Five Locations to Serve You

• Advance Planning
• Complimentary Grief Counseling
• Complimentary Aftercare Workshop - settling estate matters

505.843.6333
www.FrenchFunerals.com
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Registration Form for Osher Courses

Phone: Call our Registration office at 505-277-0077 and charge it to your VISA, MasterCard, Discover or American Express.

Fax: Fax this registration form to our office at 505-277-1990.

Mail: Make your check or money order payable to UNM Continuing Education and mail the payment along with this form to UNM Continuing Education, MSC07 4030, 1 University of New Mexico, Albuquerque, NM 87131-0001.

In Person: M-F, 8:00am-5:00pm, come to the UNM Continuing Education Complex south building at 1634 University Blvd. NE and register in person.

Please register me for the following courses: (Please Print)

Osher Membership Fee: $20

1) Course Title ____________________________
   Course # __________ Section # __________ Cost ______

2) Course Title ____________________________
   Course # __________ Section # __________ Cost ______

3) Course Title ____________________________
   Course # __________ Section # __________ Cost ______

Name ______________________________________
Address ______________________________________
City ____________________________ State ______ Zip _________
Phone (day) _______________ (evening) _________________
Email ____________________________

UNM Alumni □ Yes (10% discount on OLLI classes) □ No

If using a company Purchase Order or Tuition Remission, the form must accompany this registration application, or your registration will not be processed.

Register at 505-277-0077 ce.unm.edu/Osher
Winter 2017 Osher Calendar

This calendar lists courses by starting date. You can use it as a handy reference throughout the quarter. For a full description including length and time, look things up by Course Number in the pages of this Osher catalog.

Location key: CH = Cherry Hills Library; CC = Corrales Community Center; DW = Del Webb Alegria; DC = Duke City Bridge Club; HD = High Desert Yoga; LL = Jubilee Los Lunas; NV = Nueva Vista; VT = Vortex Theatre

### January

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<td>Paid Markets</td>
<td>2 weeks</td>
<td>40</td>
</tr>
<tr>
<td>Mar 13</td>
<td>M</td>
<td>19610</td>
<td>Medieval Music</td>
<td>Lecture</td>
<td>43</td>
</tr>
<tr>
<td>Mar 13</td>
<td>M</td>
<td>19612</td>
<td>Cold War Music (Section B)</td>
<td>Lecture</td>
<td>44</td>
</tr>
<tr>
<td>Mar 14</td>
<td>T</td>
<td>19429</td>
<td>AMC and WGN</td>
<td>Lecture</td>
<td>20</td>
</tr>
<tr>
<td>Mar 14</td>
<td>T</td>
<td>19846</td>
<td>Religion and War</td>
<td>Lecture</td>
<td>58</td>
</tr>
<tr>
<td>Mar 14</td>
<td>T</td>
<td>19875</td>
<td>Living Resilient Lives</td>
<td>3 weeks</td>
<td>61</td>
</tr>
<tr>
<td>Mar 15</td>
<td>W</td>
<td>19502</td>
<td>Beowulf</td>
<td>2 weeks</td>
<td>31</td>
</tr>
<tr>
<td>Mar 15</td>
<td>W</td>
<td>19743</td>
<td>Mushroom Toxicology</td>
<td>Lecture</td>
<td>52</td>
</tr>
<tr>
<td>Mar 16</td>
<td>Th</td>
<td>19222</td>
<td>German Reunification</td>
<td>Lecture</td>
<td>12</td>
</tr>
<tr>
<td>Mar 16</td>
<td>Th</td>
<td>19649</td>
<td>Kicking the Gong</td>
<td>Lecture</td>
<td>47</td>
</tr>
<tr>
<td>Mar 16</td>
<td>Th</td>
<td>19500</td>
<td>Leslie Silko (Section C)</td>
<td>Lecture</td>
<td>30</td>
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<tr>
<td>Mar 17</td>
<td>F</td>
<td>19908</td>
<td>Dublin</td>
<td>Lecture</td>
<td>66</td>
</tr>
<tr>
<td>Mar 17</td>
<td>F</td>
<td>19510</td>
<td>The Brownings</td>
<td>2 weeks</td>
<td>32</td>
</tr>
<tr>
<td>Mar 17</td>
<td>F</td>
<td>19494</td>
<td>The San Patricios</td>
<td>Lecture</td>
<td>28</td>
</tr>
<tr>
<td>Mar 20</td>
<td>M</td>
<td>19402</td>
<td>Propaganda and Posters</td>
<td>Lecture</td>
<td>17</td>
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<tr>
<td>Mar 20</td>
<td>M</td>
<td>19936</td>
<td>On the Road to…</td>
<td>Lecture</td>
<td>68</td>
</tr>
<tr>
<td>Mar 21</td>
<td>T</td>
<td>19932</td>
<td>Scotland</td>
<td>3 weeks</td>
<td>67</td>
</tr>
<tr>
<td>Mar 22</td>
<td>W</td>
<td>19462</td>
<td>Thirty Years War</td>
<td>3 weeks</td>
<td>21</td>
</tr>
<tr>
<td>Mar 22</td>
<td>W</td>
<td>19741</td>
<td>Mushroom Collecting</td>
<td>Lecture</td>
<td>51</td>
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<tr>
<td>Mar 23</td>
<td>Th</td>
<td>19117</td>
<td>Feng Shui</td>
<td>Lecture</td>
<td>10</td>
</tr>
<tr>
<td>Mar 23</td>
<td>Th</td>
<td>19519</td>
<td>In the Moment: Writing Scene</td>
<td>6 weeks</td>
<td>33</td>
</tr>
<tr>
<td>Mar 23</td>
<td>Th</td>
<td>19500</td>
<td>Zora Neale Hurston (Section D)</td>
<td>Lecture</td>
<td>30</td>
</tr>
<tr>
<td>Mar 23</td>
<td>Th</td>
<td>19425</td>
<td>Stories of the Titanic</td>
<td>2 weeks</td>
<td>19</td>
</tr>
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<td>Mar 24</td>
<td>F</td>
<td>19568</td>
<td>Freewriting Fun</td>
<td>Lecture</td>
<td>37</td>
</tr>
<tr>
<td>Mar 30</td>
<td>Th</td>
<td>19500</td>
<td>Magical Realism (Section E)</td>
<td>Lecture</td>
<td>31</td>
</tr>
</tbody>
</table>
Osher charges less than $30 for many of its courses and free activities abound. Additional member benefits and inclusion in the Osher Community are included in the $20 Annual Membership fee. To keep our program accessible to all and our fees low, we encourage contributions from people like you.

Lifelong learning is essential for cognitive health and overall wellness. As we develop Osher as a place to be for new ideas, free public forums and a myriad of creative outlets, we want to explore how education can serve people throughout their lives. We welcome your input and suggestions.

Please give as generously as you can.

Donating is Easy:

- Sign up to make a donation on the UNM Foundation Website: https://www.unmfund.org/fund/isher-lifelong-learning-instituteolli-at-unm/
- Checks should be made payable to the University of New Mexico Foundation and designate the contribution to be utilized for the Osher Lifelong Learning Institute at UNM and sent to:

  UNM Foundation  
  MSC07 4260,  
  1 University of New Mexico  
  Albuquerque, NM 87131-0001

  Phone: 505-277-4503 / 1-800-UNM-FUND (866-3863)  
  Fax: 505-277-4435

- Your contribution is tax deductible.

Thank you from all of us at UNM Continuing Education and the more than 1,500 members served annually by the Osher Lifelong Learning Institute at the University of New Mexico.
Winter 2017
FREE Osher Membership Events

Admission is Free for Osher Members. These events are a wonderful way to introduce a friend, family member or colleague to the value of the Osher Lifelong Learning Institute at the University of New Mexico.

A Taste of Osher at Del Webb
Jan 12, Thu | 10:00am-Noon
Del Webb Alegria
Instructors: Various

The Value of the Living Will
Feb 27, Mon | 3:30-5:30pm
UNM CE South Building
Instructor: Walter Forman, MD

Legislative Advocacy and You
Jan 12, Thu | 2:00-4:00pm
UNM CE South Building
Instructor: Fran Ahern Smith, DNSc

Maximilian and Carlota in Mexico
March 27, Mon | 3:30-5:30pm
UNM CE South Building
Instructor: John Bratzel, PhD

The Ins and Outs of Reverse Mortgage
Jan 23, Mon | 10:00-Noon
UNM CE South Building
Instructor: Ken Giere

Having the Conversation...
Who, How and When?
Apr 4, Tue | 1:00-3:00pm
UNM CE South Building
Instructors: Revathi A. Davidson, MA & Joan McIver Gibson, PhD

Osher at the Movies Love Gone Wrong… A Celebration of Heartache in Cinema
All through Feb | Various Times
UNM CE South Building

How to do Genetic Genealogy Correctly? (A workshop on Family History)
Apr 21, Fri | 3:30-5:30pm
UNM CE South Building
Instructor: Angelo Cervantes

Do you have an idea for a future Osher Membership Event?
Contact Maralie BeLonge at 505-277-6179 or belonge@unm.edu
Welcome to the Osher Lifelong Learning Institute at The University of New Mexico!

In partnership with the Bernard Osher Foundation, we are pleased to present our Winter catalog of courses, lectures and performances for mature adults.

Through our Osher courses, seasoned learners are encouraged to explore where they are at this juncture in their lives. These offerings are intellectually challenging, psychologically probing and spiritually engaging.

We feature the leadership and expertise of UNM’s most recognized scholars and other experts. Click on Meet Our Instructors to read their biographies on the website at ce.unm.edu/Osher.

The Osher Foundation

The Bernard Osher Foundation was founded in 1977. Bernard Osher is a community-oriented businessman whose philanthropy has greatly benefited 119 universities that are now funded as Osher Lifelong Learning Institutes. Assisted by his wife Barbro (Swedish Consul in San Francisco and Chair of the Osher Board of Directors), Bernard Osher helps these universities to establish intellectually stimulating learning opportunities for mature participants. The Osher Lifelong Learning Institute at UNM is the only one in New Mexico.
Art & Art History

Archaeology of the Orkney Islands
Brochs and broughs. Maes Howe, Mid-howe and Mine Howe. Skara Brae and the Ness of Brodgar. What the heck? The Orkney Islands are about as north as you can get and still be in Scotland. It’s a cold, windy, beautiful, green place where people have been living for thousands of years. We’ll explore a variety of archaeological treasures found on these remote islands.

Course: 19115 $20 For: 1 session
WIA-PE: Jan 27 F 1:00pm-3:00pm
CE South Building
Carol P. Chamberland, Artist and Videographer

A Sampler of Women Artists
We’ve all heard about Georgia O’Keefe, but there are plenty of other women artists who deserve our attention. The classic books used to teach Art History have routinely ignored women. I wish to make a tiny dent in this ongoing injustice. This class will be a sampler of a few favorites. It will by no means be an exhaustive study—two hours just begins to scratch the surface of this topic.

Course: 19116 $20 For: 1 session
WIA-PE: Feb 17 F 1:00pm-3:00pm
CE South Building
Carol P. Chamberland, Artist and Videographer
Feng Shui in the Garden

Feng Shui, Bagua map, Black Hat school—what are these doing in my garden? Come along and explore the principles of Feng Shui as we endeavor to apply them to the gardens of our life, both the literal outdoor one and the one we’re growing within. We’ll begin by adopting an “intuitive” approach as we learn to create a design for a real Feng Shui garden via five basic principles: Energy, 5 Elements, Bagua, Balance & Enhancements and Connectivity. Additional elements covered will include: the power of color, shape, symbols, intention and purpose and their impact in our daily lives. We’ll finish by practicing how to balance our inner and outer “gardens” by using the Bagua map—as we cleanse our environments to make space for inspiration, creativity, harmony, purpose and beauty.

Note: A materials fee of $2.00 is payable to the instructor at the beginning of class.

Course: 19117 $20 For: 1 session
WIA-PE: Mar 23 Th 4:00pm-6:00pm
CE South Building
Tj Reilley, MA, Philosopher & Novice Feng Shui Gardener

The Art of Antiquity: The Art of Ancient Etruria and Rome

The Etruscan Civilization lived and flourished between c. 1,000 BCE and 100 BCE in present-day Italy. The culture existed simultaneously with that of Ancient Greece. To this day, scholars are baffled as to the origins of the Etruscans and what remains of their culture. The clues may be found in their tombs embellished with paintings and long-buried artifacts. We will explore the early Roman architecture that symbolized the onset and development of their legacy and their mighty empire.

Course: 19119 $20 For: 1 session
WIA-PE: Feb 6 M 10:00am-12:00pm
CE South Building
Susan Bailey, Art History Instructor, Mills College, San Francisco State University
The Art of Antiquity: The Art of Ancient Rome

The enduring art and architecture of ancient Rome were commissioned to flaunt their might as an empire and the power of their emperor. We will survey the commemorative and propagandist works of the Roman Empire in their monumental temples and other building projects around Rome, Pompeii and their territories. We will transition and conclude with art after the fall of the Roman Empire with early Christian and Byzantine works.

Course: 19136 $20 For: 1 session
WIA-PE: Feb 6 M 1:30pm-3:30pm
CE South Building

Susan Bailey, Art History Instructor, Mills College, San Francisco State University

Unveiling Latin American Culture through Paintings

We will indulge our senses while admiring the paintings of two main artistic exponents from Cono Sur; the remarkable Carlos Paez Vilaro (Uruguay) and Benito Quinquela Martin (Argentina). Their art depicts customs, tradition and culture of a particular segment of society in each of the countries where they were born. Interaction and comments from participants will be encouraged and appreciated.

Course: 19140 $20 For: 1 session
WIA-PE: Feb 15 W 3:30pm-5:30pm
CE South Building

Matilde Machiavello, Storyteller and Workshop Leader

Our instructors come with a wide variety of backgrounds, experiences and influences. We strive to provide diverse views while maintaining the highest quality and academic excellence in all classes. The views of the instructors and their guests are their own and do not necessarily reflect nor represent the views of the University of New Mexico or the Osher Lifelong Learning Institute (OLLI) at UNM.
Current Events

Foreign Policy and Current Events

Participants will better understand issues in foreign policy and current events by reading and discussing analyses from a broad cross-section of the world press, academic blogs and policy think tanks. The facilitator will supply core materials for discussions but welcomes other materials from participants. All points of view are welcome, especially constructive and civil rebuttals. Because the world is in such flux, the topics will not be finalized until a month or so before the first meeting. Each group is limited to 16 participants to maximize opportunities for active participation.

Course: 19207 $69 For: 8 sessions
WIA-PE: Feb 6-Apr 3 M 9:30am-11:30am
CE South Building
Note: Class will not meet Feb 20.

WIB-PE: Feb 6-Apr 3 M 1:30pm-3:30pm
Cherry Hills Public Library
Note: Class will not meet Feb 20.

Jim Munroe, trained facilitator for “Great Decisions”

A Primer in German Reunification

Throughout history, the borders of countries have changed like the tide. Countries have been forcibly formed by colonial powers and divided by external powers. Many times this has happened against the will of the population. German unification was initially achieved with the formation of the German Empire in 1871 under the leadership of Prussian Chancellor Otto von Bismarck only to be divided by the victorious allies following WW II. In this lecture, we’ll discuss the history leading up to the division of Germany. After the division of Germany, we’ll focus on the economic, military, political, legal and social/cultural effects that resulted from 45 years of division and identify the difficulties associated with reunifying a country. We’ll
use critical thinking to aid in explaining why these events took place and why after 25 years there are still unresolved issues.

Course: 19222 $20 For: 1 session
WIA-PE: Mar 16 Th 6:00pm-8:00pm
CE South Building

Professor Timothy Goloversic, Maj. US Army (Ret.), MBA; UNM Honors College

Iraq: Can 1+1+1 ever equal 1?
We’ll examine how the geography, religions, conquests and colonialism of Mesopotamia and Islam led to the formation of the country of Iraq by a League of Nations mandate. Travel from the great schism in Islam to the current post-Iraq War situation formed in part by the implementation of the US-led Provisional Coalition Authority to the birth of ISIS. How and why did a country formed with three different, distinct peoples, the Sunni, Shiites and Kurds survive? Can Iraq continue in its present form? Will the current civil war in Syria and the spread of ISIS destroy Iraq?

Course: 19225 $20 For: 1 session
WIA-PE: Feb 6 M 6:00pm-8:00pm
CE South Building

Professor Timothy Goloversic, Major US Army (Ret.), MBA; UNM Honors College

Edward Snowden: National Security Traitor or Privacy Freedom Fighter?
Starting in June 2013, Edward Snowden began a series of leaks describing the wide ranging surveillance programs of the National Security Administration (NSA). This resulted in the government charging him with espionage and theft of government property while the privacy advocate community awarded him the Sam Adams Award and other commendations. This presentation will review the arguments for both sides of this debate.
American Nuremberg

The recent release of the Chilcot Report by the British Government detailed the failures of the Blair administration to adequately safeguard British values and interests in the lead-up to the 2003 invasion of Iraq and the subsequent occupation and insurgency. *American Nuremberg* by Rebecca Gordon details the case against members of the George W. Bush administration in the 2003 invasion of Iraq and the subsequent counter-insurgency campaign. American officials systematically violated the UN Charter, the Geneva Conventions and international treaties the US has signed that outlawed torture. According to Gordon, if American leaders faced a legitimate tribunal, the evidence is there for convictions on a number of counts. Further, even the Obama administration would not walk away unscathed. How compelling is Gordon’s evidence? Would such a trial be useful? How would such a tribunal come about?

Aftermath: Campaign 2016

As a new President and Congress take office in January 2017, what are the policies and priorities of the American government likely to be after the raucous 2016 Campaign? Are we finally on the path to prosperity and healing divisions of our society or will the dysfunction and rancor of the last eight years continue? If there was a Clinton landslide, did the Democrats win enough seats in the Senate and House of Representative to enact a Progressive agenda? Of the many items on her platform, which would
be her immediate priorities? On the other hand, if the polls are wrong and Donald Trump snatches victory from the jaws of defeat, what would be his priorities?

**Course: 19280**  
$20  
For: 1 session  
WIA-PE: Jan 31  
T  
10:00am-12:00pm  
La Vida Llena/Nueva Vista Community Room  
*Ramon Flores, MA in Cultural Pluralism*

**We the People: The Constitution and You**

This class is a survey of the United States Constitution. Students will participate in the discussions of major cases and their impact upon the nation and the people will be debated. Politics and judicial activism as they affect the court’s interpretation of the Constitution, including politics and judicial activism will be discussed, as will Supreme Court decisions by a 5-4 vote and the relevance of two or more appellate courts arriving at different conclusions on similar issues. The focus of the survey will be the first three articles establishing the three branches of the national government and the Bill of Rights, restricting the powers of the national government and granting citizens’ rights and privileges that include freedom of speech, the press and religion.

**Course: 19298**  
$49  
For: 4 sessions  
WIA-PE: Feb 1-22  
W  
1:30pm-3:30pm  
CE South Building  
*Jose Toro, JD, Col., USAF (Ret.)*

**Here Comes Generation Z**

For years, we’ve read books and articles trying to understand the Millennials. Generation Z is loosely defined as those individuals born from 1993—2010. According to *Forbes*, in 2015, Generation Z made up 25% of the U.S. population, making them a larger demographic than either the Boomers or Gen X. What are the similarities and differences between the generations? Gen Z has numbers, buying power and high expectations. What will be the impact of this latest and largest generation on our society,
our culture and our politics? Will the generation following Generation Z be called Generation AA?

**Course:** 19299 $20 For: 1 session
**WIA-PE:** Jan 17 T 10:00am-12:00pm
**CE South Building**

*Howard Romanek, History/International Studies Instructor, Illinois State University (Ret.)*

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**Economics & Finance**

**Savvy Social Security for Boomers**

Social Security planning is complex. This course will teach you how Social Security works so you can avoid costly mistakes and maximize your family’s benefit. This significant asset offers you: a lifetime annuity, cost-of-living adjustments and right of survivorship. We’ll explore answers to the following questions: Will social security be there for me? How much can I expect to receive? When should I apply for Social Security benefits? How can I maximize my benefits? Will Social Security be enough to live on? Social Security is too important for guesswork. Treat this resource as a significant asset and maximize it to the greatest extent possible. The application of knowledge is power!

**Course:** 19371 $20 For: 1 session
**WIA-PE:** Jan 28 Sa 12:30pm-2:30pm
**CE South Building**

*Doug Lindsey, Certified Financial Planner™*
Savvy Medicare Planning for Baby Boomers

A health care crisis is looming in this country and it’s essential for baby boomers to understand what they need to do to financially prepare. This workshop will cover how Medicare enrollment periods work and how to avoid late-enrollment penalties; how much you can expect to pay in healthcare costs after going onto Medicare; how Medicare works with private insurance; why most people pay too much for private insurance; and how you can avoid excess costs. Additionally, we’ll discuss why you must plan for higher healthcare costs in retirement, including the possibility of needing long-term care.

Course: 19372 $20 For: 1 session
WIA-PE: Jan 28 Sa 3:00pm-5:00pm
CE South Building
Doug Lindsey, Certified Financial Planner™

History

Propaganda and Posters – Weapons of Mass Communication

During World War II America used propaganda posters to encourage citizen support for the war effort. United States poster propaganda differed from that of its allies in that the US posters stayed mostly positive in their messages—focusing on duty, patriotism and tradition, whereas those of other countries focused on fueling the people’s hatred for the enemy. The United States produced almost 200,000 different propaganda posters during the war, more than any other country. Patriotism became the central theme, with large scale campaigns to sell war bonds, promote efficiency in factories, encourage military recruiting, reduce ugly rumors and maintain civilian morale. In
an age before television, the government insisted that its actions were not propaganda but rather a visual means of providing information. We’ll examine a sampling of those posters and the messages they meant to convey.

Course: 19402 $20 For: 1 session
WIA-PE: Mar 20 M 1:00pm-3:00pm
CE South Building

Dick Blankmeyer, BA, Social Studies; Avid investigator of American social issues


If there’s a President of the United States to thank (or blame, depending on one’s perspective) for developments such as the proliferation of youth sports and the revelry of Super Bowl Sunday, it’s Theodore Roosevelt. During the Roosevelt administration (1901-1909), the first World Series took place, interscholastic sports began, basketball and tennis became organized sports, the high-profile Mills Commission created the “Doubleday Myth” and declared baseball America’s “National Pastime,” the NCAA formed, both bicycling and pedestrianism crazes took hold and the United States hosted the Olympic Games, in 1904, for the first time. Come learn more about Roosevelt’s involvement in American sports!

Course: 19415 $20 For: 1 session
WIA-PE: Feb 9 Th 1:00pm-3:00pm
CE South Building

Ryan Swanson, PhD, Asst. Professor, Author and Faculty Director, Lobo Scholars Program

Triangle Shirtwaist Factory Fire

On March 25, 1911, 146 garment workers—123 women and 23 men—found themselves trapped on the eighth, ninth and tenth floors of their factory. The owners had
locked the doors to the stairwells and exits to prevent unauthorized breaks and to reduce theft. Those who were not overcome by smoke inhalation or flames jumped from windows only to die on the pavement below. The fire in the Triangle Shirtwaist Factory is the deadliest industrial disaster in the history of New York City, but it led to improved factory safety standards and resulted in growth of the International Ladies’ Garment Workers’ Union. Join us in one of New York’s worst sweatshops as fire changed industrial America.

Course: 19417  $20  For: 1 session
WIA-PE: Feb 28  T  3:30pm-5:30pm
CE South Building

Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher

Stories of the Titanic

There have been memoirs, memorials, movies, books and now a 3D experience about the first “unsinkable ship.” Her passengers included some of the wealthiest people in the world as well as immigrants from Great Britain, Scandinavia and Europe. Even though this is one of the deadliest maritime disasters in history, what captured the world’s attention were the stories of its passengers. Who were they? Why were they traveling? What were their fates? Join Jane and Bobbie as we explore the music, the class distinctions and the mythology of the Titanic.

Course: 19425  $29  For: 2 sessions
WIA-PE: Mar 23-30  Th  3:30pm-5:30pm
CE South Building

Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher

Jane Ellen, Composer, Lecturer, Performing & Recording Artist
A Comparative Analysis of Virtues and Shortcomings of AMC’s *Hell on Wheels* and WGN’s *Manhattan*

What constitutes a well-made historical dramatic series on television? Even the best presentation of large historical events such as the building of The First Transcontinental Railroad or the Manhattan Project require some fictional characters and fictional dramatic situations. In this presenter’s humble opinion, one of these series is a brilliant historical drama while the other falls considerably short in spite of a very talented cast and writers. In terms of approach, what kind of narration leads to success and which to a less than successful series?

**Course:** 19429  $25 **For:** 1 session

**WIA-PE:** Mar 14  T  1:00pm-4:00pm

**Del Webb Alegria—Active Adult Community**

*Ramon Flores, MA in Cultural Pluralism*

**Walk - and Be Buried - Like an Egyptian**

King Tut died at the age of nineteen after ruling for ten years. His reign was of little importance, but he became one of the most famous of the pharaohs thirty-two centuries after his death when archaeologist Howard Carter discovered his intact tomb in 1922. Although small, the tomb was filled with treasure, including his intact burial mask, coffins and sarcophagus, expanding knowledge about customs and burial practices. How did Carter find the tomb? Why were there similarities between the burials of King Tut and Jesus? Did Egyptians really mummify their pets? What’s the connection between King Tut and *Downtown Abbey*? (It’s not the Egyptian-motif wallpaper.) Join us as we unwrap the answers to all these questions.
20th Century: The Great Depression and WWII

Course: 19433 $25 For: 2 sessions
WIA-PE: Jan 26-Feb 2 Th 2:00pm-4:00pm
CE South Building

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Roberta Boggess, MA, Linguistics, Award-Winning
High School Teacher

In the Shadow of the Workhouse
With the Industrial Revolution, Great Britain shifted from and agrarian to an industrial-based economy. People migrated to urban-centers. The population grew from 10.5 million in 1801 to 45 million in 1901. The problem of poverty became almost insurmountable. Great Britain’s solution was the workhouse—basically a prison for the “crime” of being poor. Being old, infirm, a child, mentally or physically disabled, pregnant, evicted or underemployed were not factors that counted. Being poor was God’s punishment for flaws in character and those so-called flaws should be sequestered and controlled. Fear of the workhouse dominated the lives of the majority in Great Britain. Learn about a Christian institution that was anything but.

Course: 19461 $20 For: 1 session
WIA-PE: Mar 8 W 3:30pm-5:30pm
CE South Building

Roberta Boggess, MA, Linguistics, Award-Winning
High School Teacher

1618: The Year of the Three Comets and the Thirty Years War

The red, long-tailed “Angry Star” made its appearance soon after a handful of irate Czech Protestants, acting in defense of their peculiar liberties, unceremoniously threw out the window of Prague’s castle representatives of the Catholic Holy Roman Emperor. This defiant act of “defenestration” resulted in a series of devastating wars that involved almost all of the major powers in Europe. While virtually forgotten today, the Thirty Years War became the last gasp
of the continental wars of religion and refashioned the political and intellectual climate of Europe. We will explore the cause of the conflict, its major prosecutors such as Wallenstein, Gustavus Adolphus, Mansfeld, Pappenheim and Tilly; its consequences for the ordinary people; and its lessons for today’s unquiet times.

Course: 19462 $39 For: 3 sessions
WIA-PE: Mar 22-Apr 5 W 7:00pm-9:00pm
CE South Building
Hana Samek Norton, PhD

What Happened in Germany, 1933-1945?
Seventy-two years after the defeat of Nazi Germany, debates still rage about what led to the rise of Hitler’s Third Reich and the German people’s response to Nazi rule. To better understand what was happening in Germany, one must examine also what was happening in the United States and Western Civilization during this period. Could such a horror occur again and does the ghost of Hitler still haunt the world landscape today?

Course: 19466 $25 For: 2 sessions
WIA-PE: Feb 20-27 M 1:00pm-3:00pm
Corrales Community Center
Howard Romanek, History/International Studies
Instructor, Illinois State University (Ret.)

Assassins in America:
Attacks on our Presidents
A discussion of assassin attacks on the Presidents of the United States, from 1835 to the present. Subjects to be covered include: the circumstances surrounding the victim and the background of the assassin (plan, motive, weapon(s) used and outcome). Also covered will be some non-Presidential political figures who were also the victim of assassin attacks. Cases that will be discussed include:

Course: 19468 $20 For: 1 session
WIA-PE: Jan 30 M 10:00am-12:00pm
CE South Building

John H. Trestrail, III, BS, Pharm, FAACT, DABAT, Clinical & Forensic Toxicologist, Author, Speaker

The Panama Canal: Carter–Torrijos Treaties and the Forgotten Pages of US History

Revisit dramatic moments of US and Panamanian history. Listen to the story of the two treaties signed by the United States and Panama in Washington, D.C., on September 7, 1977, which abrogated the Hay-Bunau-Varilla Treaty of 1903. The treaties guaranteed that Panama would gain control of the Panama Canal after 1999, ending the control of the canal that the US had exercised since 1903.

Course: 19469 $20 For: 1 session
WIA-PE: Jan 24 T 3:30pm-5:30pm
CE South Building

Marina Oborotova, PhD, Director, Albuquerque International Association

Latin America in the Cold War Era

Historians are reassessing Latin America in world politics during the Cold War era. We will read about and discuss the region’s governments and peoples, their relationships to each other and to the US and former Soviet Union, as well as how the dynamics of the Cold War shaped internal politics. These latter include the not-so-cold “proxy” wars that raged across the region, the spread of military dictatorships, “dirty wars” and vicious repression. We’ll also discuss the vibrant and inspirational grassroots organizing in opposition. If time allows, we will also view and discuss a few film clips, likely *Gringo in Mañanaland*, *When the Mountains Tremble*, *The Official Story*, *Romero*. Recom-

Course: 19474    $65    For: 6 sessions
WIA-PE: Feb 6-Mar 13    M    3:30pm-5:30pm
CE South Building

*Nelly Blacker-Hanson, PhD*

**Tudor-Stuart England, 1485-1714**

Between the long-lasting popularity of the works of Shakespeare to the more recent popularity of TV and film dramas about the Tudor and Stuart monarchs, the Tudor-Stuart period is one of the best known eras in English history. Beginning with the accession of Henry VII, the first Tudor king, in 1485 and ending with the death of Anne, the last Stuart queen, in 1714, this roughly 230-year period in English history includes a number of notable and even infamous events, such as the English Reformation, the attack of the Spanish Armada, the English Civil War, the Glorious Revolution and the unification of England and Scotland. It was during this period that England started down the path that would lead to the British Empire encompassing lands as far flung as the Americas, Australia, India, China, Africa and the Middle East. With the creation of the British Empire, English/British culture began to spread out to all these regions of the world, to the ultimate effect that a majority of the modern world still views the English language as a common tongue. We’ll focus on the political history of this period as well as the social and cultural aspects of that history, with a particular emphasis on how these important events (and more!) shaped England, the British Empire and the world.

*Lizabeth Johnson*
Medieval Germany

When the Romans first came into contact with the Germans in the 1st century BCE, they described the Germans as uncivilized barbarians. The Germans were grouped into tribes, some small and some large, in which chieftains, priests and warriors had political, spiritual and military powers but otherwise were little distinguished from ordinary farmers and craftspeople. Once introduced to Roman culture, however, the Germanic tribes became far more hierarchical, embraced writing and converted to Christianity. Once the western half of the Roman Empire collapsed, Germanic tribes moved into Rome’s former provinces, including Italy, Spain, Gaul (France) and Britain and established a handful of kingdoms that would eventually become western Europe as we know it today. We’ll examine Germanic society in its pre-Roman period, the period of transformation that led to the creation of the early medieval Germanic kingdoms and finally, the creation of the Holy Roman Empire, an entity that would play a major role in the political and religious debates of the late medieval period and the Reformation era.

Looking Back at Lyndon B. Johnson, 36th President of the United States

T.S. Eliot ends his great poem, The Hollow Men, with the following: “This is the way the world ends. Not with a bang but a whimper.” Some have commented that the presidency of LBJ began with a bang and ended with a whimper. James Piereson says that “the rise and fall of
Lyndon B. Johnson is now recalled as a cautionary tale in the history of postwar America, illustrating at once the possibilities and perils of bold presidential leadership.”
We’ll examine LBJ’s Great Society and his conduct of the war in Vietnam. What are the lessons to be learned from studying LBJ’s years in office? What is his legacy?

**Course:** 19481
$20
For: 1 session
WIA-PE: Feb 23
Th 10:00am-12:00pm
CE South Building

*Howard Romanek, History/International Studies*
*Instructor, Illinois State University (Ret.)*

The Search for the Historical Woodrow Wilson

Woodrow Wilson was President of the United States from 1913 to 1921. A fierce debate is raging now as to how Woodrow Wilson should be remembered. We’ll examine Wilson’s domestic and foreign policies. Wilson was one of the founders of the Progressive Movement and he led the nation into war in 1917. Why is it important to understand his presidency? If one wishes to understand the America of 2017, George Orwell said: “Those who control the past control the future. Those who control the present control the past.” What is the “truth” about President Wilson?

**Course:** 19483
$20
For: 1 session
WIA-PE: Feb 24
F 1:00pm-3:00pm
CE South Building

*Howard Romanek, History/International Studies*
*Instructor, Illinois State University (Ret.)*
Anthropological Genetic History: The Romanovs and Catherine the Great

Catherine the Great (1729-1796), was the most renowned and the longest-ruling female leader of Russia, reigning from July 9, 1762 until her death at the age of sixty-seven. She was born in Stettin, Pomerania, Prussia as Sophie Friederike Auguste von Anhalt-Zerbst-Dornburg and came to power following a coup d’état and the assassination of her husband, Peter III, at the end of the Seven Years’ War. Russia was revitalized under her reign, growing larger and stronger than ever and becoming recognized as one of the great powers of Europe. We will also discuss which DNA markers are most identified with the bloodline of the Romanovs.

Course: 19490 $20 For: 1 session
WIA-PE: Feb 10 F 3:30pm-5:30pm
CE South Building

Angelo R. Cervantes, Director, Iberian Peninsula DNA Institute
The San Patricios & the Mexican-American War

When the United States went to war with Mexico in 1846, many men serving in the US Army were Irish immigrants. Following in the tradition of the Wild Geese, Irish soldiers fought in the Army for more than a hundred years. But faced with the anti-Catholic discrimination rampant in the United States, some left the US Army and joined the Mexican army instead. At the war’s end, the US hanged them as deserters, but today they are celebrated as heroes in Mexico and Ireland. We’ll examine their history and view a documentary about their story.

Course: 19494  $20  For: 1 session  
WIA-PE: Mar 17  F  3:30pm-5:30pm  
CE South Building  
Angelo R. Cervantes, Director, Iberian Peninsula DNA Institute

Literature & Writing

A Celebration of Women Writers  LECTURE SERIES

Specific study of women’s writing as a distinct category of scholarly interest is a recent development. It was once thought unfeminine to use one’s own name on literary work and as a result, much of the early writing by women carries the name of a male family member, a pseudonym or some other non-identifying moniker. In honor of March as Women’s History Month, we’ll discuss some of the many contributions of women to culture through literature.

Course: 19500  Each Lecture: $20  
Register for all 5: $89
Lesser Lady Novelists: Herstory in History and Historical Fiction

Women writers of popular historical fiction—Georgette Heyer, Anya Seton, Jean Plaidy and many other writers—have presented a female perspective on women’s roles in history long before the subject became part of academic inquiry. Often overlooked and underestimated as novels by women for women and about women, their books have attracted a legion of female readers, launched some of them into the academic arena and inspired many current writers of women-centered historical novels. This presentation examines how these authors presented female historical figures, how the current fictional presentations echo or depart from their progenitors and the place that these novels, their subjects and their authors occupy in current popular culture.

Course: 19500 $20 For: 1 session
WIA-PE: Mar 2 Th 1:00pm-3:00pm
CE South Building

Hana Samek Norton, PhD, Author and Historian

Worth Another Look? American Women Authors Between the Wars

Between 1920 and 1940, eleven American women won the Pulitzer Prize for their novels, and many others wrote works that garnered critical acclaim and popular enthusiasm. Yet many of them are virtually forgotten today. We’ll take a look at the works of some of them, including Julia Peterkin, Margaret Barnes, Josephine Johnson, Caroline Wilson and Dorothy Scarborough, to see how their works reveal the times in which they wrote and determine which books deserve a new readership today.

Course: 19500 $20 For: 1 session
WIB-PE: Mar 9 Th 1:00pm-3:00pm
CE South Building

Cheryl Foote, PhD, History, Retired University Professor
Leslie Silko and the Spirit of Place
Leslie Marmon Silko is a Laguna Pueblo writer and one of the principle figures of the Native American Renaissance. In 1981, Silko was a debut recipient of the MacArthur Foundation Grant, now known as the “Genius Grant” and the Native Writers’ Circle of the Americas Lifetime Achievement Award in 1994. Grounded in the history and culture of Laguna Pueblo, Silko has produced poetry, essays, memoir and prose during the past forty years. Her literary impact is extensive and we’ll discuss her major work, Ceremony, as well as her poetry and short fiction.

Course: 19500 $20 For: 1 session
WIC-PE: Mar 16 Th 1:00pm-3:00pm
CE South Building

Robert F. Gish, PhD, English Professor, Distinguished Scholar and Author

Zora Neale Hurston and the Harlem Renaissance
Zora Neale Hurston was not just an author known for the novel Their Eyes Were Watching God. She was also a folklorist, a scholar, an entertainer, and a leading figure in the Harlem Renaissance. We will be looking at the life and contributions of this complicated figure, her career, her triumphs, and her challenges. From the success and legacy of her masterpiece, Their Eyes Were Watching God, to the false accusations that tainted her later years. We will also discuss her death (from complications of a stroke) in January 1960, and the indignity she suffered by being buried in an unmarked grave. Finally, we will examine her legacy and the influence she had over major American figures such as Alice Walker, Toni Morrison and Whoopi Goldberg.

Course: 19500 $20 For: 1 session
WID-PE: Mar 23 Th 1:00pm-3:00pm
CE South Building

Eddie Tafoya, PhD, Author, Comedian and Professor of American Literature and Creative Writing at New Mexico Highlands University
Latin American/Chicana Writers and Magical Realism

Magical realism, is characterized by the matter-of-fact inclusion of fantastic or mythic elements into otherwise realistic fiction. This tactic is known in the literature of many cultures in many ages, but the term magical realism is a relatively recent designation, first applied in the 1940s and recognized extensively throughout much of Latin American literature. There’s speculation that magical realism is an expected consequence of postcolonial writing, which must rationalize at least two separate realities—the reality of the conquerors as well as that of the conquered. We’ll explore and discuss Chicana and female Latin American writers who’ve utilized this literary tool.

Course: 19500 $20 For: 1 session
SPA-PE: Mar 30 Th 1:00pm-3:00pm
CE South Building
Mathile Machiavello, Lecturer and Storyteller

Beowulf

With their initial attack on the monastery at Lindisfarne in northeastern England in 793, the Vikings began a wave of invasions that imprinted their beliefs, customs and laws on English culture. Primary among these contributions is the poem, Beowulf. Created by Vikings, its location is Denmark and its hero is Swedish, yet it is the national epic of England. It introduced literary elements such as heroic ideal, fate, alliteration, kennings and understatement which would become repetitive elements of English literature. Later modifications by English monks added Christian overtones. Today, its influence ranges from the three witches in Macbeth to the Harry Potter series to The Grinch Who Stole Christmas and Cold Mountain. It has been the frequent subject of movies including a 2005 release. Come visit or revisit Beowulf, as we discuss these connections and explore their relevance today.
How to Read a Poem

Have you ever read a poem and wondered what the heck is going on? Or, to paraphrase the poet T. S. Eliot, have you “had the experience but missed the meaning?” If you have been wanting to reconnect with poetry, but the last time you did was in high school or college and you’re feeling a little rusty or uncertain, then this class is for you. In two hours you will learn eight simple ways to help you make more sense of – and get more pleasure from – the poems you read.

Course: 19509 $20 For: 1 session
WIA-PE: Feb 23 Th 1:00pm-3:00pm
Corrales Community Center
Lance W. Ozier, MA, English and Poetry

The Brownings

Elizabeth Barrett Browning and Robert Browning are noted Victorian poets – but they also could have been characters in a Victorian novel. Confined to her home by a possessive and demanding father, Elizabeth Barrett’s contact with the outside world was through the poetry that she wrote. Robert Browning fell in love with her from afar through those poems. She was famous while he was unknown. Six years her junior, he overcame hesitancy and initiated a correspondence with her. “Thus began England’s most famous literary love affair.” They courted and married in secret. Disowned by her father, Elizabeth Browning lived in Italy with the man for whom she had written, “How do I love thee? Let me count the ways.” Join us as we learn about their partnership and the poetry they created.
Flash Your Fiction

Starting with one-sentence narratives, participants will develop 50-word flash fictions ready to submit to local and national contests or simply to enjoy among friends.

Course: 19511 $49 For: 4 sessions
WIA-PE: Feb 2-23 Th 1:00pm-3:00pm
CE South Building

Dodici Azpadu, PhD, MFA, Author and Workshop Leader

In the Moment: Writing Effective Scenes

Scene is the building block of narrative. But how do we determine when to move from scene to exposition? We’ll examine the effects of scene and exposition upon the reader and explore how they are used effectively in memoir and fiction. Class format includes literature study, writing exercises, supportive feedback and critique. Experienced and aspiring writers welcome.

Course: 19519 $75 For: 6 sessions
WIA-PE: Mar 23-Apr 27 Th 7:00pm-9:00pm
CE South Building

Rob Spiegel, Senior Editor, Design News; Lifelong Writer and Author of six books

T. S. Eliot and Prufrock: Who Are They?

T. S. Eliot is generally considered a difficult poet. His work has given fits to college students for decades. But many are unaware of how wide his range is and how accessible some of his poetry is. Yes, he’s the author of The Wasteland, but he also wrote the poems that make up the musical Cats. In this class, Norma Libman will take a look at Eliot’s life and tackle a poem in the middle of his range, The Love Song of J. Alfred Prufrock. We’ll see how to decode his style and
explore what this poem might say about Eliot and his place in 20th century literature.

Course: 19520 $20 For: 1 session
WIA-PE: Feb 21 T 10:00am-12:00pm
CE South Building

Norma Libman, Author and Workshop Leader

Facilitated Writers Group
Looking for some good feedback on that novel you’re writing? Like to share some of your poetry or get back to that memoir you started a while back? Getting together with other writers on a regular basis to read one another’s work and discuss it is the best way to keep on track with your writing project—keep the momentum going. All writers are welcome. Novelists, playwrights, poets, biographers... Let’s get together once a week for a two-hour session to read one another’s work and give positive feedback. Come join us for this ongoing writers group.

Course: 19526 $75 For: 6 sessions
WIA-PE: Jan 20-Feb 24 F 10:00am-12:00pm
Note:
CE South Building

Heidi Carlson, Literary Critic and Book Doctor in the New York Publishing Industry

Bruno, Chief of Police Mysteries: Wine, Truffles, Pâte, Painted Caves & Murder in the French Country
International bestselling author, Martin Walker has written twelve books in the Bruno, Chief of Police Mysteries and one book, The Caves of Perigord, set in the region that eventually became Bruno’s “beat,” where meals with friends compete with murder for center stage. Bruno is the kind of policeman we reminisce about. An orphan and eligible bachelor, he raises a garden, geese and ducks; rides his horse; trains his dog to uncover truffles; makes his own pate and vin de noix; and regularly prepares delectable meals for his friends. The tensions between old European ways and the EU bureaucracy run through the stories.
Each book highlights a different quality of life in Bruno’s small town of St. Denis and its surrounds. The workshop will consist of guided discussions so bring your knowledge and your questions of the books, the region and its gastronomical delights. The more Bruno books you’ve read, the better.

Course: 19534 $39 For: 3 sessions
WIA-PE: Mar 7-21 T 3:30pm-5:00pm
CE South Building
Caroline LeBlanc, MFA, MS, RN

Of Lore and Lattes: The Legend of Mélusine
Starbuck’s logo is based on an ancient image of a beautiful, half-naked woman with a serpent or fish-tail. Usually referred to as Mélusine, the image periodically generates public controversy in the United States. In Europe, Mélusine has a long and fascinating history. She has been used as a personal and regional guardian, a political symbol and has appeared in fairy stories of love, loss and enchantment. We’ll explore the story behind one serpent lady, three royal dynasties, a far-flung clan of rebellious lords and a franchise in “demonic lattes!”

Course: 19539 $20 For: 1 session
WIA-PE: Feb 8 W 7:00pm-9:00pm
CE South Building
Hana Samek Norton, PhD, Author and Historian

Segue in Fiction
Segue or transition is an important aspect of all writing, a basic component of coherence and unity. How to open, close and make shifts from beginning, middle and end? How to turn from one thought or theme to another? From one paragraph to another, from one chapter to another? Transition is crucial to plot in fiction, to tone in essays and lines and stanzas in poems. We will analyze and discuss the elements and techniques of segue in representative literary works, from sonnets to stories and try to apply noted techniques in our own writing.
Tone and Audience in Writing
The attitude of the writer to subject, be it sincere or “ironic,” close or distant, dictates much about audience control and response. Like tone of voice, tone in writing is a central component of intention and interpretation. Be it intended or unintended, tone can’t be ignored in literary craft. We will explore aspects of “tone in writing” together through readings and discussion.

Facilitated Critique Group
Critique groups are an excellent place to get feedback on your writing work. This class is designed to give students direction for improving their memoir, fiction or poetry. Rob Spiegel will begin each class with a short lecture on the principles of effective writing. The balance of each class will be spent reviewing students’ work. Spiegel will lead the critique process, with students contributing their views of what might make the writing better. Rob Spiegel has twenty years of experience teaching writing and leading successful critique groups.
Freewriting Fun
Many of us have said to ourselves that we would love to write a memoir or a novel, but the moment we sit down and get to work, the pressure to write something great paralyzes us! In this class we will learn how to use freewriting in our lives to develop and trust our creative spirits. Freewriting can be used in a journaling practice or in moving us forward on a writing project. This writing technique can help us become unstuck, access our intuition and outwit our inner critic. Please join me to learn about this simple writing technique that packs a powerful punch of delight and surprise.

Course: 19568  $20  For: 1 session
WIA-PE: Mar 24  F  1:00pm-3:00pm
Corrales Community Center
Amanda Cisco, BA, English

Why Do We Say/Do That? A Turn of Phrase
Every time we open our mouths, phrases with strange origins and meanings flow from our lips. They are so ordinary and downright commonplace that they have become clichés, but behind them are stories that are exotic and downright bizarre. Why should you “turn a blind eye” and what blinded you? Does “painting the town red” involve spray paint? Why does a baker’s dozen consist of thirteen? Can’t bakers count? Do not “remain aloof” but join us as we give clichés the “third degree.” And who was Kilroy anyway?

Course: 19571  $20  For: 1 session
WIA-PE: Jan 18  W  10:30am-12:30pm
Corrales Community Center
Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher
Why Do We Say That? A Hodgepodge of Potpourri, Part II

Every time we open our mouths, words with strange origins and meanings flow from our lips. These words sound ordinary and downright commonplace – but behind them are stories that are exotic and downright bizarre. Why are candidates covered in powdered chalk? What’s the connection between chivalry and horses? Are horses more polite than other animals? Should bridal shops sell beer rather than dresses? Yes, they should. And does a short shrift mean you only work a six-hour day? Join us for a hodgepodge (French stew) of potpourri (plague repellent).

Course: 19572 $20 For: 1 session
WIA-PE: Feb 15 W 3:30pm-5:30pm
CE South Building

Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher

Travel Journaling

Keeping a travel journal is a wonderful way to anticipate the joys of a treasured trip and to remember the pleasures and adventures of a completed one. In this class we will explore ways of keeping a travel journal that are easy and conducive to being on the go. Travel can be a transformative experience and it is understandable why we would want to document our journeys, both physical and internal. Please join me as I show you how to prepare your journal for a trip, ways to journal while seeing the world and tips on completing your travel journal. A materials fee of $10 is payable to the instructor at the beginning of class.

Course: 19575 $20 For: 1 session
WIA-PE: Jan 30 M 1:00pm-3:00pm
CE South Building

Amanda Cisco, BA, English
Diaries of Women Pioneers

The journey West was perilous and exciting. The journals kept by women pioneers and the letters they sent home provide details that enrich our understanding of the experience in a way that differs from and enhances the information we get from the writing of the men. The women prepared the meals, healed the sick, kept track of the children, counted the dead and the miles traveled and drove the wagons if their husbands were lost along the way. This class examines the writings of women pioneers and reveals “behind the scenes” secrets of the settlement of the West. It will introduce you to a group of hardy and dedicated women, including some familiar names and a few you may not know yet.

Course: 19576 $20 For: 1 session
WIA-PE: Jan 26 Th 10:00am-12:00pm

Del Webb Alegria—Active Adult Community
Norma Libman, Author and Workshop Leader

Henry Wadsworth Longfellow

Henry Wadsworth Longfellow was a pop culture icon of his time, a master storyteller whose vivid language did the work of the movie camera before the advent of film. Through the nineteenth century, he offered an emergent American reading public a unique lyrical voice as readily understood as it was artful. We’ll begin with a review of some of his finest short poems, followed by readings and discussion of two of his leading long narrative pieces: Evangeline and The Courtship of Miles Standish; and selections from Tales of a Wayside Inn, his now neglected American counterpart to Chaucer’s Canterbury Tales. Discover, or rediscover this classic and distinctive American voice.

Course: 19581 $49 For: 4 sessions
WIA-PE: Feb 1-22 W 3:30pm-5:30pm

CE South Building

Paul Zolbrod, PhD, Emeritus Professor of History, Allegheny College
Get Paid to Write Online

While the magazine and newspaper markets are shrinking, the online writing market continues to expand. The opportunities are endless, especially since it no longer matters where you live. You can write about almost anything and get paid for it online. This class will teach students how to find writing opportunities that match their skills and knowledge, whether it’s gardening talent or sales know-how. We will explore online markets during class, with a particular focus on markets that are seeking new writers.

Course: 19582 $75 For: 6 sessions
WIA-PE: Jan 18-Mar 1 W 9:00am-11:00am
No Class Feb 8
CE South Building

Rob Spiegel, Senior Editor, Design News; Lifelong Writer and Author of six books

How to Find Paid Markets for Your Writing

This course will help students find paid markets for their short-and book-length writing. We’ll look at magazines, online markets and book publishers for fiction and non-fiction. We’ll discuss the pros and cons of working with agents and look briefly at getting poetry, fiction and creative nonfiction published in literary publications (online and print), even though those markets don’t tend to pay. The instructor will provide contact information for directories of paid markets (and non-paid literary markets), as well as agents.

Course: 19583 $29 For: 2 sessions
WIA-PE: Mar 10-17 F 9:00am-11:00am
CE South Building

Rob Spiegel, Senior Editor, Design News; Lifelong Writer and Author of six books
The Craft of Creative Writing

Do you have ideas for fiction or non-fiction stories, but don’t know how to get them on paper for others to enjoy? Using commentary on participant work, we will focus on narrative arc, character, point of view, conflict, stylistics (tone, pacing, diction) and sentence mechanics. The course is designed for writers who want a refresher in the craft of writing and are willing to give and take feedback. Participants are strongly encouraged to share “air time” in a respectful manner.

Course: 19584 $75 For: 6 sessions
WIA-PE: Feb 6-Mar 13 M 1:00pm-3:00pm
CE South Building

Dodici Azpadu, PhD, MFA, Author and Workshop Leader

Greek + Latin = English (Who Knew?), Part II

Over sixty percent of all English words have Greek or Latin roots. Part I barely introduced the cornucopia of Greek and Latin hidden in English. Why are people ostracized? What’s the linguistic connection of chalk, togas and political candidates or cats and caterpillars? Ralph Waldo Emerson said, “Language is fossil poetry.” Join us as we dig for the hidden skeletons in English.

Course: 19586 $20 For: 1 session
WIA-PE: Jan 19 Th 1:00pm-3:00pm
CE South Building

Roberta Boggess, MA, Linguistics, Award-Winning High School Teacher
Blogging Your Way to Writing Success

Blogging is a way to build your writing skills, express your ideas and even build a book-length manuscript while creating an audience. This class will explore all types of blogging, from poetry to how-to instruction, from spirituality to memoir. Learn how to choose free blogging platforms, how to determine the length and frequency of your blogs and how to build an audience. This class will also show how you can use a blog to create the backbone of a book, just as Julie Powell did to create her bestseller, *Julie & Julia: 365 Days, 524 Recipes, 1 Tiny Apartment Kitchen*, which went on to become a major movie. Anything is possible with a blog.

Course: 19598  $75  For: 6 sessions
WIA-PE: Jan 20-Feb 24  F  3:00pm-5:00pm
CE South Building

*Rob Spiegel, Senior Editor, Design News; Lifelong Writer and Author of six books*

Music & Theater

Unlocking the Magic of the One-Act

Ever think it might be fun to do a little acting? Enjoy the theater? We will explore the world of one-act plays, from comedies to serious dramas. Everyone will read a part from the comfort of their chair. This is going to be a completely enjoyable two hours as you try your hand at doing a southern accent or get in character to be a police detective. No rehearsing, no costumes; we’ll just choose from a wide variety of short plays that call to us and dive right in! All Drama Queens welcome.

Course: 19602  $75  For: 6 sessions
WIA-PE: Jan 18-Feb 22  W  3:30pm-5:30pm
CE South Building

*Heidi Carlson, Literary Critic and Book Doctor in the New York Publishing Industry*
Foot Conversations: Beginning Sand Dancing
Learn to dance and make music simultaneously. Participants will learn the basics of sand dance percussion, then use this vocabulary of steps to seamlessly improvise with other dancers and musicians; develop listening skills; and create counterpoint rhythms. Foot percussionists will also learn to contribute to or provide musical score as accompaniment for other artists (dancers, vocalists, spoken word artists and other instrumentalists). The prevailing goal is to guide and encourage students to refine their own individual voice, experiment with artistic combinations, rhythm, movement and improvisation, in simultaneous collaboration with other artists. Note: A materials fee of $10 is payable to the instructor at the beginning of the course.

Course: 19603 $49 For: 4 sessions
WIA-PE: Feb 2-23 Th 4:30pm-6:00pm
CE North Building

Donna “The Wychdokta” Lewis, Professional Dancer and Musician, Artist/Educator

A Foole’s Guide to Medieval Music
Just what were those troubadours really singing about? What were they smoking inside those echoic cathedrals? Who was Guillaume de Machaut and what was he up to? Why did English music have a sound different from that of the rest of Europe? These and other questions you may not have ever thought to ask will be answered in a personal tour through the splendors and mysteries of Medieval music.

Course: 19610 $20 For: 1 session
WIA-PE: Mar 13 M 10:00am-12:00pm
CE South Building

Daniel Steren Crafts, PhD
Radioactive Hits: Cold War Music
Paranoia inspired hundreds of songs during the Cold War. With the possible exception of Tom Lehrer’s “We Will All Go Together When We Go,” nearly all of them have been forgotten. It may be hard to take some of these songs seriously today (just imagine “You Hit Me Like an Atom Bomb” and “My Fallout Filly with the Atomic Kiss”), but dozens of these songs once filled the airwaves. Your safety is assured; although precautionary announcements will be heard, no duck-and-cover drills will be conducted whilst class is in session.

Course: 19612 $20 For: 1 session
WIA-PE: Jan 30 M 1:00pm-3:00pm
Corrales Community Center
WIB-PE: Mar 13 M 1:00pm-3:00pm
Jubilee Active Adult Community

Jane Ellen, Composer, Lecturer, Performing and Recording Artist

A Wealth of Women Composers
One of the earliest composers for whom we have a name is a woman: Sappho of Lesbos. The first composer for whom we have a biography, is Saint Hildegard von Bingen. Arguably writing music for as long as their male counterparts, women composers have often been overlooked, if not deliberately neglected. Rarely accorded equal status with their male counterparts, composers of the feminine gender have usually been labeled and set aside in a category of their own. Explore the richly diverse music written by women across countless centuries including Hildegard von Bingen, Clara Schumann, Alice Smith, Amy Beach, Lili Boulanger and Joan Tower.

Course: 19616 $20 For: 1 session
WIA-PE: Feb 1 W 1:00pm-3:00pm
CE South Building

Jane Ellen, Composer, Lecturer, Performing and Recording Artist
Baby, You Can Drive My Car!
Almost before the first automobile tires had hit the road, new songs were being written – inspired by an astonishing technological innovation: the horseless buggy. These compositions expressed the world’s fast-growing love affair with the motorized car and many of the earliest songs were written in the United States. With recordings such as 1902’s “Get a Horse,” all the way through to Bruce Springsteen’s “Pink Cadillac,” we’ll even sample that morbidly popular teenage category of car disaster songs. Historic recordings will be joined by an amazing wealth of examples from the past century in nearly every conceivable style. Seatbelts required; crash helmets optional.

Course: 19617        $20        For: 1 session
WIA-PE: Feb 8       W       1:00pm-3:00pm
CE South Building

Night and Day: Cole Porter
Songwriter Cole Porter (1891-1964) was the life of the party until a disabling accident turned his life upside down. Thereafter, despite constant pain, his writing never slowed, nor did his desire to get out and enjoy life diminish. Porter’s prolific repertoire, including such timeless hits as “Night and Day,” “I’ve Got You Under My Skin” and “Love for Sale” have become staples for nightclub acts, jazz pianists and the Broadway stage. We’ll also sample Porter’s only compositional foray into the world of classical music.

Course: 19625        $20        For: 1 session
WIA-PE: Feb 13       M       1:00pm-3:00pm
Del Webb Alegria—Active Adult Community
Unrequited Love: Medieval Musicians and the Ideals of Courtly Love

The Medieval period is famous for its lore of tragic lovers: Tristan and Isolde, Lancelot and Guinevere, Héloïse and Abélard. But the ideals of love expressed through courtly love are vastly different from those we pursue in the 21st century. We’ll explore the music and poetry of courtly love, in which threats of suicide, emotional blackmail, passionate jealousy and the pain of unrequited love could be the order of the day.

Course: 19631 $20 For: 1 session
WIA-PE: Feb 16 Th 2:00pm-4:00pm
CE South Building

Jane Ellen, Composer, Lecturer, Performing and Recording Artist

A Musical Victoriana

The reign of Victoria, Queen of the United Kingdom, Great Britain and Ireland as well as Empress of India, spanned from 1837-1901 across 60 years of British history. The resulting Victorian age ushered in tremendous social, technological, political and cultural change in nearly every aspect of British life. Albert, the Prince Consort, was an accomplished musician and composer. Victoria loved music and dancing and was able to hold her own in piano duets with her husband. Together, they were enthusiastic patrons of all the arts. We’ll examine the effects of Victoria’s era on music in the parlour, as well as in the concert hall.

Course: 19634 $20 For: 1 session
WIA-PE: Feb 24 F 2:00pm-4:00pm
La Vida Llena/Nueva Vista Community Room

Jane Ellen, Composer, Lecturer, Performing and Recording Artist
Cat Stevens, aka Yusuf
When British singer-songwriter Cat Stevens converted to Islam in 1977, he quickly began selling all of his possessions. Heartbroken fans around the world assumed his music career was officially over. Decades later he returned to the music stage as Yusuf, with new recordings that were met with worldwide acclaim. Whether you enjoy hit singles such as “Moonshadow” and “Peace Train,” or you’re a fan of the cult film *Harold and Maude*, you’re welcome to sing along as we listen to songs from the musical worlds of Cat Stevens and Yusuf Islam.

Course: 19647 $20 For: 1 session  
WIA-PE: Mar 1 W 3:30pm-5:30pm  
CE South Building  
*Jane Ellen, Composer, Lecturer, Performing and Recording Artist*

Kicking the Gong Around
Long before Jefferson Airplane’s enigmatic “White Rabbit” crept past radio censors, numerous jazz and popular songs of the early 20th century contained references to the highs and lows of drug culture. We’ll explore many of these fascinating pre-psychedelic era songs by artists including Cab Calloway, Louis Armstrong, Cole Porter and The Ink Spots. Before you know it, you’ll be conversant in such terminology as reefers, vipers and kicking the gong around.

Course: 19649 $20 For: 1 session  
WIA-PE: Mar 16 Th 3:30pm-5:30pm  
CE South Building  
*Jane Ellen, Composer, Lecturer, Performing and Recording Artist*
Science & Technology

New Mexico Critters…the Good, the Bad…and the Really, Really Interesting!

Jackalopes aren’t real… are they? And vinegaroons look like they should guard the gates to Hell… but do they bite? Many of us have relocated from other parts of the country to this lovely region of New Mexico. The critters one finds here may be very different from those we’ve left behind. We’ll discuss some of the natural history, biology and toxicology associated with the animals of our new environment. A danger better understood is a danger better avoided! The discussion will cover many of the critters found around New Mexico that might show up in our yards, homes or be found on hikes. We’ll discuss the dangerous, not so dangerous and not dangerous (hopefully!), to reduce any fears and increase interest in the biodiversity of our new home. Your presenter is a boarded toxicologist, who for 33 years was the managing director of one of the nation’s certified regional poison control centers. His area of expertise within the vast field of toxicology, was and remains, those poisons to be found in Nature.

Course: 19711 $20 For: 1 session
WIA-PE: Jan 19 Th 10:00am-12:00pm
CE South Building

John H. Trestrail, III, BS, Pharm, FAACT, DABAT, Clinical & Forensic Toxicologist, Author, Speaker
Planetary Geology
The recent landing of Curiosity on Mars raises the question: Why did we go there and what did we hope to find? We will take a “space trip” through our solar system, discussing our Earth and Moon and their geology so as to be able to compare these two planetary bodies with the other planets and their moons. We’ll visit Mercury, Venus, Mars, Jupiter, Saturn, Uranus and Neptune. We’ll cover asteroids and comets (including Pluto). We’ll discuss why our planet Earth is unique in our solar system and with respect to exo-planets outside our solar system.

Course: 19717 $69 For: 8 sessions
WIA-PE: Feb 8-Mar 29 W 10:00am-12:00pm
CE South Building
Professor Carol A. Hill, Geologist and Author

A World Made of Strings?
String Theory for Non-Physicists
Are you curious about String Theory? Have you heard of it, but you don’t know why it’s important or what it sets out to do? Join us for a one-night discussion of String Theory, where it came from, where it’s going and what it could mean for our understanding of the universe. No previous physics knowledge is necessary!

Course: 19724 $20 For: 1 session
WIA-PE: Feb 21 T 7:00pm-9:00pm
CE South Building
Caitlin Rochford Friedman, PhD, Experimental Condensed Matter Physics
Geology of the Pacific Islands

All of the Pacific Islands, including New Zealand, are due to the geologic process of plate tectonics. The five main islands of Hawaii—Kauai, Oahu, Molokai, Maui and the Big Island—were formed by the Pacific Plate progressively moving northwest over a hot spot in the Earth’s mantle. Midway Island is a part of the Hawaiian chain. Tahiti and the rest of the French Polynesian islands are due to the Pacific Plate moving northwest over another series of hot spots. First an island volcano forms directly over the hot spot, then a barrier reef forms around the volcano as erosion occurs and, finally in the last stages of the island’s existence, an atoll forms. New Zealand and Samoa are not forming over a hot spot but where the Earth’s crust is being subducted along the Indo-Australian Plate and Pacific Plate boundary. Guam, the largest of the Mariana Islands, was created by the collision of the Pacific and Philippine Sea tectonic plates and is the closest land mass to the Mariana Trench, the deepest point on planet Earth. Little Easter Island—the westernmost and most remote of the Pacific Islands—formed at the contact of the Pacific Plate with the South American Plate.

Course: 19734 $25 For: 2 sessions
WIA-PE: Jan 18-25 W 1:00pm-3:00pm
CE South Building

Professor Carol A. Hill, Geologist and Author
Safer Mushroom Collecting for Beginners

An introductory discussion of the basics of safer mushroom collecting for the beginner amateur mushroom hunter to concentrate on, so as to avoid toxicological problems. Includes a discussion of the “safe six” mushrooms to collect: “Morels,” “Puff Balls,” “Sulfur Shelves,” “Shaggy Manes,” “Oyster Mushrooms,” & “Hen-of-the-Woods.” Also covered will be suggested reference books, along with mushroom art and collectibles.

Course: 19741 $20 For: 1 session
WIA-PE: Mar 22 W 3:30pm-5:00pm
CE South Building

John H. Trestrail III, BS, Pharm, FAACT, DABAT, Clinical & Forensic Toxicologist, Author, Speaker

Geology of Guadalupe Mountains and Carlsbad Cavern

The Guadalupe Mountains of southeastern New Mexico host some of finest caves in the world, including Carlsbad Cavern and Lechuguilla Cave. These caves formed differently than most caves: they were dissolved by sulfuric acid, not carbonic acid, where the sulfuric acid was derived from the oil and gas fields of the nearby Delaware Basin. First we explain the Capitan Reef in the Guadalupe Mountains so as to give you the geologic background to understand why Carlsbad Cavern is so deep and why the Big Room is one of the largest cave rooms in the world. We will also cover the spectacular mineralogy of the caverns and tell you how its cave minerals and formations (speleothems) were deposited.

Course: 19742 $20 For: 1 session
WIA-PE: Feb 1 W 1:00pm-3:00pm
CE South Building

Professor Carol A. Hill, Geologist and Author
Mushroom Toxicology

A mushroom (or toadstool) is the fleshy, spore-bearing fruiting body of a fungus, typically produced above ground on soil or on its food source. Engage in a discussion of the chemistry of the toxic compounds found in the mushroom world, along with their epidemiology, pharmacology and toxicology, clinical effects and treatment of the mushroom-exposed patient. Included will be the discussion of a systematic approach for the general diagnosis and management of any patient exposed to poisonous mushrooms.

Course: 19743 $20 For: 1 session
WIA-PE: Mar 15 W 3:30pm-5:00pm
CE South Building

John H. Trestrail, III, BS, Pharm, FAACT, DABAT, Clinical & Forensic Toxicologist, Author, Speaker

Philosophy & Religion

How the New Testament Was Created and What Was Left Out?

A history of the New Testament’s formation is replete with intense discussions about what should and should not be included. Recent manuscript and codices discoveries have revealed an extensive literary output during the first two centuries of the Christian movement. Most were
not included in the “Canon” (Greek: Measuring stick). Recently a group of biblical scholars and religious leaders reviewed over 70 of these documents and selected those they thought should be included in a “new New Testament.” We will examine both the history of the canon and the proposal to “enlarge the canon” as well as identify the “why” of the selections. Those who have read and studied these “new writings” have discovered a deeper appreciation for the early Christian movement, as well as finding their own faith enriched. We’ll use selections from the “new New Testament” and explore how these texts, combined with the more familiar material, can contribute to our own discoveries.

Course: 19802 $39 For: 3 sessions
WIA-PE: Mar 7-21 T 1:00pm-2:30pm
CE South Building
Wallace Ford, PhD

How Many Pauls?
The New Testament contains the writings attributed to a “Paul.” On closer examination, scholars have identified that there were at least three writers whose name was Paul writing at different times, using different styles and having different messages. What can we infer from these distinctive writings about the major theme which concerned these Pauls as well as the early Christian movement? Also, there was material found in recent manuscript discoveries apparently written by yet another Paul. During this course, we will sample some of the writing of each of these “Pauls” with attention to the particular message/themes, as well as similarities each one develops. Each of these Pauls greatly influenced not only the development of the early Christian movement but also continue today to inform and shape the faith of Christians.

Course: 19803 $25 For: 2 sessions
WIA-PE: Feb 7-14 T 3:30pm-5:00pm
CE South Building
Wallace Ford, PhD
King Josiah, The Bible and the Invention of the Exodus

Biblical scholarship and archeology have long revealed the essentially historical nature of the Pentateuch, yet so central is the Exodus to the Jewish tradition that the story of Moses is still accepted, despite the complete lack of evidence outside the Bible. Now, however, archaeological work in Judea and Samaria (the occupied West Bank) has provided compelling evidence that the west Semitic people who became the Hebrews were in fact indigenous and that much of the very early history of Israel was composed in the 7th century BCE under the Judean King Josiah. We’ll look at the composition of the Old Testament, the archeological evidence, the kingdom of Judah and the reforms of Josiah.

Course: 19806 $20 For: 1 session
WIA-PE: Jan 24 T 1:00pm-3:00pm
CE South Building
Professor Richard Berthold

Mary Oliver—A Wondrous Poet of the Natural World

Influenced by both Walt Whitman and Thoreau, Mary Oliver is known for her clear and vibrant observances of the natural world. Nature not only inspires her, but fills her with a sense of wonder. She writes: “When it’s over, I want to say: all my life I was a bride married to amazement, I was the bridegroom, taking the world into my arms.” The power of a poem does not lie in concise philosophy or argument, but through surprising revelations or epiphanies—streaks of lightning illuminating the sacred corners of the psyche. In a time when institutional religion fails to satisfy spiritual longings, an imaginative poet like Mary Oliver will open your eyes and heart, will open doors and windows into the vital dimensions of life’s mysteries. The assigned anthology provides a full range of Mary Oliver’s talents. **Required text:** Mary Oliver, New and Selected Poems, 1992 (available for 1 cent plus handling).
Buddhism

Buddhism appeals to many Westerners because it is nonjudgmental, requires no faith and teaches ways to reduce suffering. It encourages personal responsibility, mindfulness and compassion for ourselves and others. We’ll discuss the life and times of the prince who became the Buddha, his search for enlightenment, his teachings, the historical development of Buddhism, plus current branches and their practices. We’ll also discuss the work of some present-day teachers, including the Dalai Lama, Thich Nhat Hanh and prominent American authors. We’ll have slide shows, videos and readings, as well as discussions. This class assumes no prior knowledge, but also goes into reasonable depth to interest those with some previous experience.

Course: 19813 $49 For: 4 sessions
WIA-PE: Mar 3-24 F 10:00am-12:00pm
CE South Building
Jon Nimitz, PhD
Bible Battles (Joshua to Saul)
In one of the most hostile lands on the planet, an ancient people called the Israelites forged an army and carved out an empire. Their ancient military exploits are described in one of history’s most famous religious texts—the Old Testament of The Bible. But by reading between the religious lines, military historians unlock the soldiers’ secrets of The Bible by examining the weapons, strategies and the commanders, some of whom are not always thought of as warriors, like Abraham, Moses and Deborah. In this lecture, we explore the biblical world from a military perspective from the time of Joshua until David’s ascension to the throne. Blood often flows more freely than holy water in the days of the Old Testament and the military secrets of The Bible have yet to be revealed...until now!

Course: 19823  $20  For: 1 session
WIA-PE: Jan 13  F  3:30pm-5:30pm
CE South Building
Angelo R. Cervantes, Director, Iberian Peninsula DNA Institute

The Battles of King David
This lecture follows the story of the Jewish King David’s rise from obscurity to greatness. This class is not only a reference to Goliath, but also to the great odds David faced throughout his life. It uses The Bible as a main source of material. David’s defeat of the Philistine champion Goliath inspires the nation of Israel. But his subsequent rise to power leads to a civil war and a trail of intrigue, brutality and blood.

Course: 19827  $20  For: 1 session
WIA-PE: Jan 27  F  3:30pm-5:30pm
CE South Building
Angelo R. Cervantes, Director, Iberian Peninsula DNA Institute
Shamanism: From Witch Doctors through the New Millennium

Shamanism is the oldest form of healing, dating back 30,000 years when medicine men mediated between the inner life of tribal members and its external affairs. The shaman mastered the ecstatic power of dreams, visions and trances. Shamanism was practiced all over the Earth and the legacy lives on today, not only in indigenous cultures but in eastern practices of yoga. Western schools of psychology have investigated altered states of consciousness, visualization, dream imagery, breathing techniques and sound to incorporate spiritual insight into therapeutic processes. The schools based on the depth psychology of Freud and Jung and the newer “experiential therapies” employ techniques of consciousness transformation with ancient roots. We will explore how the new therapies use shamanic methods such as the journey of awakening, healing of psychic fragmentation and the reconciliation of dualities such as good/evil, male/female and human/animal.

Course: 19841 $49 For: 4 sessions
WIA-PE: Feb 7-28 T 3:30pm-5:30pm
CE South Building

Carol March, BS in Clinical Psychology and an MS in Industrial Psychology
A Guided Tour of Religion and War from the Stone Age to the Nuclear Age

Explore the ancient world of empires when wars were constant and Emperors and priests believed gods determined their fate as they fought to conquer and rule. We will compare historical human nature with that in our world. The course is organized by the dominant religious traditions from Pagan to Judaic to Christian to Muslim. The intent is to help understand how 20th century civilization became the victim of two world wars and deployed nuclear weapons that have since proliferated to threaten all life on Earth. We’ll discuss how religion has fostered these wars and the role it can play in ending them.

Course: 19846 $39 For: 2 sessions
WIA-PE: Mar 14-21 T 10:00am-12:00pm
CE South Building

Frederic March, MA, MIT; Author of The Bible Through the Eyes of Its Authors

Why the Greeks Are Great: the Discovery of Constitutionalism, Rationalism and Humanism

Ask most people, including classicists, why the Greeks are so celebrated and you will hear about such things as democracy, the Parthenon, Aristotle and the like. But the reasons why Greece was perhaps the most important society in history are much more fundamental and appear in the Archaic Age (8th—6th centuries BCE) rather than the familiar Classical.

Course: 19848 $39 For: 3 sessions
WIA-PE: Mar 1-15 W 1:00pm-3:00pm
CE South Building

Professor Richard Berthold
Psychology & Health

Befriending Yourself

Habits and beliefs learned in childhood can sabotage us as adults, damaging our relationships, abilities and even our health. One simple technique can help start to change this. Just step outside of yourself and act “as if” you were your own best friend. Habits such as self-doubt, fear of failure, self-criticism and unrealistic expectations may be much easier to see and be objective about in a friend than in yourself. This class will explore how to be objective and realistic but also accepting, caring and helpful not only to your friends but to yourself. With plenty of time for discussion and some simple exercises, we will practice using objectivity, patience and the creative imagination as a change agent, to find that not only can you be a good friend to others, you can be your own best friend, too.

Course: 19850  $20  For: 1 session
WIA-PE: Feb 25  Sa  1:00pm-3:00pm
Del Webb Alegria—Active Adult Community

Gay Witherington, MA, Counseling Psychology

Find Your Light

Do you have unfulfilled dreams inside you? Maybe you think your best days are behind you, or you’ve grown and you want to spread your wings. Your next step is already inside you. We will use guided meditation and interactive brainstorming in our first class. In the next class, we’ll explore obstacles and resistance, motivation and support systems. You will leave with plenty of tools for the path forward. Come figure out what makes your heart sing and Begin it!

Course: 19851  $39  For: 2 sessions
WIA-PE: Mar 3  F  3:00pm-5:00pm
             Mar 10  F  3:00pm-6:00pm
CE South Building

Beth Blakeman, Workshop Leader
Laughing and Learning: A Practical End-of-Life Workshop

Even though humans have a 100% mortality rate, only 25% of us do any end-of-life planning. This workshop will give you the tools and the inspiration to take practical steps for outlining your funeral plans/memorial celebration, drafting your own obituary and/or famous last words and preparing advance medical directives. Funny film clips, supportive conversations and take-home printed materials are included in this workshop. Attendees will participate in Death Café-inspired discussions, tackle a quick first draft obit with the help of provided questions and receive their own copy of The Five Wishes form. You will laugh in the face of death and learn what you need to know BEFORE someone goes and dies.

Course: 19865 $20 For: 1 session
WIA-PE: Feb 10 F 1:00pm-3:00pm
CE South Building
Gail Rubin, Doyenne of Death, Author of A Good Good-Bye

Flourishing in These Challenging Times

Imagine a future when most adults are able to achieve their potential as fully functioning human beings. Join us for a stimulating discussion of “flourishing,” an exciting new concept from the scientific and professional movement called positive psychology. Leaders in positive psychology tell us that complete mental health is more than the absence of mental illness. The elements that contribute to flourishing include positive emotion, meaning, engagement and healthy relationships. How would you live your life differently if you were flourishing? What does it take to live the good life and how can we apply these insights to our lives?

Course: 19869 $49 For: 4 sessions
WIA-PE: Feb 7-28 T 10:00am-12:00pm
CE South Building
Stephen Poland, PhD, Psychology
Living with Hearing Loss

Becoming an informed consumer of hearing aids isn’t easy. Hearing loss affects nearly fifty million Americans but those who suffer often feel like they are alone. What should you know before you spend a lot of money on hearing aids? Take the mystery out of hearing loss and learn about hearing aids and technology. We will cover hearing loss basics; technology solutions from the simple to the sophisticated; digital hearing aids; assistive listening devices and where to find captioned movies; plus what to expect from hearing health care providers and your legal rights. The instructor has a passion for training and helping those new to hearing loss.

Course: 19870 $39 For: 3 sessions
WIA-PE: Jan 30-Feb 13 M 3:00pm-5:00pm
CE South Building

Mary Clark, Hearing Loss Advocate and Workshop Leader

Living Resilient Lives

Think of someone you know who thrives in spite of adversity. This is the essence of resilience. A resilient person is able to bounce back from difficult or stressful experiences. This quality is much more common than we imagine. In our review of current scientific research identifying the factors in children, adolescents and adults that contribute to resilience, we’ll ask if these factors are the same or if they differ with age. Looking beyond the individual to the family, community and society will help us identify sources of support for thriving under challenging conditions. We will then ask what can be done to foster resilience in ourselves and others. Join us as we share stories of resilience.

Course: 19875 $39 For: 3 sessions
WIA-PE: Mar 14-28 T 10:00am-12:00pm
CE South Building

Stephen Poland, PhD, Psychology
The Benefits and Challenges of a Whole Food Plant-Based Diet

This course will present peer-reviewed, published data regarding a whole food plant-based approach to eating. We will address and clarify conflicting and confusing information about food. Class will begin with a questionnaire to determine participants’ interest in the topic, health concerns and conditions and their sources of information regarding food. Specific areas of interest will be discussed, but participants are encouraged to do their own research to share. We’ll explore the challenges inherent in changing lifelong patterns of eating with an emphasis on individual exploration of familial, cultural and environmental conditioning. We will examine everything about food as being a central aspect of all life in a supportive group setting. We will approach food as central and essential for life and we will focus on learning to give it the right importance. Information regarding healthy foods and their preparation will be given. This course will use a holistic approach to address and improve health.

Course: 19888 $69 For: 8 sessions
WIA-PE: Feb 4-Mar 25 Sa 1:00pm-3:00pm
CE South Building

Stephen Feher, PhD and Gayle E. Scott, Management Trainee and Certificate Holder from e-Cornell Plant-Based Nutrition Program

Grow Laughter: Foster a Sense of Humor in Your Grandchildren

Remember knock-knocks, riddles and other playground humor as a kid? These humorous traditions are important for the following reasons—a Sense of Humor: 1. Calls for critical thinking; 2. requires cognitive flexibility/creativity; 3. serves as an important social skill; 4. acts as a coping strategy. This is why a sense of humor is a universally valued personality trait. Deepen your understanding of children’s humor. Learn a “nuts-&#-bolts” curriculum for steadily infusing humor into the children’s lives. Besides
obtaining specific humor resources to give the kids; you will also learn how to teach them to solve knock-knocks and riddles and even how to make up their own.

Course: 19895  $25  For: 1 session
WIA-PE: Jan 28  Sa  1:00pm-4:00pm
CE South Building

Robert Duncan, PhD, Child and Family Psychology

Yoga for Folks Over Fifty: Gentle Beginner
Join us and explore the wonders and benefits of Yoga practice. This class series is geared to the older beginner or those dealing with painful knees or feet, arthritis, osteoporosis, issues of balance or the proverbial midlife crisis. You will learn to use commonly available props and modified yoga postures to address these conditions and bring more awareness, vitality and relaxation into your life.

Course: 06461  $85  For: 6 sessions
WIA-HF: Jan 17-Feb 21  T  4:00pm-5:15pm
WIB-HF: Mar 7-Apr 11  T  4:00pm-5:15pm
Both Sections: High Desert Yoga—Nob Hill

Nishtha Jane Kappy

Note: This is not a medical class—call instructor to discuss any serious condition before signing up. Free Osher membership with this class.
Yoga for Folks Over Fifty: Intermediate

For active elders, this class emphasizes proper alignment of the spine. You will learn standing, strengthening and balance poses with modifications that work for your body. This practice warms up the muscles, opens the joints and builds energy, strength and stamina while inviting greater awareness of your body, mind and breath.

Course: 06463  $125  For: 6 sessions
WIA-HF: Jan 17-Feb 21  T  2:15pm-3:30pm
Judith Arredondo
WIB-HF: Jan 19-Feb 23  Th  4:00pm-5:15pm
Nishtha Jane Kappy
WIC-HF: Mar 7-Apr 11  T  2:15pm-3:30pm
Judith Arredondo
WID-HF: Mar 9-Apr 13  Th  4:00pm-5:15pm

All sections: High Desert Yoga—Nob Hill

Nishta Jane Kappy

Note: This is not a medical class-call instructor to discuss any serious condition before signing up. Free Osher membership with this class.
Travel & Culture

Mythic Paris – Beauty Everywhere!

How would it shape your perception of life if everything you saw was beautiful, stylish, elegant and sophisticated? Mythic Paris embodies cultural ideals and deep traditions that make it the City of Light. Even necessities are elevated to be extraordinary: Parisians treat food and wine as gifts of life. For your *pique-nique*, specialty shops sell succulent cheeses and meats, crusty breads and delectable desserts. Imagine, parfumeries will create a fragrance just for you. Paris pulses with vibrant gardens, stunning churches, great music and a dozen of the world’s most revered museums. No wonder people fall in love with Paris!

Course: 19901 $20 For: 1 session
WIA-PE: Jan 17 T 2:00pm-4:00pm
CE South Building

*Maya Sutton, PhD; Paris is Dr. Sutton’s favorite place on Earth for adventures and beauty.*

How Sweet It Is

From birth through old age, our taste buds respond eagerly to sweetness. Along the way, we develop teeth and for some of us, we claim that every tooth in our heads is a “sweet tooth.” Candy manufacturers capitalize on this love of sweets knowing that the average American eats almost 25 pounds of candy per year. How did this obsession with candy evolve from ancient Egyptians binding figs, nuts, dates and spices with honey through the Spanish introduction of Aztec chocolate to Europe? When did “sugar plums danced in their heads” give way to candy canes and the chocolate “wars” between Mars and Hersheys? Join us for a sweet trip through history. **Note:** A tasting fee of $10 is payable to the instructor because it’s fun to learn about candy, but even more fun to taste it. Instructor is not responsible for weight gain due to this class!
Dublin—the Ups and Downs of a European Capital

Dubh-Linn (Black-Pool) was founded by Viking invaders in 841 but they were later ousted by the native Irish Celts. The English, backed by Pope Adrian, invaded in 1170. Despite many revolts by the Irish people, English oppression lasted 750 years until 1922, when the Irish Free State was formed. The negatives in Irish history are legend. Plague, poverty and famine decimated the people many times over. What are the “ups” of Dublin? Many famous writers, highly educated people, museum treasures, Georgian architecture, traditional Irish music, festivals, European Union funding and Celtic Tiger economy. Together, let’s take the pulse of Dublin, Europe’s fast-changing capital.

Course: 19908 $20 For: 1 session
WIA-PE: Mar 17 F 1:00pm-3:00pm
CE South Building

Maya Sutton, PhD, Celtic Mythology Professor and Author; dual-citizen with Ireland
Beyond the Vietnam War: People, History, Art, Food and Culture

Before the Vietnam War (known in Vietnam as the American War) the Vietnamese people were dominated by the Chinese, then colonized by the French. Come and learn how traces of these struggles left their marks and how those struggles contributed to the rich culture that we now know. We’ll explore the Vietnamese language (including why the Vietnamese nail technicians do “nail” and not “nails”), culture (including why so many Vietnamese are Nguyen) and of course, the food. We’ll learn how to read and interpret a Vietnamese menu and taste a few of the most popular dishes. **Note:** A tasting fee of $10 is payable to the instructor at the beginning of class.

**Course:** 19929

**WIA-PE:** Jan 20

**CE South Building**

**Dai X. Nguyen, JD**

Scotland: A Sense of Place

Does the name conjure up images of the Highlands, kilts, bagpipes and your ancestral origins? Or do you see a modern country on the edge of huge political challenges, changes and possible independence? We’ll discuss memoirs, diaries, novels, films, artists and crime fiction known as Tartan Noir that all contribute to creating a Scottish sense of place. We’ll examine both traditional and contemporary Scottish materials to build a picture of Scotland as a modern European nation. We’ll review the lasting influence of Robert Louis Stevenson and Sir Walter Scott on Scottish Literature as well as discussing the work of contemporary writers including Ian Rankin, William McIlvanney, Alexander McCall Smith and Irvine Welsh. **Local Hero, Whisky Galore** and **Rob Roy** are three of many films and TV series that also offer images of Scotland. We’ll view several film clips plus a full-length film. By the end of class, you will be familiar with the names of Charles Rennie Mackintosh, Elizabeth Blackadder, Doro-
thy Dunnett, Samuel Peploe and many more Scottish artists and writers.

Course: 19932   $39   For: 3 sessions
WIA-PE: Mar 21-Apr 4  T  10:00am-12:00pm
CE South Building

Kate Luger, MLS, Retired Reference Librarian

On the Road to…
Singaport…Zanzibar…Morocco…Bali…Hong Kong…
Wander the open roads with Ned O’Malia and Jane Ellen as they take us on a voyage of songs, photos and stories to exotic countries in the manner of Bob Hope and Bing Crosby. Pack light, it will be a fast and breath-taking trip!

Course: 19936   $25   For: 1 session
WIA-PE: Mar 20  M  4:00pm-6:00pm
CE South Building

Jane Ellen, Lecturer, Composer, Performing & Recording Artist
Ned O’Malia, PhD, UNM Honors Program

Contract Bridge 101: Bidding in the Twenty-First Century (for those who have never played bridge)
Bridge is one of the most challenging card games ever invented. Researchers have discovered that mentally challenging games such as bridge offer intellectual and social stimulation; when played frequently, this may help prevent cognitive decline. This course is designed for beginning players with little or no prior bridge experience. Every aspect of learning to play bridge will be covered. This includes what is a trick, how to bid and play a hand.

Note: A text book is available from Duke City Bridge Club at a cost of $10.00.

Course: 19937   $99   For: 10 sessions
WIA-PE: Feb 9-Apr 13  Th  6:30pm-9:00pm
Duke City Bridge Club

Susan Zimmerman, Duke City Bridge Club
Duplicate Bridge 201: Bidding in the 21st Century (for those who have some experience playing bridge)

Bridge is one of the most challenging card games ever invented. Researchers have discovered that mentally challenging games such as bridge offer intellectual and social stimulation; when played frequently this may help prevent cognitive decline. This course is designed for those who play bridge socially and understand the fundamentals, but wish to improve their game. Three skills will be emphasized: bidding using the Standard American system (which features 5-card-long major suit openings); improving offensive (declarer) play; and learning to play more skillfully on defense. Following each lecture hands will be played which illustrate these points.

Note: An optional textbook is available for $10.

Course: 19939 $99 For: 10 sessions
WIA-PE: Feb 9-Apr 13 Th 9:30am-12:00pm
Duke City Bridge Club

Bob Zipp, Duke City Bridge Club

The History of Toilet Paper: A Story That Begins at the END!

All living things have to expel waste. It has been this way along as there have been living organisms and yet nobody feels easy talking about it! Anthropologists have noted that even primitive peoples freely discuss their mythology, customs and sex practices, but they will not discuss their toilet habits. We’ll cover the history of toilets through the ages and the development of materials that proceeded toilet paper as we know it. Also covered will be the implications of health effects from toilet waste in the third world. This talk will ensure you never look at this commonly-used material the same way again.

Course: 19944 $20 For: 1 session
WIA-PE: Mar 9 Th 10:00am-12:00pm
La Vida Llena/Nueva Vista Community Room

John H. Trestrail, III, BS, Pharm, FAACT, DABAT, Clinical & Forensic Toxicologist, Author, Speaker
The Apache POWs: 1886-1913
In September, 1886, Geronimo surrendered his band of 38 men, women and children with the understanding he would spend 2 years in Florida as a POW. As it turned out his band and approximately 400 other Chiricahua Apache men (including US Army Scouts), women and children non-combatants were also shipped to Florida as POWS. Future children of these people were also considered POWS, a situation unheard of in the history of modern warfare. Even after “liberation in 1913,” the POWs still carried that status until death. Suggested Reading: Shame and Endurance: The untold story of the Chiricahua Apache Prisoners of War, Henrietta Stockel.

Course: 19951 $25 For: 1 session
WIA-PE: Mar 7 T 1:00pm-4:00pm
Del Webb Alegria—Active Adult Community

Dennis Hollard, PhD

The Taos Society of Artists
A century ago, Taos was a sleepy little community that blossomed improbably into the hub of a regional art boom. The tale of how this happened involves events on an international scale and a cast of characters as colorful as their paintings. We’ll look at artwork and discuss the phenomena responsible for the rise and demise of the Taos Society of Artists.

Course: 19952 $20 For: 1 session
WIA-PE: Mar 3 F 1:00pm-3:00pm
CE South Building

Carol P. Chamberland, Artist and Videographer
Why Trade Is Better than Barter: Trade in Early and Mid-Eighteenth Century Northern New Mexico

In New Mexico, when the Spanish returned after the Pueblo revolt, they were confronted by continuous Indian raids, disease and an inhospitable landscape. Because there was almost no coinage in the colony, a system of barter developed, allowing trade with the Plains Indians, the Pueblos and the merchants in Chihuahua and further south. The presentation describes how barter worked and why it led to so many arguments and lawsuits that appear in the Spanish Archives of New Mexico.

Course: 19954 $20 For: 1 session
WIA-PE: Feb 21 T 1:00pm-3:00pm
Del Webb Alegria—Active Adult Community
Linda Tigges, Author, Lecturer and Historian

Strange But True Tales of New Mexico

New Mexico is a “strange” place, rich in beauty, blessed with diverse cultures and traditions, but sometimes, a state mysteriously missing. Yet, it is the site of some of North America’s most ancient history. Hidden within that history are stories that are uniquely New Mexican. These are the Strange But True Tales of New Mexico: strange but truly wonderful stories—the bat bombers, the handshake that delayed statehood, the movie that infamously made history, the one-hole golf tournament named for a gunfight, the opera mystery—examples of tales as colorful as the place where they happened. This is a look at the stranger side of New Mexico’s history.

Course: 19957 $20 For: 1 session
WIA-PE: Feb 10 F 10:00am-12:00pm
La Vida Llena/Nueva Vista Community Room
Mary Mortensen Diecker, Author and Lecturer
Santa Fe Ring
Aficionados of New Mexico’s history will have heard of the Santa Fe Ring, a shadowy organization whose members were ambitious men wielding political influence to realize personal gain in the competitive arena of land grants, ranching and government contracts in territorial New Mexico. But did the Ring really exist? Who were its alleged members? And is there compelling evidence that they were behind the violence of the Colfax and Lincoln county wars?

Course: 19971 $20 For: 1 session
WIA-PE: Feb 7 T 10:00am-12:00pm
CE South Building
Cheryl Foote, PhD, History, Retired University Professor

New Mexico Film Noir
Explore films made in New Mexico that could be considered part of the ‘film noir’ genre, which is loosely defined as “a style or genre of cinematographic film marked by a mood of pessimism, fatalism and menace.” The term was originally applied by a group of French critics to American thriller or detective films made in the period 1944–54.

Course: 19973 $39 For: 3 sessions
WIA-PE: Jan 18-Feb 1 W 1:00pm-3:00pm
CE South Building
Jeff Berg, Author of New Mexico Filmmaking
Albuquerque Acequias: Eighteenth Century Conflict and Compromise

Eighteenth century Spanish Colonial settlers depended on irrigation to sustain themselves in New Mexico’s arid environment. Irrigation ditches or acequias were a shared community resource and their creation and operation depended on co-operation and compromise of the water users. The shared use sometimes brought about disagreements between neighbors resulting in heated arguments and strongly-worded complaints made before the alcaldes and the governors. This class uses original transcripts from cases to describe how the New Mexican officials handled the angry water users in trying to balance the needs of individuals and the community. The instructor uses Spanish Colonial documents, maps and a class activity to show why these problems occurred and how they were resolved.

Course: 19982 $20 For: 1 session
WIA-PE: Feb 3 F 1:00pm-3:00pm
CE South Building

Linda Tigges, Author, Lecturer and Historian

Birds of New Mexico

New Mexico is ranked as one of the top birding states in the US. Join us to explore why this is so. We’ll talk about habitat and its importance in influencing when and where birds occur in our state. There will be some discussion of optics, books and maps which people might use to help them locate and identify birds. We will review some terminology, methods and tips to properly describe and identify the birds when you see them. There will be many photographs and examples of birds you might see and we will finish up with a discussion of resources available to bird-watchers and a list of some of the more popular locations where different varieties of birds may be found. There will be time for questions and group discussion.
Colony of La Nueva México (1598-1848)
Juan de Oñate was the Spanish Conquistador that founded La Nueva México colony in the Viceroyalty of New Spain. The history of the colony will be explored with figures such as Diego de Vargas and Manuel Armijo. Special attention will be placed on colonial population numbers and the effects of the 1680 Pueblo Revolt. In addition, the instructor will show a short film that will trace the history of Spanish colonization of La Nueva México.

Villa de Albuquerque (1706-1821)
This lecture looks at the life and times of 18th century Albuquerque. It covers the Spanish colonial period (1706-1821) and provides a sense of how people—settlers, soldiers, servants, nomadic tribes and others lived. It also examines the cross-cultural influences of the time that help define what it means to be a New Mexican today. A documentary will be shown that explores the historical roots of our mixed heritage, by showing the lives of the common people behind the big names and events of New Mexico’s Spanish colonial period.
Castas, DNA and Identity

In colonial Spanish America, civil rights and responsibilities were based directly on the degree of European blood that a person had. Racial classifications were highly elaborated and minor distinctions in ancestry were carefully recorded. While these terms have highly precise definitions, in actual practice, they were often used based on impressions of skin color rather than definite knowledge of ancestry. In addition, when racial distinctions were made, they may have been determined by the individuals present or arbitrarily by a priest or official recording the information. The connection of the Castas system in colonial New Mexico will be explored. The instructor will show how DNA studies compare to the Spanish Castas system and the ramifications on modern identity.

Course: 19995  $20  For: 1 session
WIA-PE: Mar 3  F  3:30pm-5:30pm
CE South Building
Angelo R. Cervantes, Director, Iberian Peninsula DNA Institute
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BUILDING SUSTAINABILITY

The Osher Lifelong Learning Institute (OLLI) at the University of New Mexico succeeds because of the contributions of a number of incredible volunteers, exceptional instructors and engaged and active members. In addition, we rely on funding to cover our operational costs. Our program depends on membership fees and tuition, the generosity of the Bernard Osher Foundation and donations from caring individuals and companies. Thank you to the following people who have made a tax-deductible contribution to the OLLI program in the past year:


In Memory of  Dr. Donald Bouchard  Bebeann Bouchard  In Memory of  Robert D. Colling  Cynthia Colling  In Memory of  Karen Guth  James Guth  In Honor of John Shannon  Jean Shannon  Gene Booth  In Honor of Roberta Boggess  Deborah Hastings  In Honor of  Dr. Maya Sutton  Allen S. Kenyon
Membership

Membership in the Osher Lifelong Learning Institute opens the door for adults age 50 and above to choose from many thought-provoking courses. The emphasis of the university-level courses is to deepen understanding of academic areas such as art, history, literature and science. Members also increase skills in areas such as music, genealogical research and informed travel. In addition, Osher classes offer members the opportunity to build connections with other mature learners in the communities of central New Mexico.

The classes are non-credit. There are no entrance requirements, no tests and no grades. In fact, no college background is needed at all—it’s your love of learning that counts.

The membership fee is $20 annually. Joining allows you to register for all the Osher courses in 2017, and you may join at any time during the year.

New catalogs are distributed in the Winter, Spring, Summer and Fall quarters, with a total of over 350 courses, lectures and performances offered during the calendar year.

UNM Alumni Association Partners with the Osher Lifelong Learning Institute

UNM alumni who are age 50 and above qualify for special membership benefits when joining the Osher Lifelong Learning Institute at UNM. With membership, age-qualified UNM alumni receive a 10% discount on all Osher courses (but not the Membership fee) and 10% off all Personal Enrichment courses. Alumni who become Osher Members will receive a special membership card, free book check-out from the four libraries on main campus, as well as e-mail announcements of cultural events on the campus.
Membership Benefits and Discounts

An annual $20 membership provides entry into the Osher community and a growing list of benefits on campus and citywide. By showing your Osher Membership card and a valid picture ID, you receive the following benefits and discounts:

- A free monthly member’s lecture on a variety of stimulating topics and other special members-only events.
- Book and materials check out within the four main UNM Libraries.
- 10% discount at many events at Popejoy Hall, all events at Keller Hall and announcements for on-and off-campus cultural events.
- Discounts to the YMCA of Central New Mexico and waiver of Joining Fee. Check www.ymcacnm.org for program information.
- 10% discount at Amore Neapolitan Pizzeria.

Joining the Osher Lifelong Learning Institute provides access to the best of UNM’s educational tradition. Osher members join a dynamic community of adults 50+ who share a common love of learning. Classes are interactive and participation is encouraged. Not only will you make discoveries that may change your life, you’ll meet many like-minded people who will become friends.

Course Information

Tuition fees vary by course, with lectures at $20 and courses ranging from $25 to $99. There may be required texts or materials fees for some courses, which will be stated in the course description.
You may take as many Osher courses as you wish each quarter. Our program features one-time lectures lasting about two hours, performances lasting several hours, and courses that range from 2 to 10 weeks long. The Winter quarter runs from January-March.

**Main Locations**

**UNM Continuing Education**
1634 University Blvd. NE, Albuquerque, NM
(just north of Indian School)
Phone: 505-925-9562

**Del Webb Alegria Active Adult Community**
901 Cottonwood Circle, Bernalillo, NM
(Turn east onto Santiago Way, off Rio Rancho Blvd. NE Highway 528) Phone: 505-404-8702

**Jubilee at Los Lunas**
601 Jubilee Blvd. SW, Los Lunas, NM 87031
Phone: 505-866-1777

**La Vida Llena-Nueva Vista**
11100 Lagrima de Oro NE, Albuquerque, NM 87111
Phone: 505-314-9240

**Corrales Community Center**
4326 Corrales Rd, Corrales, NM 87048, Behind and just north of the Police station on the east side of the road.

**Tuition Remission**
All Osher courses are eligible for tuition remission! UNM Staff and retirees may use tuition remission for all the Osher courses, but not for the membership fee. As of January 1, $883.92 of tuition remission may be applied to personal enrichment courses including those offered through the Osher Institute. Forms may be found online at ce.unm.edu.
Registration
Registering for Osher courses is quick and easy. You can register by phone, mail, FAX or in person: Mon–Fri, 8:00am–5:00pm in the South Building of UNM Continuing Education, 1634 University Blvd. NE. For a full list of registration instructions, see page 2.

For More Information
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Refunds
Requests to refund tuition must be made in writing and received 3 business days prior to the first class meeting. UNM Continuing Education retains $15 as a processing fee. Send or bring your request to the above address, or FAX 505-277-1990, or email ceregistration@unm.edu.

Become an OLLI Volunteer!
Members can now volunteer to help guide the direction of our Osher Lifelong Learning Institute. Contact the Osher Program Supervisor, Maralie BeLonge at 505-277-6179 or belonge@unm.edu

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“I’ve been living with cancer for more than 20 years. Thanks to the UNM Cancer Center – it’s a great life.”

— Judy V.

ovarian and breast cancer patient

Judy has been living with cancer for more than 20 years and across three states. She received some great care, but she says none has been better than the care she receives right here at the UNM Comprehensive Cancer Center.

Learn more about Judy’s story at

UNMHSLifeStories.org and cancer.unm.edu.

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