Achieve an understanding of complementary wellness practice and therapy foundations that are growing in recognition and acceptance by consumers. Explore the wisdom of using wellness systems as a complement to current western health care practices. Our classes will help you examine practical applications for adopting these practices in your own professional life in order to assist others in achieving optimum wellness.

Clinical Herbalism Level II Certificate

- **38272** Clinical Case Studies in Herbalism  
  Instructor: Sonia Masocco  
  12 hours/6 sessions  
  $389

- **38273** Ethics of Herbal Medicine  
  Instructor: Sonia Masocco (with guest presenters)  
  12 hours/6 sessions  
  $389

- **38275** Plant Identification and Field Work  
  Instructor: Kate Viers  
  12 hours/4 sessions  
  $269

Total 3 courses for 36 hours  
$1,047

Discount Offer: We can offer 10% discount for people who enroll in 3 or more classes.  
A savings of $104.70

Clinical Case Studies in Herbalism

Clinical Case Studies is designed specifically for students that have completed clinical herbalism level I. In this class the students acquire advanced understanding of the principles and practices of clinical herbalism through discussion of client based etiology, pathology and treatment. Case studies selected from a clinical practice concerning cardiovascular, pulmonary, psychiatry, pain and specific pathologies will be presented and students will be required to devise herbal protocols, discuss indications, contraindications and drug/herb interactions with specifics as to form of preparation and posology of the herbs or preparations ultimately selected. This class requires participation and commitment.


Course: 38272  
FAA-PE: Sep 10-Oct 15, 2018  
12 Hours  
Mon  
6:00-8:00PM  
$389

Instructor: Sonia Masocco

For more information: Visit our website at ce.unm.edu.  
Questions: Contact Loree Nalin, Program Supervisor at cehealth@unm.edu
Lymph Drainage Therapy

This 12-hour training will provide an overview of Lymphatic Drainage as a methodology that can be applied alongside other treatments. The course covers the history and practical application of Lymphatic Drainage in addressing specific conditions, as well as indications and contraindications. Hands-on instruction will allow students to practice the technique to enhance the natural intelligence of the body’s fluid through direct perception of lymphatic rhythm, direction, depth, and quality.

NOTE: Class is held at Sonia Masocco Phytotherapy: 11930 Menaul Blvd NE, Suite 219

Only UNM Tuition Remission should enroll in this section. All others should enroll at Sonia Masocco Phytotherapy by PHONE: 505-296-5737 or WEB: http://soniamasocco.com/home/3004479

Course: 38269  12 Hours  $425
SPA-PE Feb 23-24, 2018  Fri  2:00PM-6:00PM
Sat  9:00AM-6:00PM

Instructor: Sonia Masocco

Student Testimonial:

Sonia is so knowledgeable and knows how to inspire. Her background in Ayurveda and how to inspire. Her background in Ayurveda and understanding of herbalism makes her the best teacher I’ve ever had. How can you improve on the best? Sonia Rocks!

-Kelly Congan,
Clinical Herbalism 102 student in Spring 2017

Instructor
SONIA MASOCCHO,
LDT, C.AY, CAH

Sonia is a professional member of the National Ayurvedic Medical Association, the National Association of Holistic Aromatherapy as well as a member of the American Herbalist Guild. For the past 14 years, Sonia has had a private practice in Albuquerque; she also participates in lectures and conferences worldwide.

Free Information Sessions

Positive Psychology with Dr. Bruce Smith  Feb 17  Sa  2:00pm-3:00pm  Dr. Bruce Smith
Overview of Ayurvedic Medicine for Various Pathologies  Mar 23  Fr  TBA  Eduardo Cardona
Brown Bag: Sleep Well–Online Presentation  Apr 5  Th  12:00pm-1:00pm  Julie Staples
Ayurveda for Wellness, Resulting in Health  Apr 19  Th  6:00pm-7:00pm  Sonia Masocco
Brown Bag: Herbs for Sleep–Online Presentation  Apr 26  Th  12:00pm-1:00pm  Sonia Masocco

Visit our website: ce.unm.edu/FreshLook