**PERSONAL TRAINER**

**6 Easy Ways to Register**

**ONLINE**
ce.unm.edu

**EMAIL**
ceregistration@unm.edu

**PHONE**
505-277-0077 Option 1
M-F, 8:00am-5:00pm
Most credit cards accepted.

**MAIL**
UNM Continuing Education
Attn: Registration
MSC07 4030
1 University of New Mexico
Albuquerque, NM 87131-0001

**FAX**
505-277-1990
Fax/Mail instructions: see website.

**IN PERSON**
M-F, 8:00am-5:00pm
UNM Continuing Education
1634 University Blvd. NE
South Building, Room 101
(just north of Indian School)

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**Accelerated Fitness Trainer Clinic**

You are well on your way as a fitness or sports professional. With your CPT credential or as you prepare for certification by completing a current personal trainer course, learn the direct client skills to bring your training in line with application. Your prior knowledge of human movement science, will focus these hands-on skills in a 4-day clinic with practical experience necessary to perform assessments, create individualized programs including nutrition, and behavior modification and progress your clients to their goals. New skills can be applied quickly to build clientele and increase revenue.

**Course:** 38231 4 sessions $795
**Nov 10-13, 2017 9:00am-4:00pm 24 hours**

**Instructor:** Jonathan Smith, RD, LD, NASM CPT

**Location:** Institute of Community Wellness and Athletics
2420 Comanche Rd. NE, Suite 61, Albuquerque, NM.
East of I-25 and West of Carlisle Blvd.

**Note:** Your application must be submitted prior to enrolling. Prerequisites for verification are to be 18 year or older, current certification as personal trainer or current or completed enrollment in personal trainer course, current CPR card and a resume.

It is important that you have some prior fitness training or are enrolled in our online course. The Application form is simple and easy.

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**CERTIFIED PERSONAL TRAINER**

**Steps for Success to Make It Happen**

1. Enroll in Online course
2. Fill out CE Fitness Trainer Clinic form
3. Submit form to CEHealth@unm.edu
4. Enroll in course 38231 - Accelerated Fitness Trainer Clinic
5. Study hard
6. Set up NASM exam (included in tuition with Online course)

For complete list of class offerings, please see our catalog or visit our website at ce.unm.edu.

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**For more information:** Visit our website at ce.unm.edu.

**Questions:** Contact Loree Nalin, Program Supervisor at cehealth@unm.edu
We offer a wide variety of Health, Fitness & Yoga courses such as alternative methods to strength and yoga training, yoga for athletes, salsa aerobics or beginning tennis. Try a new way to keep fit.

See our website for Personal Enrichment—Health & Fitness and Yoga. ce.unm.edu/enrichment/classes/health-fitness.php

Quick Facts: Fitness Trainers/Instructors

<table>
<thead>
<tr>
<th>2016 Median Pay</th>
<th>Entry Level Education</th>
<th>Work Experience in a Related Occupation</th>
<th>On-the-Job Training</th>
<th>Number of Jobs, 2012</th>
<th>Job Outlook, 2012-22</th>
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</thead>
<tbody>
<tr>
<td>$38,160 per year</td>
<td>High school diploma or equivalent</td>
<td>None</td>
<td>Short-term on-the-job training</td>
<td>299,200</td>
<td>10% (As fast as average)</td>
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<tr>
<td>$18.34 per hour</td>
<td></td>
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NASM Corrective Exercise Specialist (CES) (Exam Included)
6 months / 60 Course Hours
$695

NASM Performance Enhancement (Vouchers Included)
6 months / 60 Course Hours
$695

Advanced Personal Fitness Trainer
9 months / 400 Course Hours
$2,795

Personal Training and Group Exercise Training: Older Adults
6 Months / 200 Course Hours
$2,595

Fitness Business Management
6 Months / 200 Course Hours
$2,595

Nutrition for Optimal Health, Wellness, and Sports
6 Months / 200 Course Hours
$2,595

Additional Online Courses

For More Information: Visit our website at ce.unm.edu or contact Loree Nalin, Program Supervisor, Health & Wellness Professions
Office Hours: Mon-Fri | 8am-4:30pm | Phone: (505) 277-6025 | LNalin@unm.edu