

CLINICAL HERBALISM—LEVEL I



6 Easy Ways to Register

Online

ce.unm.edu

Phone

505-277-0077, Option 1
M-F, 8am-5pm

Email

ceregistration@unm.edu

Mail

UNM Continuing Education
Attn: Registration
MSC07 4030
1 University of New Mexico
Albuquerque, NM 87131-0001

Fax

505-277-1990
Fax/Mail instructions
see website.

In Person

M-F, 8am-5pm
UNM Continuing Education
1634 University Blvd. NE
(just north of Indian School)

Tuition Remission Benefit

UNM employees may use tuition remission for ALL UNM Continuing Education non-credit classes. Visit ce.unm.edu for more details.

Achieve an understanding of complementary wellness practice and therapy foundations that are growing in recognition and acceptance by consumers. Explore the wisdom of using wellness systems as a complement to current western health care practices. Our classes will help you examine practical applications for adopting these practices in your own professional life in order to assist others in achieving optimum wellness.

Clinical Herbalism Level I Certificate

38261	Clinical Herbalism 101	20 hours/10 sessions	\$255
38265	Clinical Herbalism 102	16 hours/8 sessions	\$285
38266	Clinical Herbalism 103	16 hours/8 sessions	\$330
Total 3 courses for 52 hours			\$870

Discount Offer: We can offer 10% discount for people who enroll in 3 or more classes — a savings of \$86.00.

Family and Wellness Certificate

Keep Up with the Challenge of Family Wellness at All Stages

- Herbs On The Go
- Nature as Medicine for Teens and Adults
- Golden Year Herbs



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For more information: Visit our website at ce.unm.edu.

Questions: Contact Loree Nalin, Program Supervisor at cehealth@unm.edu

CLINICAL HERBALISM—LEVEL I



Clinical Herbalism 101

This course provides health care professionals and interested community members a basic foundation in Medical Herbalism. Students will explore the basic concepts of herbal terminology, botany, and medicinal uses of herbs for different systems of the body. Topics will include herbal preparations and regulations, plant identification, herb-drug interactions, cultural diversity and traditional techniques in diagnostics and medicinal uses of herbs.

Required text: Fundamentals of Pharmacognosy and Phytotherapy by Heinrich; Barnes, Gibbons & Williamson 2nd Edition [ISBN 9780702033889] – Student purchases through vendor of their choice.

Course: 38261 FAA-PE 20 hours \$255
Jan 11-Mar 15, 2017 Wed 6:00pm-8:00pm
Sonia Masocco, LDT, C.AY, CAH

Clinical Herbalism 102

This course provides health care professionals and interested community members applies skills for the practice of Clinical Herbalism. Students will learn fundamental principles behind preparation choice and practice making fresh and dry tinctures, cordial preparations, ghee and honey preparations, syrups, suppositories and inhalers. Synergies, potentiation and in capsulation will also be part of the experiential learning process. Note: Materials fee of \$30 will be collected by the instructor at the first class. Material kits will be distributed at the first class.

Required text: The Herbal Medicine-Maker's Handbook: A Home Manual (2000) by James Green [ISBN:978-0895949905].

Course: 38265 SPA-PE 16 hours \$285+\$30
Apr 5-May 24, 2017 Wed 6:00pm-8:00pm
Sonia Masocco, LDT, C.AY, CAH

Clinical Herbalism 103

Many health practitioners recommend herbal and supplement protocols, medical professionals prescribe drugs, and individuals purchase many over-the-counter products. In this class you will learn about common pathologies, the mechanism of actions of selected cardiovascular, pulmonary, psychiatry, analgesic, neurology and condition specific drugs and their herb or supplement interaction/contraindication as well as herbal and supplements adjuvants to specific conditions such as hypertension, high cholesterol, asthma, depression and anxiety, pain, Alzheimer's, diabetes etc. This class is designed to teach the layperson as well as health care professional and the information provided can put to immediate use.

Required text: Herb Contraindication & Drug Interactions, Francis Brinker, ND, Eclectic Medical Publications [ISBN 1-888483-11-3] _ student purchases from a vendor of their choice.

Course: 38266 FAA-PD 16 hours \$330
Sep 7-Oct 26, 2017 Thu
Sonia Masocco, LDT, C.AY, CAH

Instructor

Sonia Masocco, LDT, C.AY, CAH, is a professional member of the National Ayurvedic Medical Association, the National Association of Holistic Aromatherapy as well as a member of the American Herbalist Guild. For the past 14 years, Sonia has had a private practice in Albuquerque; she also participates in lectures and conferences worldwide.

Student says...

Absolutely wonderful class. Sonia offers such a wealth of information in a relatively short amount of time. Her knowledge and skills in this field was clear from day one. I was very pleased with how much ground we were able to cover in just a few hours each week.

~ Randi Ocena, student in Fall 2014
Clinical Herbalism 101 class



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