hours each week.
- Randi Ocena, student in Fall 2014
Clinical Herbalism 101 class

For more information: Visit our website at ce.unm.edu.
Questions: Contact Loree Nalin, Program Supervisor at cehealth@unm.edu