

PERSONAL TRAINER



6 Easy Ways to Register



ONLINE

ce.unm.edu



EMAIL

ceregistration@unm.edu



PHONE

505-277-0077 Option 1
M-F, 8:00am-5:00pm
Most credit cards accepted.



MAIL

UNM Continuing Education
Attn: Registration
MSC07 4030
1 University of New Mexico
Albuquerque, NM 87131-0001



FAX

505-277-1990
Fax/Mail instructions:
see website.



IN PERSON

M-F, 8:00am-5:00pm
UNM Continuing Education
1634 University Blvd. NE
South Building, Room 101
(just north of Indian School)

Accelerated Fitness Trainer Clinic

You are well on your way as a fitness or sports professional. With your CPT credential or as you prepare for certification by completing a current personal trainer course, learn the direct client skills to bring your training in line with application. Your prior knowledge of human movement science, will focus these hands-on skills in a 4-day clinic with practical experience necessary to perform assessments, create individualized programs including nutrition, and behavior modification and progress your clients to their goals. New skills can be applied quickly to build clientele and increase revenue.

Course: 38231
Nov 10-13, 2017

4 sessions
9:00am-4:00pm

\$795
24 hours

Instructor: Jonathan Smith, RD, LD, NASM CPT

Location: Institute of Community Wellness and Athletics
2420 Comanche Rd. NE, Suite 61, Albuquerque, NM.
East of I-25 and West of Carlisle Blvd.

Note: Your application must be submitted prior to enrolling. Prerequisites for verification are to be 18 year or older, current certification as personal trainer or current or completed enrollment in personal trainer course, current CPR card and a resume.

It is important that you have some prior fitness training or are enrolled in our online course. The Application form is simple and easy.

CERTIFIED PERSONAL TRAINER

Steps for Success to Make It Happen

1. Enroll in Online course
2. Fill out CE Fitness Trainer Clinic form
3. Submit form to CEHealth@unm.edu
4. Enroll in course 38231 - Accelerated Fitness Trainer Clinic
5. Study hard
6. Set up NASM exam (included in tuition with Online course)

For complete list of class offerings, please see our catalog or visit our website at ce.unm.edu.



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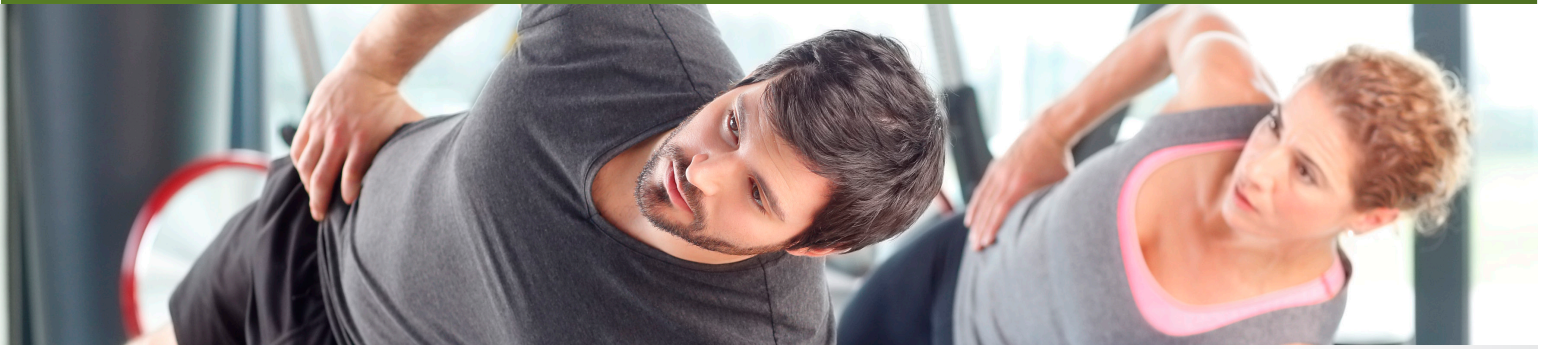
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For more information: Visit our website at ce.unm.edu.

Questions: Contact Loree Nalin, Program Supervisor at cehealth@unm.edu



PERSONAL TRAINER



“Make it Happen” is our kick off to a great new way to become a personal trainer or fitness coach.

Are you a GOAL GETTER?

Get the foundations of fitness with our online course offered through Ed2Go Careers with the National Academy of Sports Medicine (NASM) to reach your first level goal. Prepare for the NASM certification exam over the next six months for your second level goal.

NASM Certified Personal Trainer and Exam Preparation

(Voucher Included)

Want to become a leading fitness industry professional and start an exciting career helping others achieve their fitness goals? The NASM Certified Personal Trainer and Exam Preparation program is a unique online training program that helps prepare for the NASM exam, to earn one of the most respected and in-demand certifications in the health and fitness industry. You will use a robust set of available resources (videos, presentations, readings, quizzes, activities) to master health and fitness topics, including nutrition, program design, human movement science, fitness assessments, among others.

This program includes exam preparation, all study materials, as well as the certification exam fee. The NCCA accredited NASM CPT Personal Trainer Exam is taken at a local testing center (PSI), and you can schedule your exam date after completion of the program.

Ed2Go: GES146

**Online
80 hours**

**Register anytime
\$1,295**

<http://careertraining.ed2go.com/unm/training-programs/nasm-cpt>



We offer a wide variety of Health, Fitness & Yoga courses such as alternative methods to strength and yoga training, yoga for athletes, salsa aerobics or beginning tennis. Try a new way to keep fit.

See our website for Personal Enrichment—Health & Fitness and Yoga. ce.unm.edu/enrichment/classes/health-fitness.php

Quick Facts: Fitness Trainers/Instructors

2016 Median Pay	\$38,160 per year \$18.34 per hour
Entry Level Education	High school diploma or equivalent
Work Experience in a Related Occupation	None
On-the-Job Training	Short-term on-the-job training
Number of Jobs, 2012	299,200
Job Outlook, 2012-22	10% (As fast as average)

ADDITIONAL ONLINE COURSES

NASM Corrective Exercise Specialist
(CES) (Exam Included)
6 months / 60 Course Hours
\$695

NASM Performance Enhancement
(Vouchers Included)
6 Months / 60 Course Hours
\$695

Advanced Personal Fitness Trainer
9 Months / 400 Course Hours
\$2,795

Personal Training and Group Exercise Training: Older Adults
6 Months / 200 Course Hours
\$2,595

Fitness Business Management
6 Months / 200 Course Hours
\$2,595

Nutrition for Optimal Health, Wellness, and Sports
6 Months / 200 Course Hours
\$2,595



For More Information: Visit our website at ce.unm.edu or contact Loree Nalin, Program Supervisor, Health & Wellness Professions

Office Hours: Mon-Fri | 8am-4:30pm | **Phone:** (505) 277-6025 | LNalin@unm.edu



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